



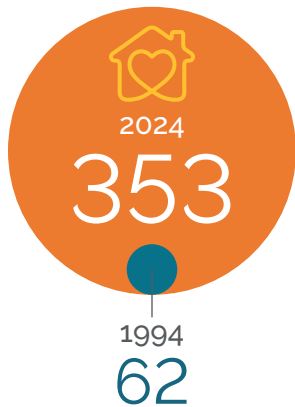
# Clubhouse International

**CELEBRATING 30 YEARS OF CHANGE**

Clubhouse International is the only global mental health nonprofit that expands and enhances recovery opportunities for people living with mental illness by integrating the proven recovery model – the Clubhouse Model of psychosocial rehabilitation – into community-based mental health systems worldwide. As we celebrate the 30th Anniversary of our founding, look how far we've come.

## We cross more borders

TOTAL NUMBER OF CLUBHOUSES



NUMBER OF COUNTRIES WE OPERATE IN



## We mentor more startup groups in more countries

**140** startup groups from **15** countries



## We've trained more people in the Clubhouse Model than anyone else

**19,000** participants across **3,500** training sessions

**15** world seminars

**30** regional conferences in the USA, Canada, Europe, Asia and Australia

## Clubhouse International's brand recognition has grown

Clubhouse Model officially recognized as an Evidence-Based practice by the Substance Abuse and Mental Health Services Administration (SAMHSA)

2011

American Psychiatric Association Special Presidential Commendation Award

2014

Conrad N. Hilton Humanitarian Prize

2021

World Health Organization (WHO) includes the Clubhouse Model in its Guidance on community mental health services: Promoting person-centered and rights-based approaches

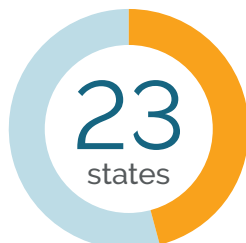
Brain & Behavior Research Foundation Honorary Pardes Humanitarian Prize in Mental Health

2022

2023

Duke Endowment Grant for expanding the Clubhouse Model in North and South Carolina, USA

IN ALMOST HALF OF U.S. STATES, CLUBHOUSE SERVICES ARE NOW REIMBURSED BY MEDICAID



while

PUBLIC/PRIVATE FUNDING FOR CLUBHOUSES HAS GROWN BY A FACTOR OF 10



We have collected more outcome data on the Clubhouse Model than anyone else.  
**8,400 clubhouse outcome surveys over 20 years.**

# What are Clubhouses?

A Clubhouse is a community-based mental health service that empowers people with mental illness to take control of their recovery and thrive through access to opportunities for employment, socialization, education, skill development, housing and improved wellness. People who participate are known as “Members.”

## Clubhouse Impact Theory of Change



↑ Social  
Functioning



↑ Employment



↑ Belief in  
Oneself



↓ Stigma



↑ Physical  
Health



↑ Quality  
of Life



↓ Psychiatric  
Symptoms

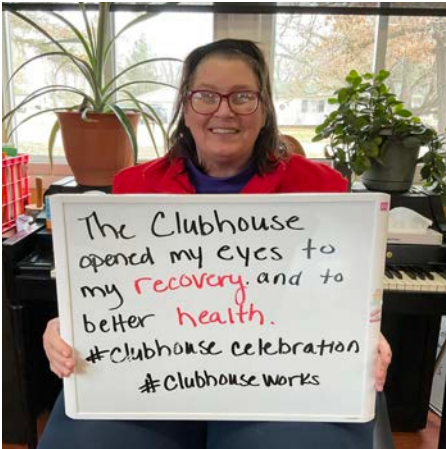


↓ Hospitalizations  
& Cost of Care

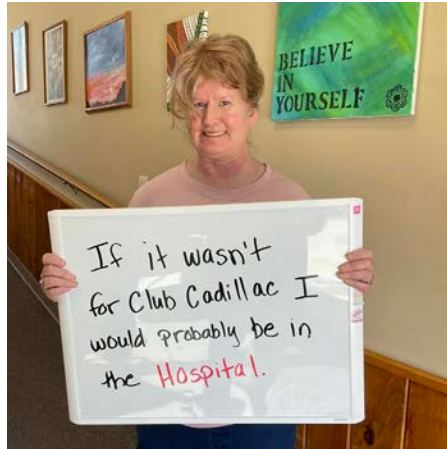
# How Clubhouses Change Members' Lives

Each year, Clubhouses touch the lives of over 100,000 members, who benefit from improved social functioning, employment stability, self-esteem, physical health and quality of life, while experiencing fewer hospitalizations and incarcerations, and less social stigma.

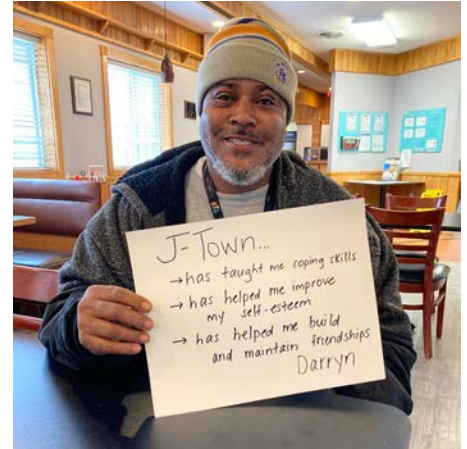
## IMPROVED PHYSICAL HEALTH



## REDUCED HOSPITALIZATIONS & COST OF CARE



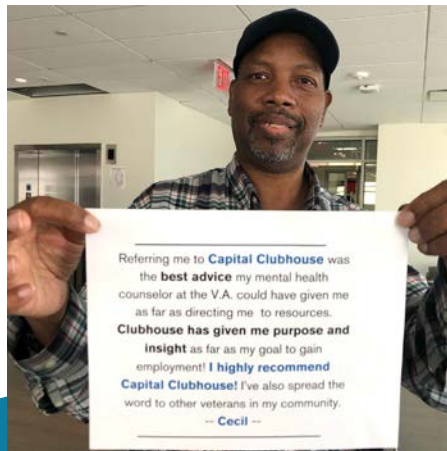
## GREATER BELIEF IN ONESELF



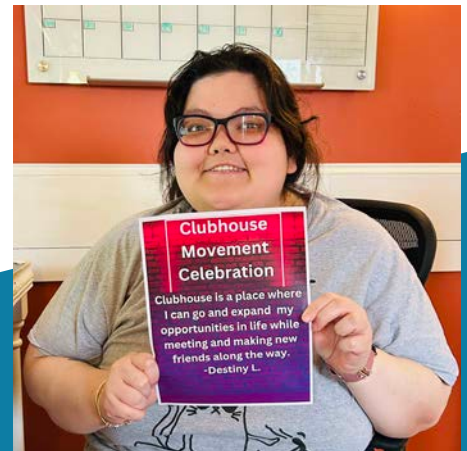
## IMPROVED SOCIAL FUNCTIONING



## BETTER CHANCE OF EMPLOYMENT



## BETTER QUALITY OF LIFE



Scan QR code to view our full Clubhouse Impact Report



Scan code to view **Beyond Treatment: How Clubhouses for People Living with Serious Mental Illness Transform Lives and Save Money**

# What Does Clubhouse International Do?

Clubhouse International is a global leader helping to advance understanding of mental illness and a community-based mental health solution, the **Clubhouse Model of psychosocial rehabilitation**.

Our mission is to end social and economic isolation for people living with mental illness by integrating the Clubhouse Model into community mental health approaches around the world.

We train, accredit, support and connect our global network of local Clubhouses.  
Learn more about our six areas of focus below.



## Expansion

Help open new Clubhouses around the world. Each new Clubhouse we open touches +/- 500 people in need.



## Accreditation

Ensure successful outcomes through Clubhouse Accreditation, our research-based quality program.



## Training

Help open new Clubhouses around the world. Each new Clubhouse we open touches +/- 500 people in need.



## Public Awareness

Educate the public and the media to help end the stigma surrounding mental illness and promote awareness of how Clubhouses save lives and livelihoods.



## Advocacy

Initiate and coordinate advocacy efforts globally to build more government funding for mental health programs and to help us open more Clubhouses.



## Research

Develop and enhance research approaches to measure Clubhouse member outcomes and the effectiveness of our Clubhouse model.

## Support Our Work: Join Our Community!



Scan QR code or visit [clubhouse-intl.org](https://clubhouse-intl.org) to see how you can get involved.

