



Results from the 2023 Clubhouse Profile Questionnaire (CPQ)

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Results from the 2023 Clubhouse Profile Questionnaire (CPQ)

Part 1



The Program for Clubhouse Research (PCR)



Created in January 2000 through an affiliation between the University of Massachusetts Chan Medical School (UMMS) & Clubhouse International.

Located in the Implementation Science & Practice Advances Research Center (iSPARC) within the Department of Psychiatry at UMass Chan. Its purpose is to develop and support an international research agenda and to increase the quality and quantity of research on the Clubhouse Model of Psychiatric Rehabilitation.



The Program for Clubhouse Research coordinates, promotes, and conducts Clubhouse research projects that are congruent with Clubhouse philosophy. In addition, it evaluates the effectiveness of Clubhouses and/or describes the services that Clubhouses provide for their members.



The Program for Clubhouse Research also acts as a clearinghouse for Clubhouse research with the capacity to provide effective communication, dissemination of information and assistance to Clubhouses and researchers considering participation in Clubhouse research projects.



PCR Mission & Functions



Facilitate, promote, develop, and assure the quality of Clubhouse research



Developed Guidelines for Clubhouse Research



Provide technical assistance and act as a clearinghouse for Clubhouse research



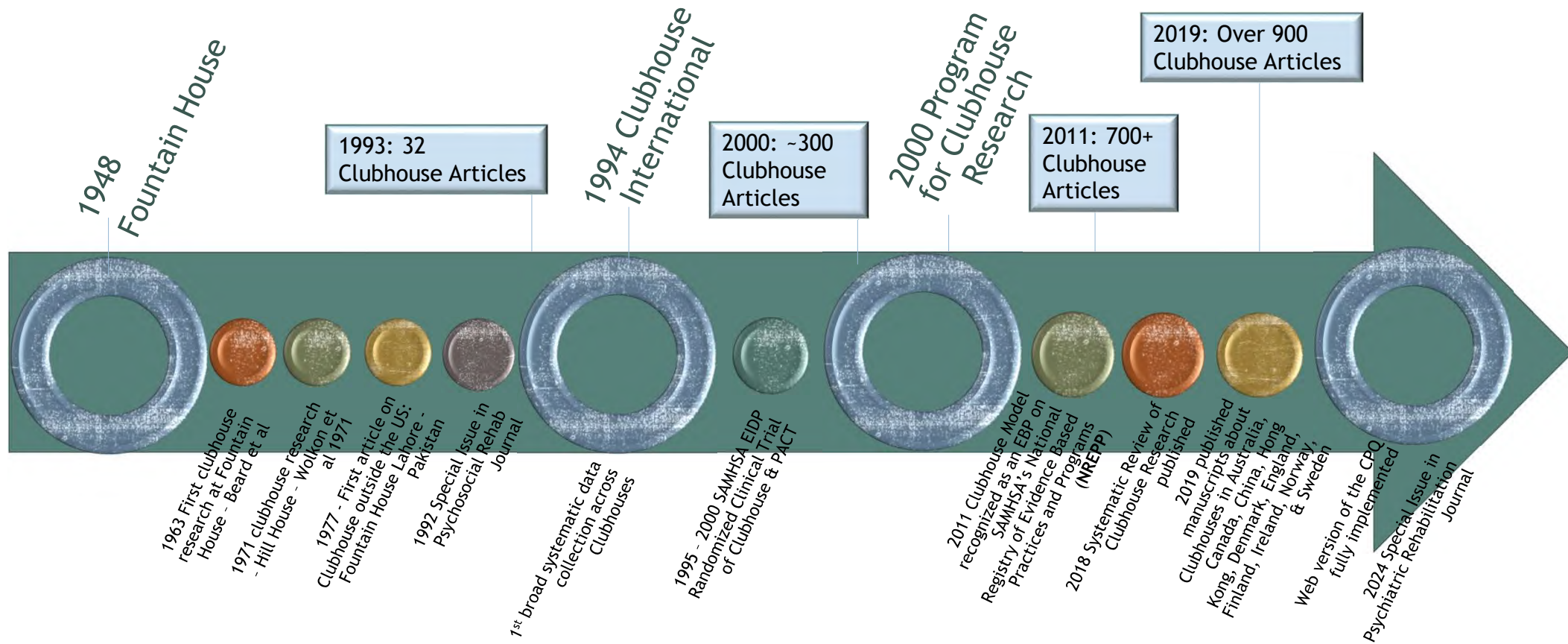
Conduct clubhouse research with Clubhouses & academic institutions in and out of the US



Publications That Include CPQ Data:

1. McKay, C.E., Nugent, K.L., Johnsen, M., Eaton, W.W., & Lidz, C.W. (2018). Examining the Evidence for the Clubhouse Model: A Systematic Review. *Administration and Policy in Mental Health and Mental Health Services Research*. doi:10.1007/s10488-016-0760-3
2. Gorman, J.A., McKay, C.E., Yates, B.T., Fisher, W. (2016). Keeping Clubhouses Open: Toward a Roadmap for Sustainability. *Administration and Policy in Mental Health and Mental Health Services Research*. doi:10.1007/s10488-016-0766-x
3. Gorman, J. (2015). Keeping the clubhouse open: Toward a road map for clubhouse sustainability (Doctoral dissertation). Ph.D. American University.
4. Gorman, J. (2014). Cost-benefit and cost-effectiveness analysis of employment services offered by the clubhouse model. Master's thesis American University.
5. Substance Abuse and Mental Health Services Administration (US) (2013). Behavioral Health, United States, 2012 (Rep. No. (SMA) 13-4797). Rockville (MD): Substance Abuse and Mental Health Services Administration.
6. Substance Abuse and Mental Health Services Administration (US) (2012). Mental Health, United States, 2010 (Rep. No. (SMA) 12-4681.). Rockville (MD): Substance Abuse and Mental Health Services Administration.
7. McKay, C., Yates, B., & Johnsen, M. (2007). Costs of Clubhouses: An International Perspective. *Administration and Policy in Mental Health and Mental Health Services Research*, 34 (1), 62-72.
8. Kelliher, S. (2006). Factors influencing member employment in International Center for Clubhouse Development (ICCD) clubhouses. Doctoral Dissertation. Antioch University New England, Keene, NH.
9. Macias, C., Barriera, P., Alden, M., & Boyd, A. S. (2001). The ICCD benchmarks for clubhouses: A practical approach to quality improvement in psychiatric rehabilitation. *Psychiatric Services*, 52, 207-213.
10. Macias, C., Jackson, R., Schroeder, C., & Wang, Q. (1999). What is a clubhouse? Report on the ICCD 1996 survey of USA clubhouses. *Community Mental Health Journal*, 35, 181-190.

Clubhouse (Research) Milestones



The Clubhouse Profile Questionnaire (CPQ)

- Web-based questionnaire designed to obtain information concerning practices, characteristics, concerns, & performance outcomes of clubhouse programs.
- Areas addressed in the CPQ include funding, governance & administration; membership; staffing & staff credentials; unit structure; employment; housing; services provided; participation in clubhouse training; & research activities.
- Administered by the PCR at UMass Chan
- Used by Clubhouse International for:
 - Quality assurance & program improvement,
 - Monitor progress of accreditation & training
 - Track development of the Clubhouse Model over time
- Share/publish findings with stakeholders – Example: SAMHSA – Mental Health United States 2010 and Behavioral Health 2012
- De-identified data could be used for other studies

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The Clubhouse Profile Questionnaire (CPQ)

Total percent of funding from non-governmental (private) sources entered above.

Funding Total:

If the amount displayed in this box does not equal 100% please recheck and fix the values you entered for the funding categories above.

%

Governance and Administration

Does your Clubhouse try to meet all of the International Clubhouse Standards? reset

Are there standards with which your Clubhouse is unable to comply? reset

Select standards which are difficult for your Clubhouse (Check all that apply):

Copies of the International Clubhouse Standards are available at:
https://clubhouse.intl.org/resources/quality_standards/

Meeting Frequency

Meeting Type	Frequency
Informational Community/House	<input type="text"/>
Policy/Decision Making	<input type="text"/>
Employment	At least daily
Educational	At least weekly
Substance Abuse/Prevention	At least bi-weekly
Parenting Supports	At least monthly
Wellness/Health Promotion	Less than monthly
Medication-Education	Not at all
Social	<input type="text"/>
Board of Directors	<input type="text"/>
Advisory Board	<input type="text"/>

Is your Clubhouse open on holidays? reset

IF NO: Why not?

Are holidays celebrated on the actual day of the holiday? reset

IF NO: Why not?

Housing

What percentage of your active membership ((totalactive90days)) lives in the following types of housing?
(Please do not use percent signs)

Please enter the number Zero if there are no members in a category

Independent Housing: %

Clubhouse Housing: %

Check which services are provided directly to members in the SERVICES boxes and when members are involved in the provision of the services, check MEMBERS

	Services	Members
Volunteer work for Clubhouse	<input type="checkbox"/>	<input type="checkbox"/>
Transportation to the Clubhouse	<input type="checkbox"/>	<input type="checkbox"/>
Low priced meals	<input type="checkbox"/>	<input type="checkbox"/>
Help with entitlements	<input type="checkbox"/>	<input type="checkbox"/>
Links to health/dental care	<input type="checkbox"/>	<input type="checkbox"/>
Reimbursed case management	<input type="checkbox"/>	<input type="checkbox"/>
Supported Education	<input type="checkbox"/>	<input type="checkbox"/>
Help finding housing	<input type="checkbox"/>	<input type="checkbox"/>
24-hour crisis coverage	<input type="checkbox"/>	<input type="checkbox"/>

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2023 CPQ

Three hundred and fifty Clubhouses affiliated with Clubhouse International at the time of the survey in 2023

250 CPQs returned from Clubhouses in 27 countries and 35 US states

71% return rate overall

N's vary from slide to slide as there is missing data for some items.

Budgets, salaries, wages, etc. are averages and are not adjust for the cost of living in each country.

*Data from Clubhouses less than two years old was excluded from averages.

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2023 CPQ Returns by Country

Country	# Clubhouses Returning CPQ
Argentina	1
Australia	1
Canada	5
Denmark	3
England	1
Estonia	1
Finland	8
France	4
Germany	1
Gibraltar	1
Hong Kong	1
Iceland	1
India	1
Israel	1
Italy	1
Japan	2
Norway	17
Papau New Guinea	1
People's Republic of China	2
Poland	1
Republic of Ireland	6
Republic of Korea	3
Republic of Kosovo	1
Sweden	11
Taiwan	2
The Netherlands	1
USA	172
Total	250

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2023 CPQ Returns: US States

US State	# Clubhouses Returning CPQ
Alaska	1
California	4
Colorado	2
Connecticut	1
District of Columbia	1
Florida	10
Georgia	2
Hawaii	5
Indiana	8
Iowa	1
Kansas	4
Louisiana	1
Maine	6
Maryland	1
Massachusetts	18
Michigan	34
Missouri	2
Nebraska	1

US State	# Clubhouses Returning CPQ
New Hampshire	1
New Jersey	1
New York	8
North Carolina	6
Ohio	3
Oklahoma	2
Oregon	3
Pennsylvania	18
Rhode Island	2
South Carolina	2
Tennessee	1
Texas	7
Utah	4
Virginia	1
Washington	6
Wisconsin	4
Wyoming	1
Total	172

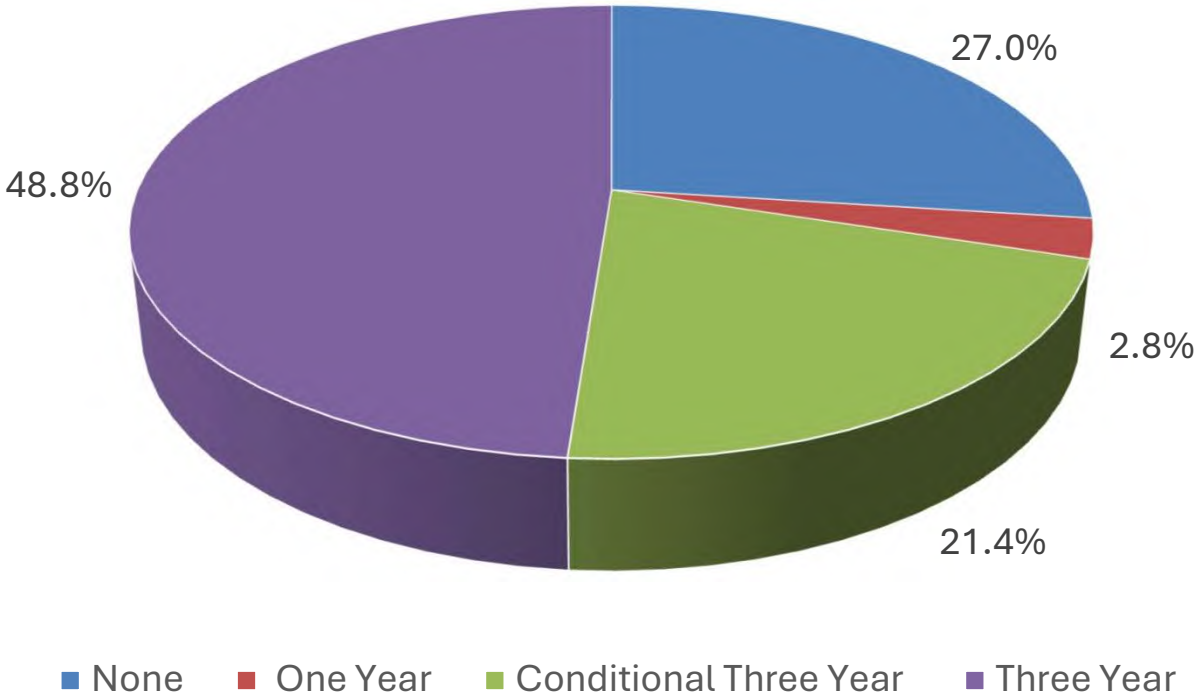
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Clubhouses by Accreditation Type



Note: CPQ Responses are based on the time the survey was completed. Consequently, this may include some Clubhouses that have moved from a Conditional Three-Year status to a full Three-Year Accreditation during the year

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Clubhouse Characteristics

Characteristic	N	Mean (Range)
Interior Space (Square Feet)	204	4965 (279-28,216)
Club has Board of Directors	227	48%
Average # Members on Board	105	2.78 (0-19)
Board Members Selected by the Clubhouse	108	51%
Club has an Advisory Board	230	60%
Average # Members on Advisory Board	127	3.29 (0-25)
Club belongs to a Clubhouse Coalition	125	74%
Attempts to Meet all Clubhouse Standards	230	98%
Currently Accredited by Clubhouse International	244	75%
Clubhouse has an Auspice (Parent) Agency	231	52.4%
Club Length of Operation in Years	241	21.5

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Clubhouse Annual Budgets & Average Costs

	N	Mean	Range
Annual Budget	222	\$649,543	\$51,000-\$2,915,914
Cost per Member per Year	202	\$7566	\$1005 - \$29,726
Cost per Member per Day	203	\$70.49	\$8.92-\$153.61

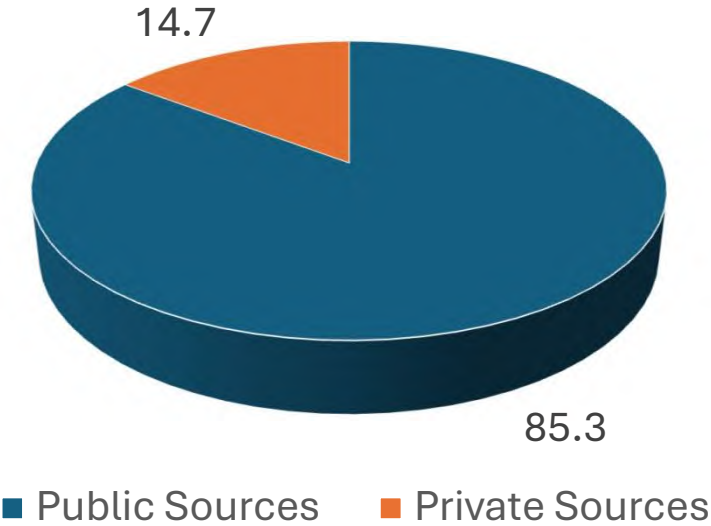
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Clubhouse Funding Sources (%)



# Clubhouses with Funding from Public or Private Sources	
Public Sources	Private Sources
209 (96.8%)	122 (56.5%)

Individual Clubhouses may receive funding from one type of funding (e.g., public) or from both public and private sources

60% of US Clubhouses responding receive Medicaid funding

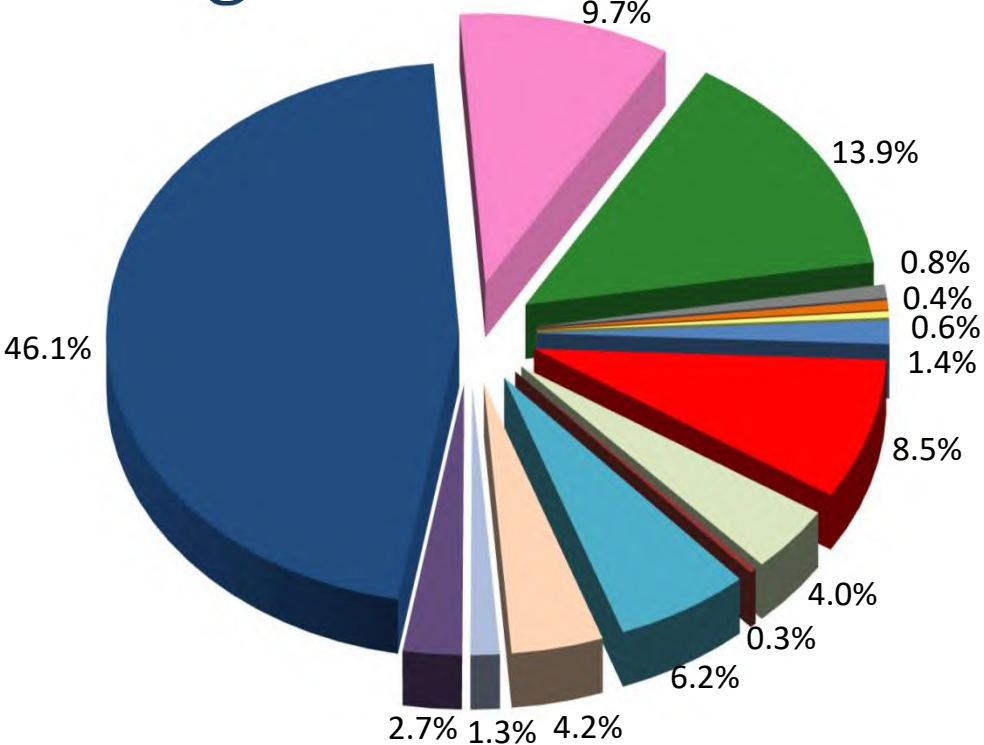
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Clubhouse Funding Sources



- State Mental Health
- County/Borough
- Local/Municipal
- Social Services
- Voc Rehab
- Labor Dept
- National Grants
- Public Insurance Programs
- Other Gov't Funding
- Private Insurance
- Foundations/Grants
- Donations
- Income Generating Sources
- Other Private Sources

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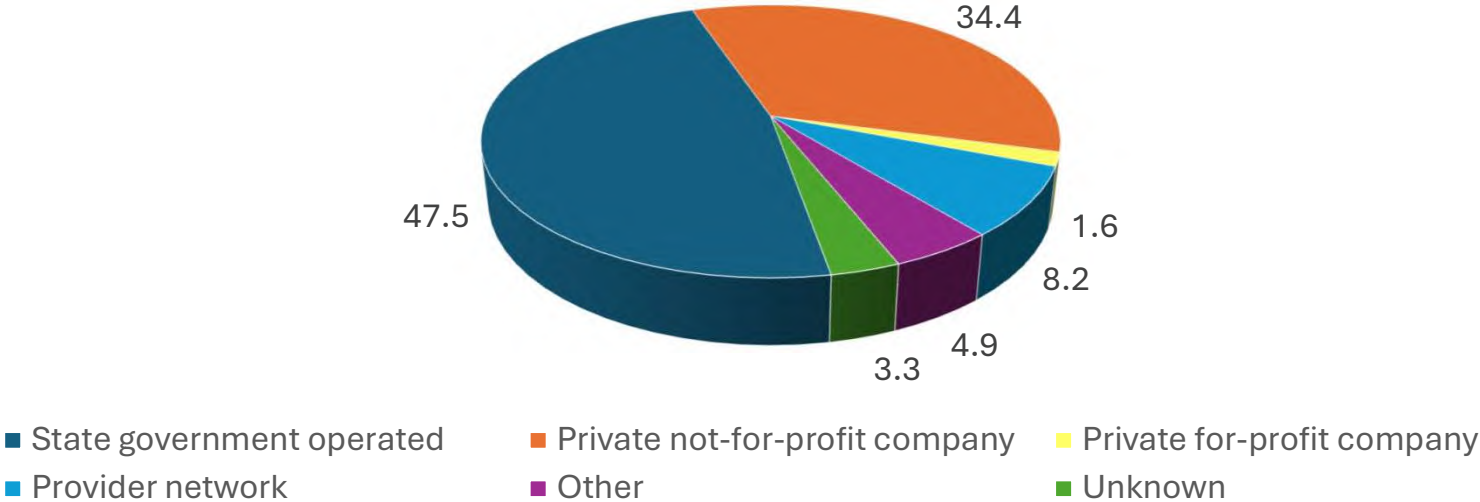
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Clubhouses & Managed Care (US Clubhouses)

	N	Mean	Range	Yes	No
Part of a Managed Care System	154	40%	0-100%	62	92

Managed Care Type (n=62)



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Clubhouses & Medicaid (US Clubhouses)

	N	Mean	Range	Yes	No
Medicaid Funded	150	60%	0-100%	90	60

Activities or Services Funded by Medicaid (n=90)*

	# Clubhouses
All Clubhouse Activities	62
Work-Ordered Day Activities	53
Meetings	41
Health Promotion Activities	38
Other Activities	25

*A Clubhouse may receive funding from Medicaid for one or more activity.

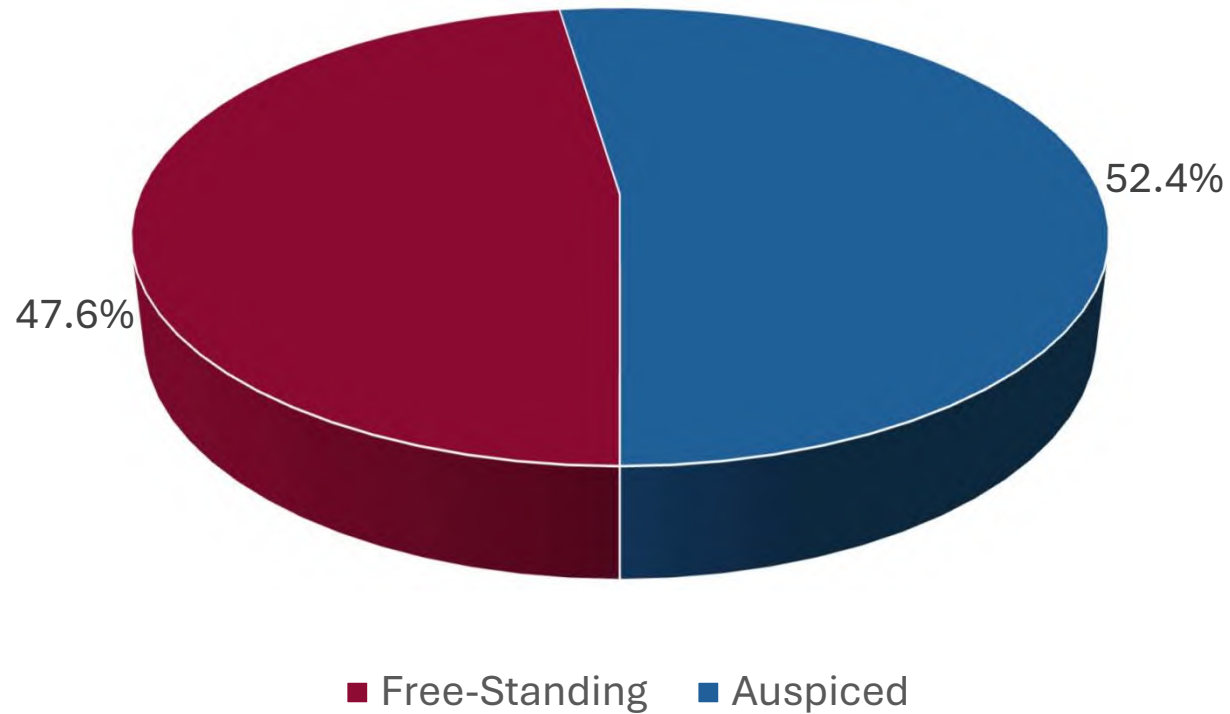
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Clubhouse Structure (Freestanding or Auspiced) (231 Clubhouses)



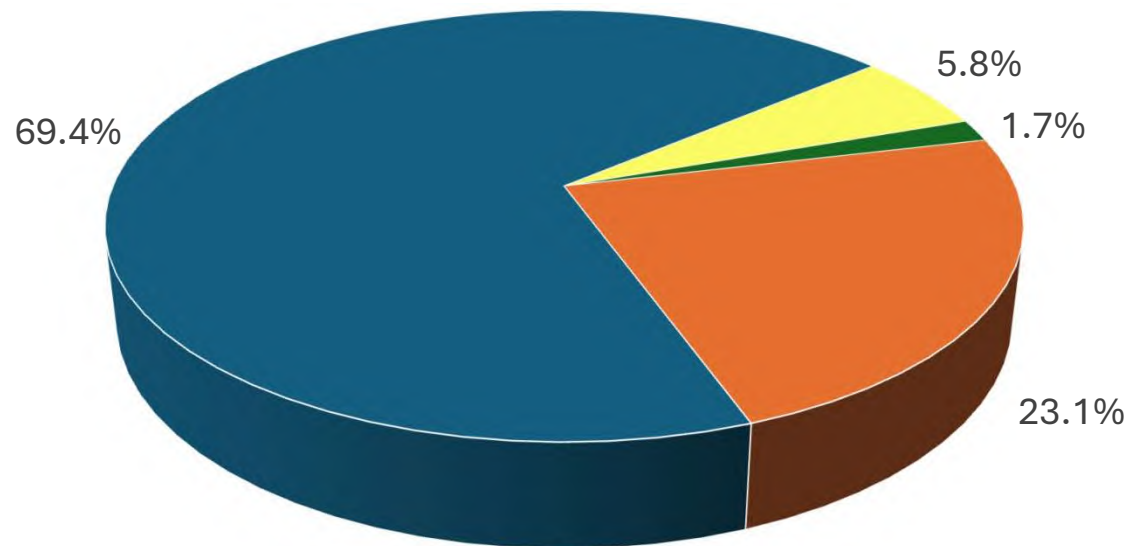
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Clubhouse Structure: Auspice Type (121 Clubhouses)



■ Community Mental Health ■ County or Municipal Government ■ Hospital ■ Other

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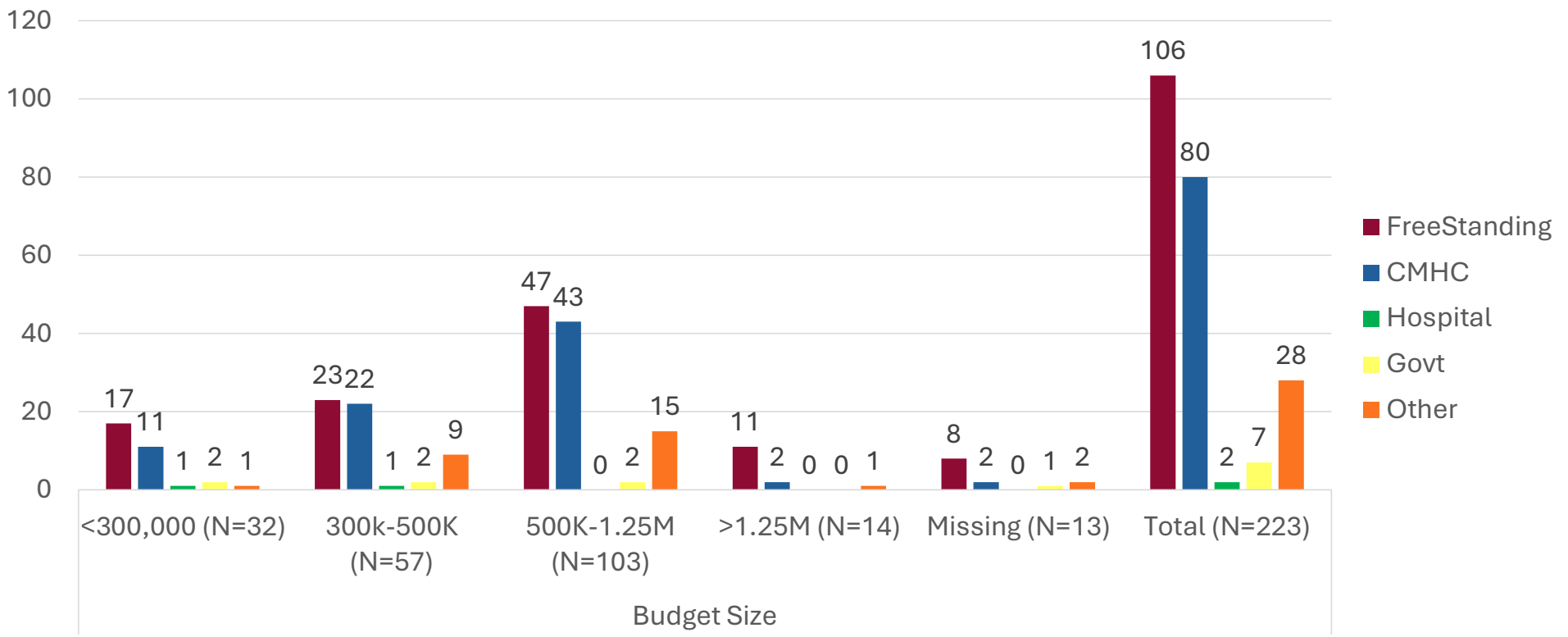


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CMO

Clubhouse Structure: # Clubhouses by Budget Size & Auspice Type (223 Clubhouses)



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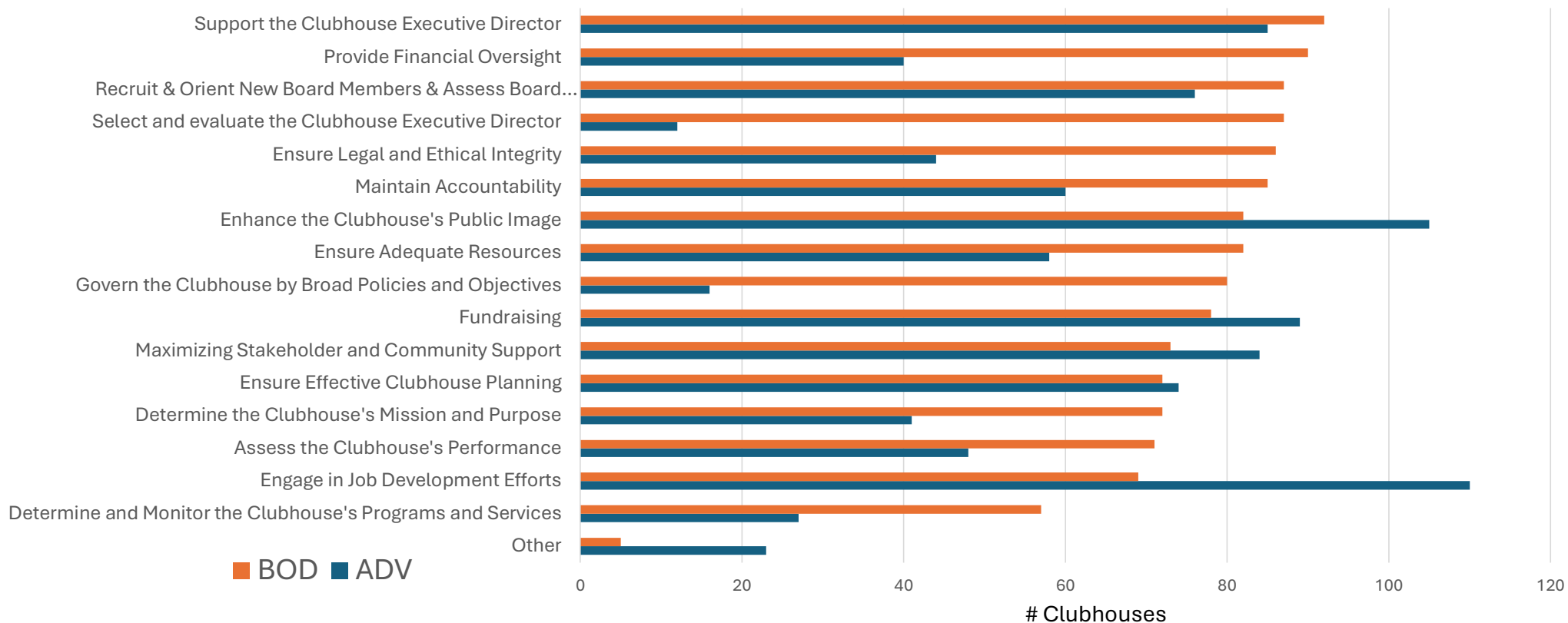


Slide 21

CMO Combine Auspice types
McKay, Colleen, 2024-10-09T17:49:31.127

Clubhouse Board Functions

# Clubhouses by Type of Board	
Board of Directors	Advisory Board
109 (44.9%)	134 (55.1%)



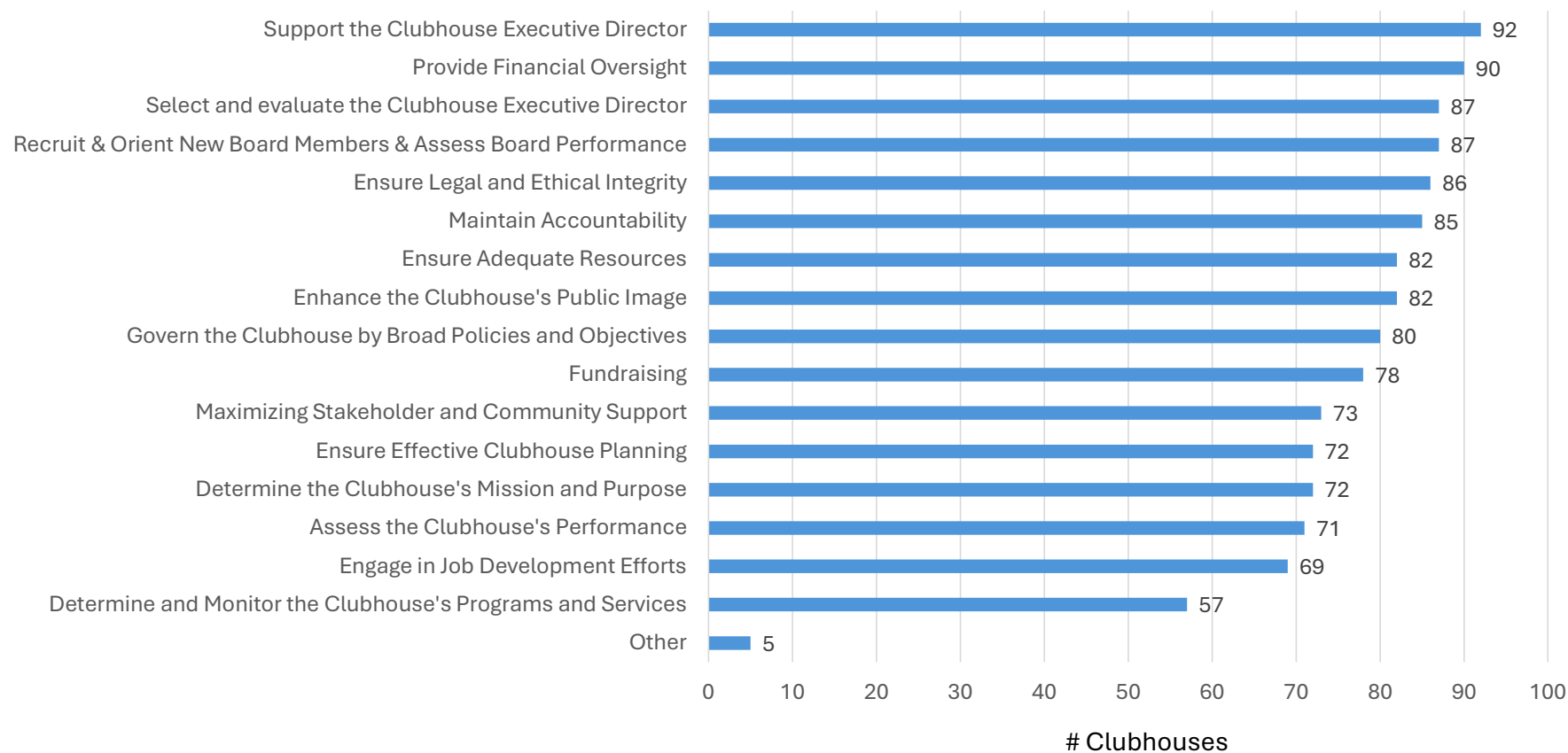
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Clubhouse Board Functions (109 Clubhouses Reported Having a Board of Directors)



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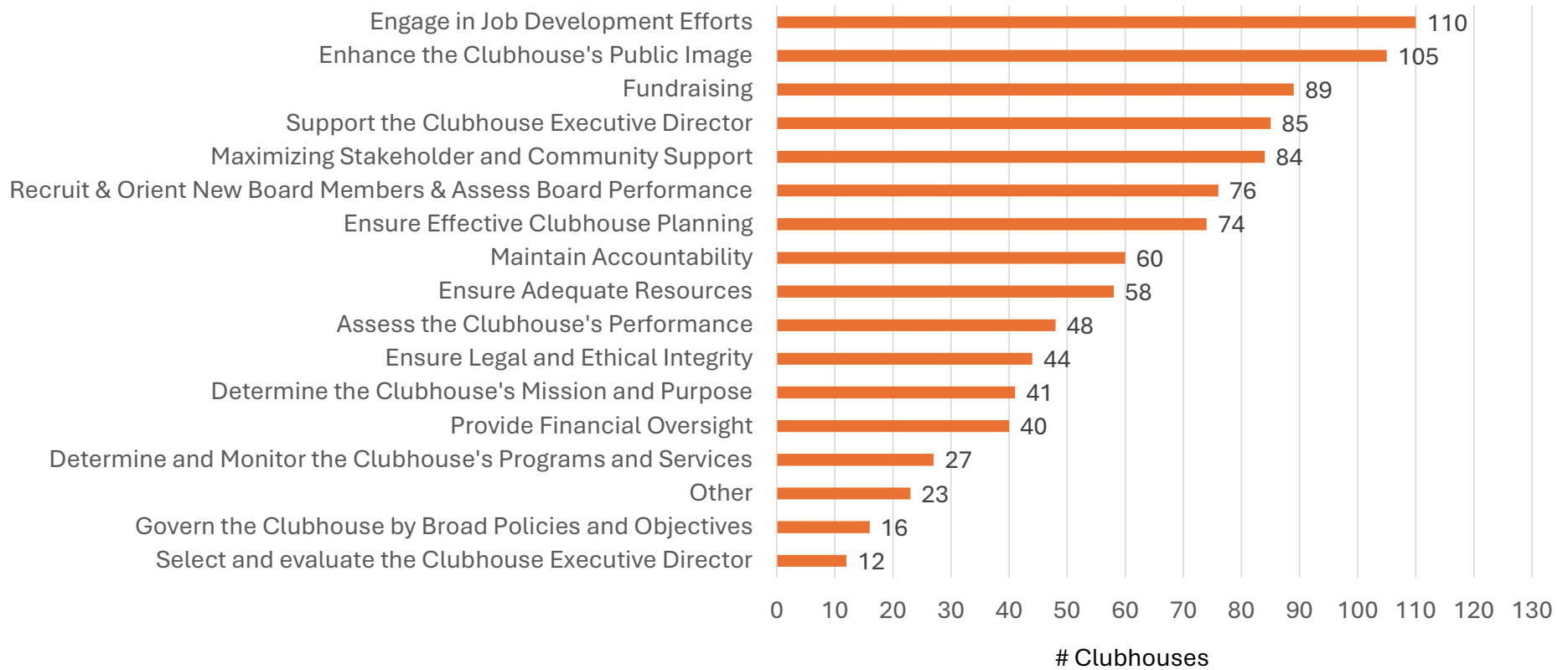


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Clubhouse Advisory Board Functions

(134 Clubhouses Reported Having an Advisory Board)



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Clubhouses & Decision Making

97.3% of Clubhouses Indicate that their Primary Form of Decision-Making is Consensus

	N	Mean	Range	Total CHs	Std Dev
Clubhouse Uses Consensus to Make Decisions	248	91%	0-100%	225	.29
Clubhouse Uses Other Types of Decision Making	248	2%	0-100%	6	.15
Members Involved with Staff Evaluations	224	95%	0-100%	212	.23

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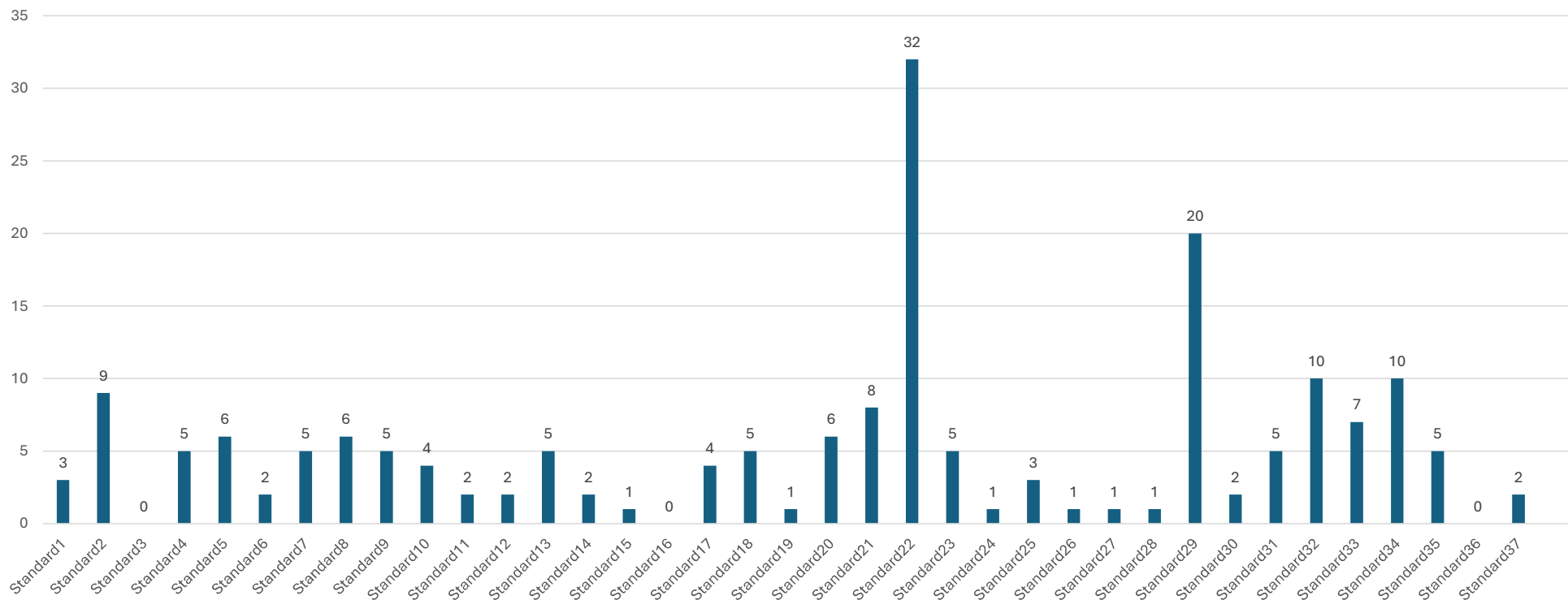


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Clubhouses Having Difficulty with Standard(s) (248 Clubhouses)

32% of Clubhouses indicate there are International Clubhouse Standards that are difficult for them to comply with



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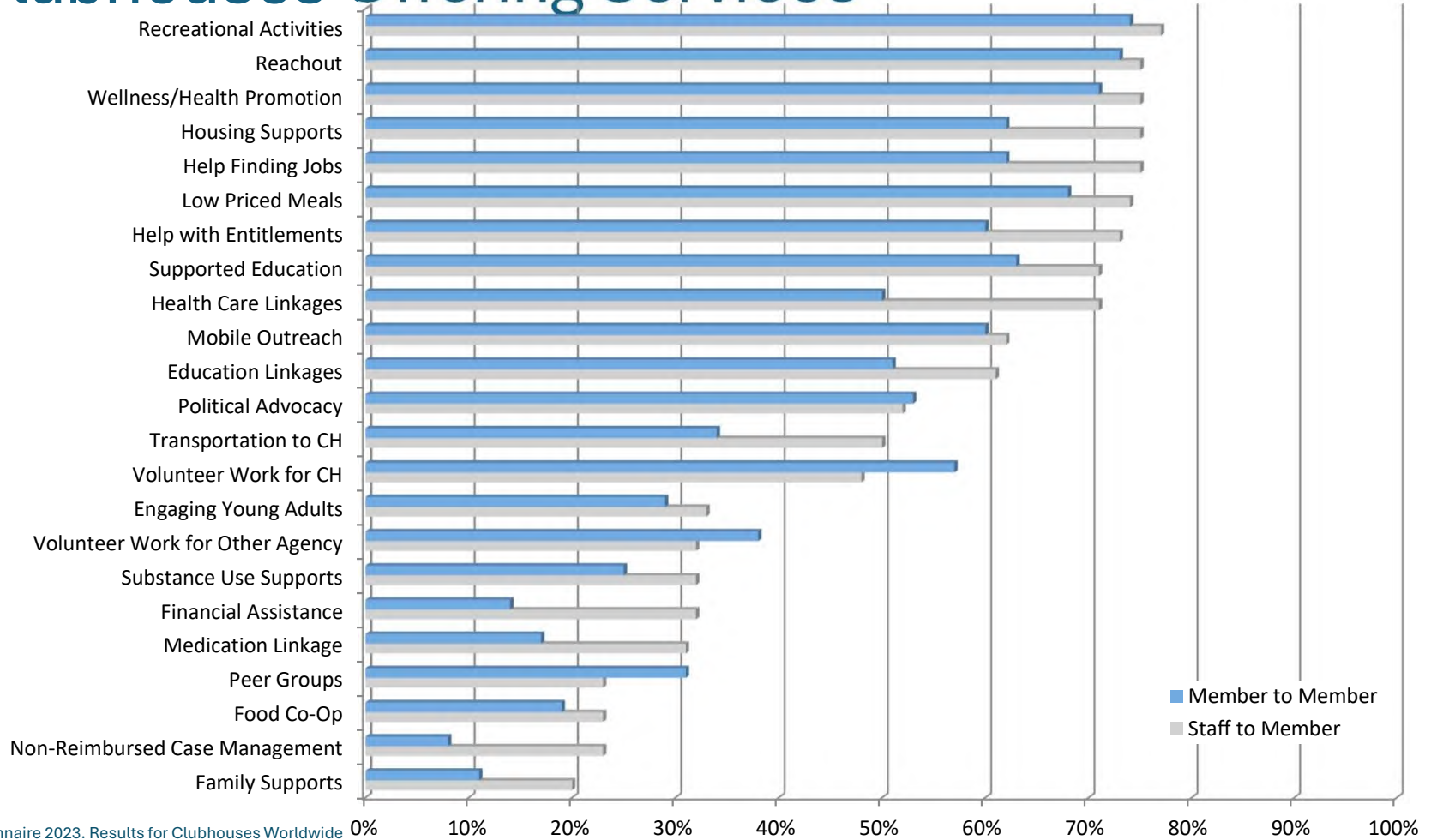
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Slide 26

CMO Add another slide with grouping of most difficult standards
McKay, Colleen, 2024-10-09T18:06:06.231

% of Clubhouses Offering Services



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Definitions of Staff Types in Clubhouses

Administrators are typically Clubhouse Executive Directors, Directors, or Program Managers

Resource Staff have job descriptions that do not include working with members in the Work-Ordered Day (WOD) and/or the provision of community support services as a primary responsibility (for example: janitors, accountants, secretaries, or researchers)

Generalist Program Staff (Generalists) have responsibilities within the Clubhouse including, work units, member involvement, and some responsibility for employment supports



Clubhouse Staff

Characteristic	N	Mean (Range)	Totals
# Full-Time Staff	223	6.23 (0-29)	1377
# Part-Time Staff	192	1.23 (0-8)	236
Number Unit Based Staff	203	5.75 (0-28)	1168
# Volunteers or Student Interns	195	2.67 (0-80)	520
Percent of Staff Identifying as MH Service Users	189	21.5% (0-100%)	4068
Active Member to FTE Staff Ratio	218	17:1	-

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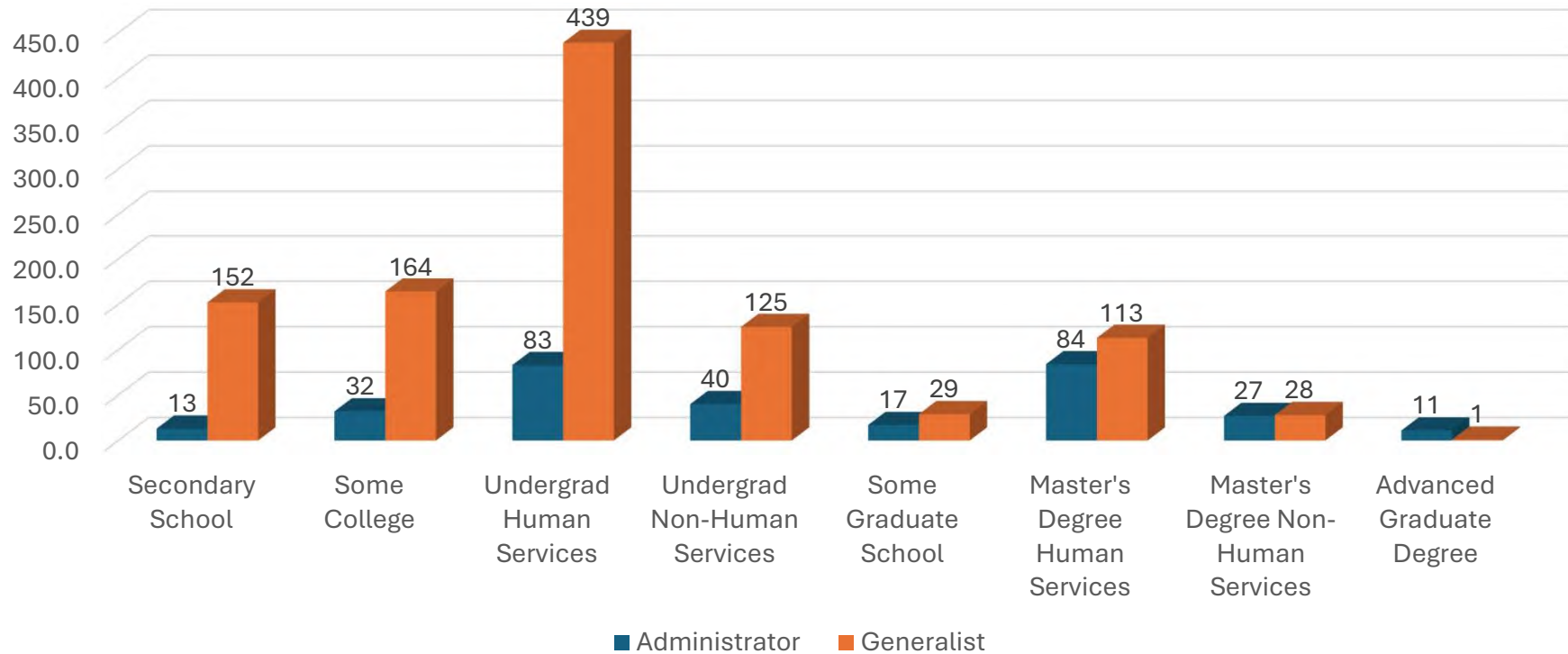


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Clubhouse Staff: Educational Backgrounds

Data for 1358 Administrators and Generalist across 217 Clubhouses



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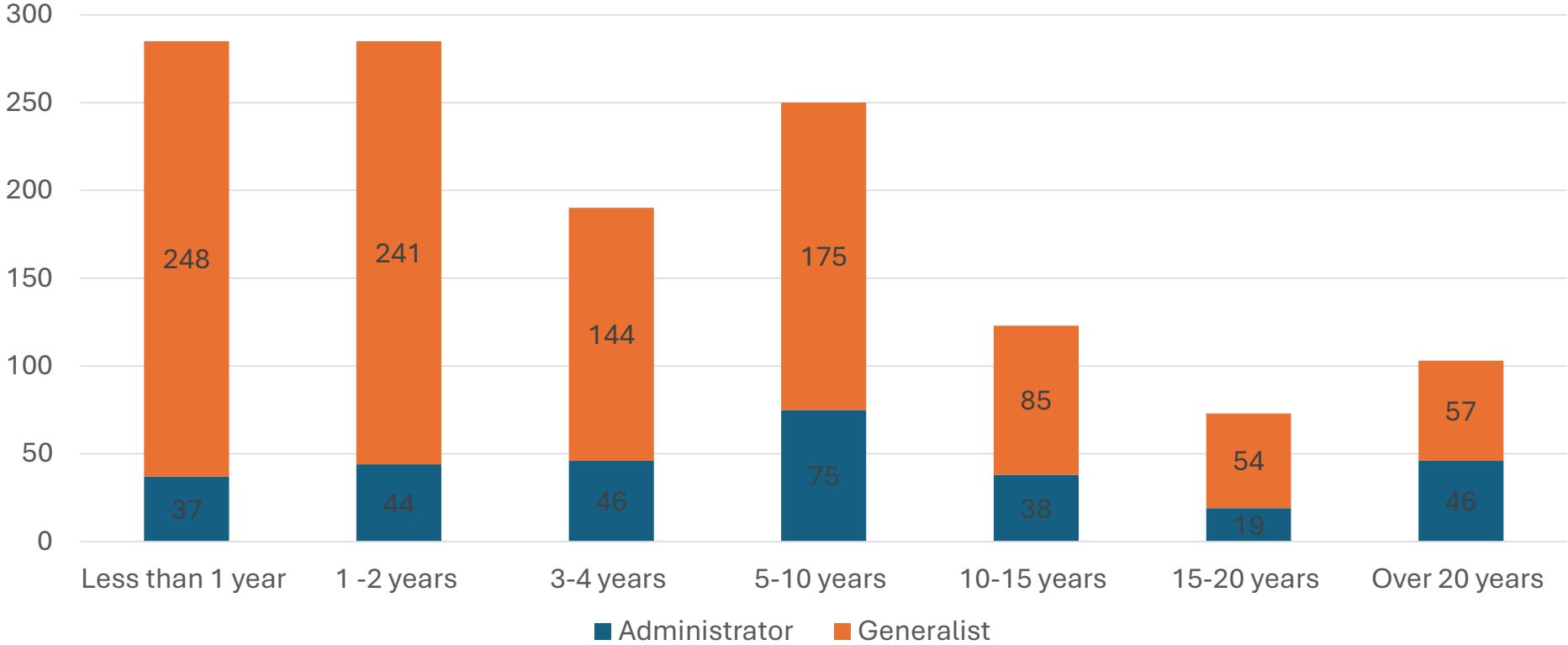


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Clubhouse Staff: Length of Employment

Data for 1309 Administrators and Generalist Staff Across 219 Clubhouses



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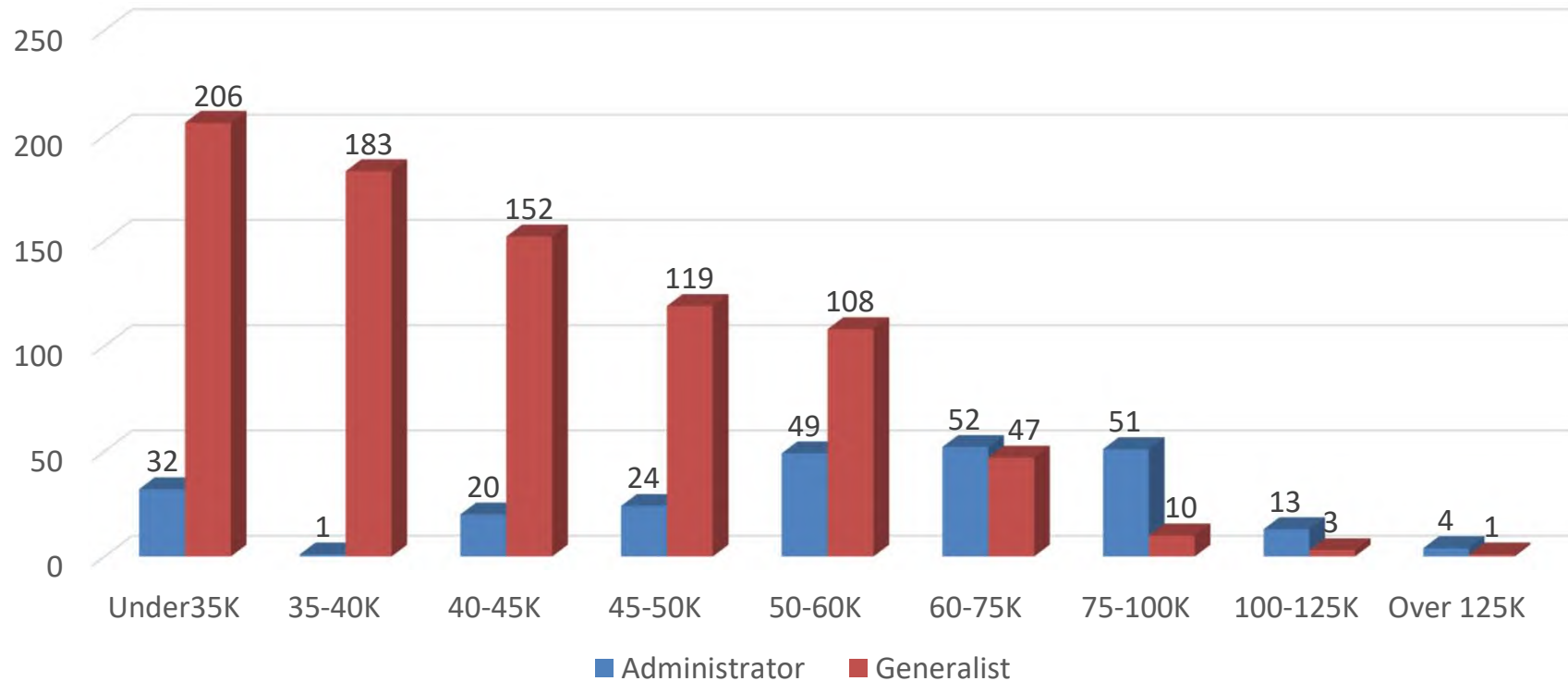
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Clubhouse Staff: Salary Ranges by Staff Type

Data for 1075 Staff Across 214 Clubhouses

Administrator	Generalist
246	829



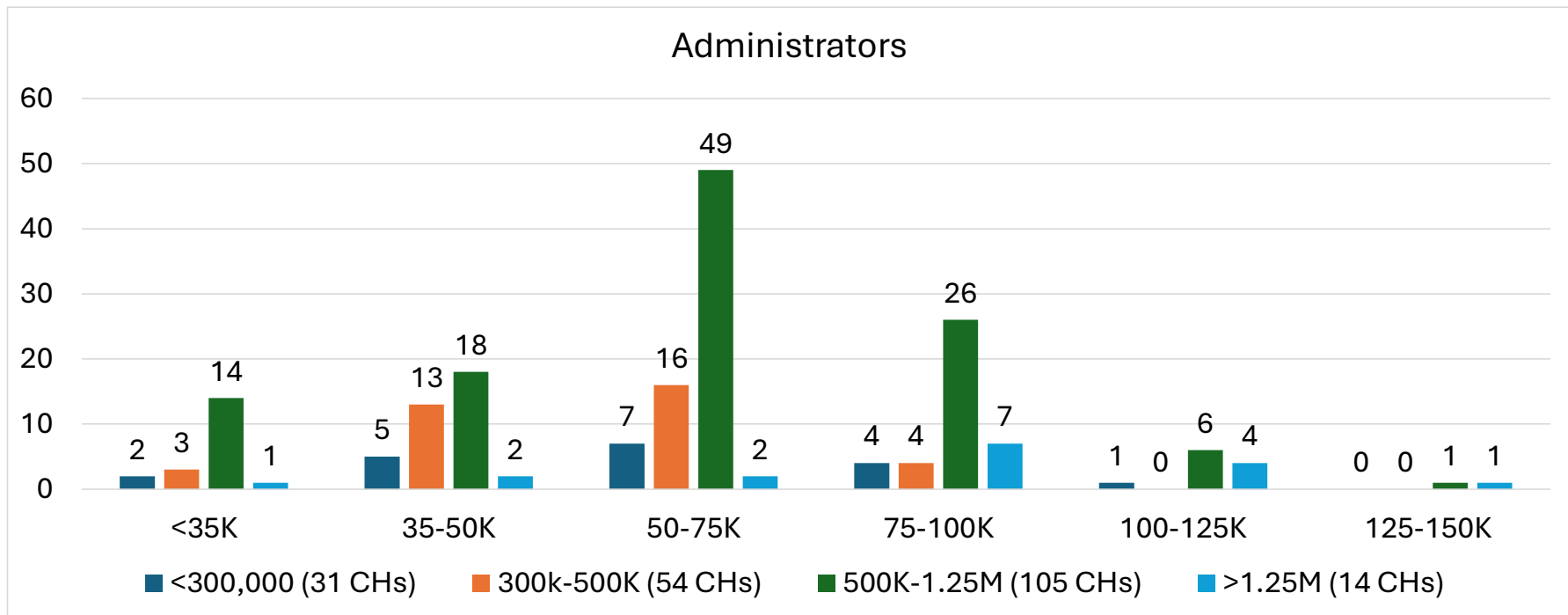
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Number of Administrators in Salary Ranges by Clubhouse Budget Size



N's in () are numbers of Clubhouses based on budget size

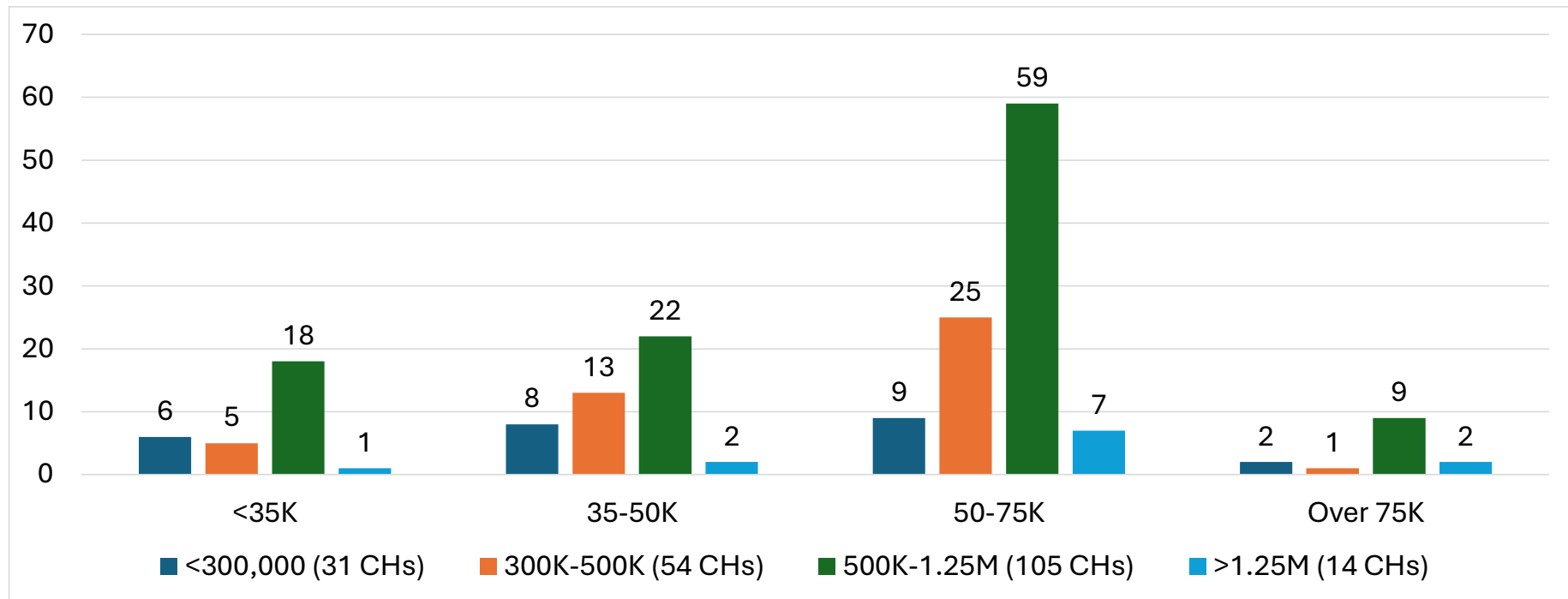
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Number of Generalists in Salary Ranges by Clubhouse Budget Size



N's in () are numbers of Clubhouses based on budget size

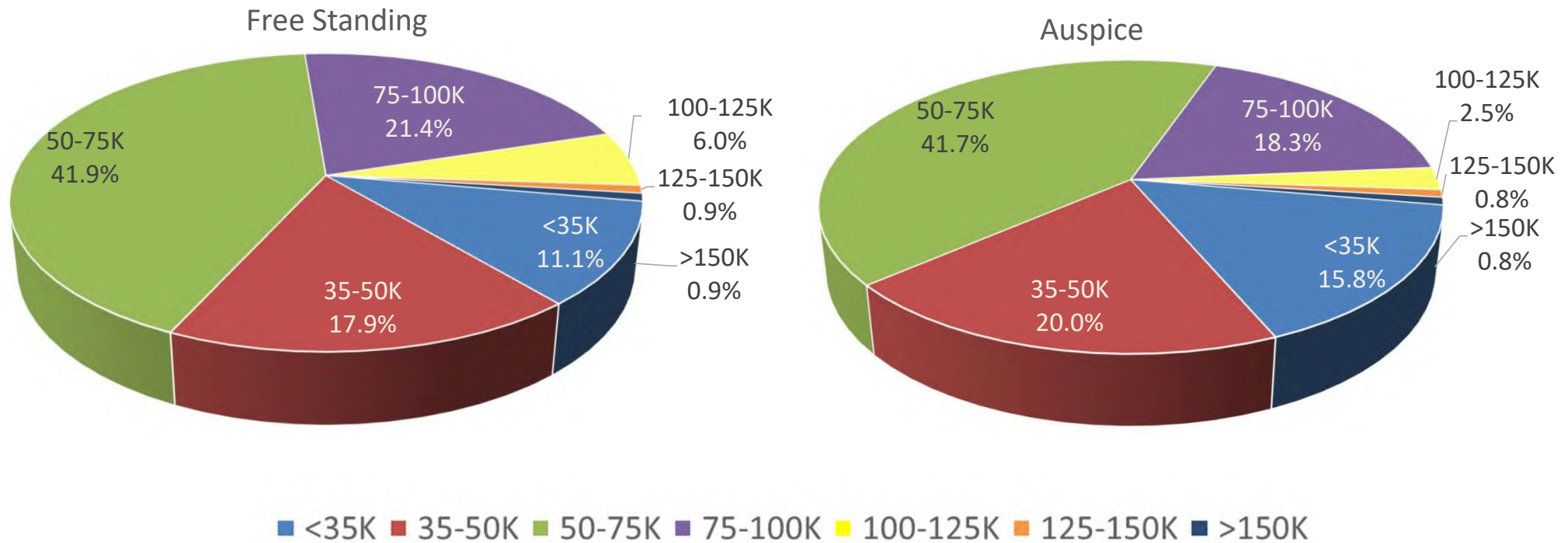
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Administrators: Salary Ranges by Free Standing & Auspice (Worldwide)*



*Currencies converted to USD, Clubhouses may have more than one Administrator (e.g., Exec. Director and Program Mgr.)

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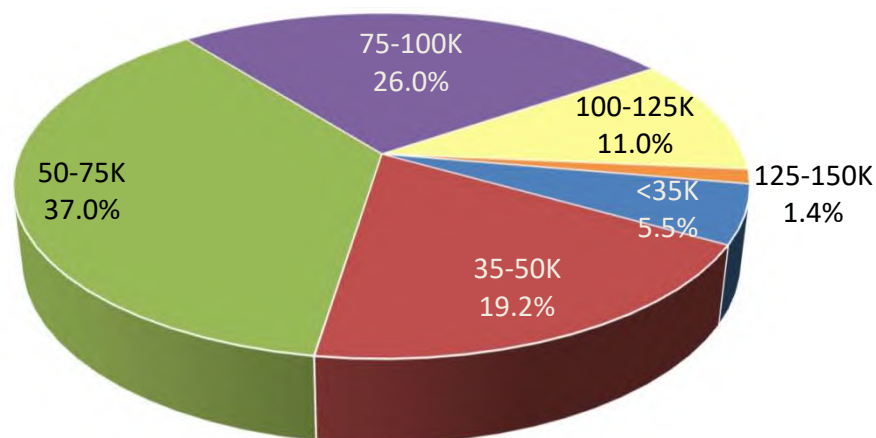


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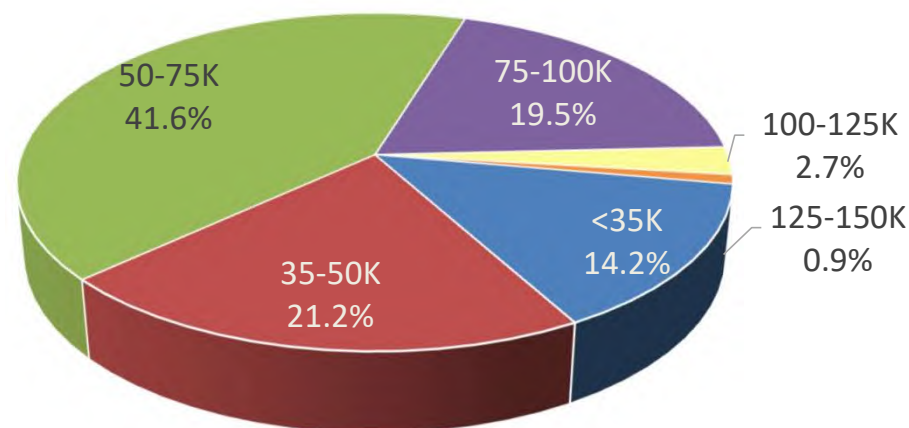


Administrators: Salary Ranges by Free Standing & Auspice (USA)*

Free Standing



Auspice



■ <35K ■ 35-50K ■ 50-75K ■ 75-100K ■ 100-125K ■ 125-150K ■ >150K

*Clubhouses may have more than one Admin (e.g., Exec. Director and Program Mgr.)

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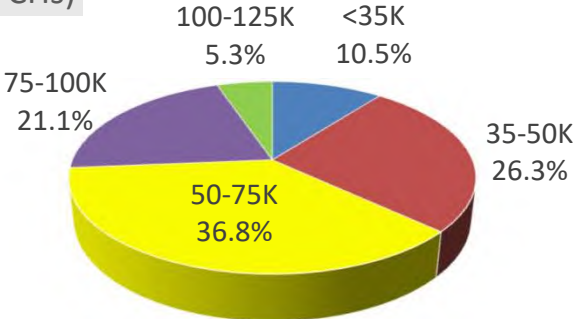


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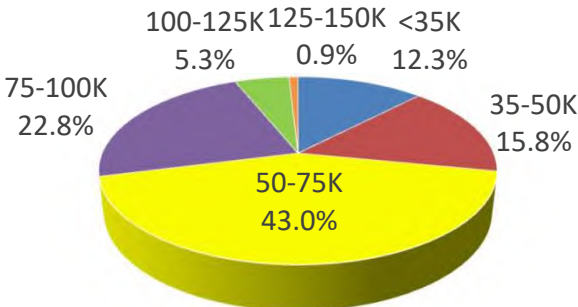


Clubhouse Administrators: % Administrators in Salary Ranges by Budget Size

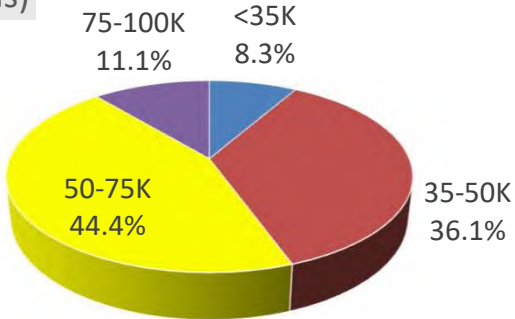
<300,000 (31 CHs)



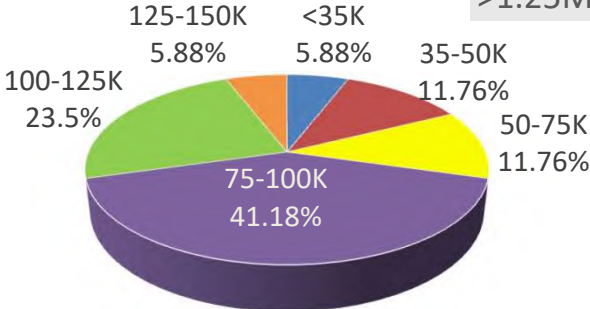
500K-1.25M (105 CHs)



300-500K (54 CHs)



>1.25M (14 CHs)



■ <35K ■ 35-50K ■ 50-75K ■ 75-100K ■ 100-125K ■ 125-150K

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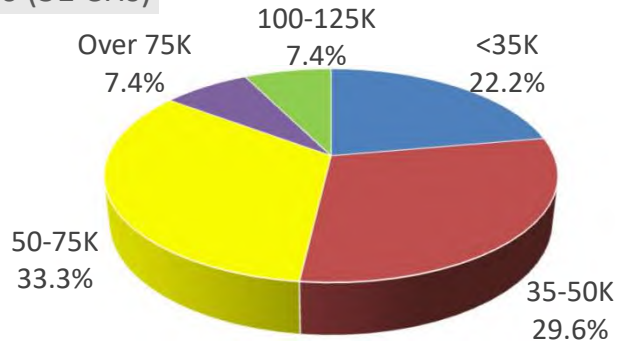


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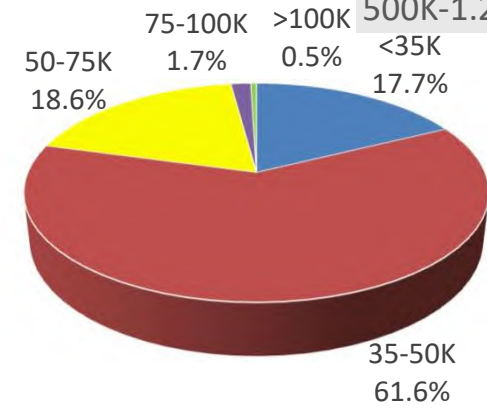


Clubhouse Generalists: % Staff in Salary Ranges by Budget Size

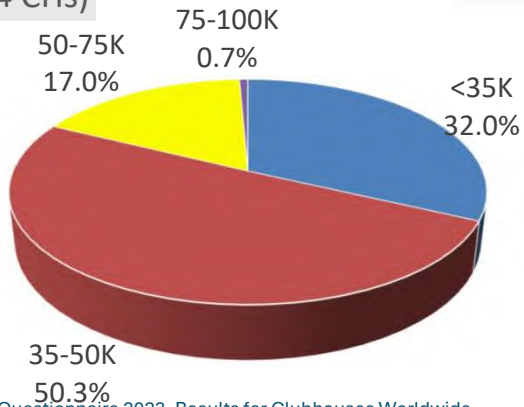
<300,000 (31 CHs)



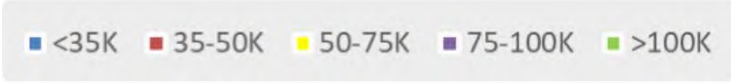
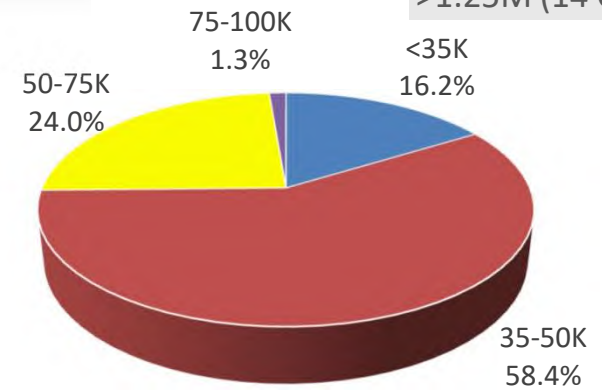
500K-1.25M (105 CHs)



300-500K (54 CHs)



>1.25M (14 CHs)



The Clubhouse Profile Questionnaire 2023. Results for Clubhouses Worldwide
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Clubhouse International
 Creating Community: Changing the World of Mental Health



See Part 2 for more information about Clubhouse memberships, Work-Ordered Day activities, Employment, Education, Housing, and Research



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