



WORKING
TOGETHER
GROWING
OUR IMPACT



Clubhouse International
Creating Community: Changing the World of Mental Health

2022
ANNUAL REPORT



BOARD CHAIR JENNIFER TEDESCO SPEAKING WITH CLUBHOUSE COLLEAGUES AT THE 2022 WORLD SEMINAR.

DEAR FRIENDS,

I am grateful and happy to share Clubhouse International's 2022 Annual Report with you, our supporters.

It was a pivotal year in the Clubhouse movement, a time of growth and innovation.

We held our first post-pandemic, in-person World Seminar which highlighted the major strides in our work and connected our vital and growing Clubhouse community. The Virtual Trainings for Faculty and New Clubhouse Development developed during the pandemic became a permanent part of our training calendar, saving time and money, and extending our reach.

New in 2022 was our Clubhouse Coalitions and Associations Committee that will standardize and elevate our 25 Coalitions and Associations across the globe; we are grateful to draw on the talents of many incredible individuals from around the world. We also planted the seeds for future growth by securing funding for new projects that are already taking root, like the Duke expansion project in the Carolinas, USA that we recently announced.

Based on this progress and momentum, I am pleased that **Working Together: Growing Our Impact** is the theme of our 2022 report. We have indeed been growing in new and important ways.

I am writing to say a special thank you to you as a fellow supporter of Clubhouse International. Our growth last year and the growth that is to come are only possible because of the dedication of people like you.

I believe in Clubhouse International's transformational approach to recovery and its meaningful impact on the lives of individuals living with mental illness, their families, and communities.

As Chair of the Board I can assure you that we never forget that it is **you, the community of donors and supporters**, that makes our Clubhouse community and its essential growth possible. **Thank you!**

Sincerely,

Jennifer Tedesco
Chair, Board of Directors



WORKING TOGETHER TO GROW

333

Clubhouses

14

New Clubhouses

33

Countries

25

Coalitions and Associations, including **18** in North America

35

U.S. states and the District of Columbia

Clubhouse International is proud to be the global association of Clubhouse programs. In 2022, we welcomed 14 new Clubhouses into our network from Argentina, Australia, Denmark, Ghana, Norway (2), and eight in the United States: California (3), Florida, Iowa, Kansas, North Carolina and Utah.

Membership in Clubhouse International connects local Clubhouse communities to a vast world of support and opportunity, directly impacting the quality of services they deliver to people living with mental illness. We facilitate training, growth and connections among member Clubhouses while working to incubate new Clubhouse communities around the world.

WORKING TOGETHER TO ENSURE QUALITY

Paused in 2020 due to pandemic-related restrictions and augmented with new virtual and hybrid protocols in 2021, Accreditation resumed in 2022 with vigor, and it continues to be a pillar of our mission.

Research demonstrates that Accredited Clubhouses have a higher number of referrals; a higher average daily attendance, active and total membership; and offer more robust support for employment, education and healthy lifestyles than non-accredited Clubhouses. Accreditation is based on the **International Standards for Clubhouse Programs™** which have been developed in partnership with member Clubhouses since 1989.

71

Accreditations, including **12** in Europe and **3** in Israel

11

First-time Clubhouse Accreditations

253

Accredited Clubhouses

76%

of all member Clubhouses are Accredited



WORKING TOGETHER TO PROVIDE LEARNING OPPORTUNITIES

Clubhouse International provides training opportunities directly as well as in close coordination with our 12 Global Training Centers to help all Clubhouses continually improve and expand their programs and recovery opportunities.

In-person training is back to pre-pandemic levels, while also carrying forward the successful virtual training formats we began in 2020 and 2021.

Our direct training includes formal opportunities such as New Clubhouse Development, conferences/seminars and Faculty Training, as well as ongoing personal mentorship and consultation, available to all Clubhouses and more than 60 Startup Groups. Our coordinated training includes a robust calendar of both specialized and comprehensive 1 and 2-week intensive training sessions.

- **Our 2022 World Seminar in September was held in Baltimore.** We welcomed more than 600 members and staff from 150 Clubhouses representing 13 countries and 32 U.S. States and the District of Columbia.
- **We trained a record 22 groups in our New Clubhouse Training.** Given our 80% success rate, we expect at least 18 of these groups to open a Clubhouse in the coming few years.

TRAINING

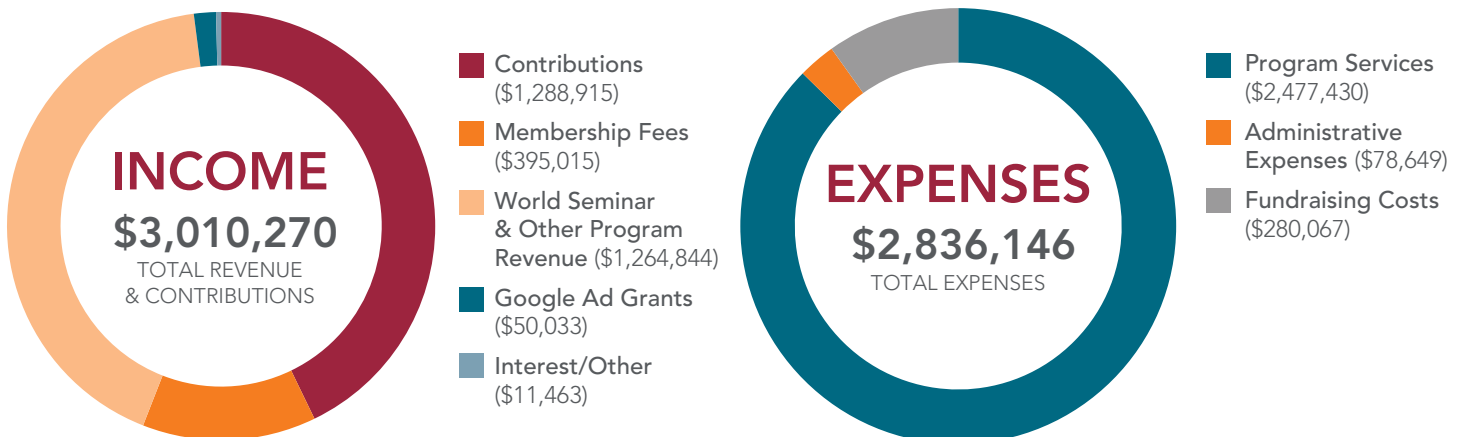
| | |
|---|---------------|
| Comprehensive Clubhouse trainings | 106 |
| Virtual Clubhouse trainings | 4 |
| New Clubhouse Development training for Startup Groups | 22 |
| Virtual specialized topic trainings | 21 |
| Total # of Clubhouse groups trained | 132 |
| Total # of individuals trained | 381 |
| Total # of trainings offered | 39 |
| TOTAL TRAINING HOURS | 52,177 |

WORKING TOGETHER TO SHAPE THE FUTURE

Clubhouse International took several key steps to strengthening its future in 2022. In addition to launching our new Coalitions and Associations Committee which will expand our knowledge and work to assist local Clubhouses, we secured funding for two new Clubhouse support projects that are planned for 2023.

The success of our programs depends on the generosity of individuals, corporations and foundations that provide philanthropic support. Please join our journey!

Detailed 2022 Financial Statements are available at clubhouse-intl.org/our-impact/financial-information/





WORKING TOGETHER TO LIFT THE VOICES OF LIVED EXPERIENCE

Clubhouse members are central to the advocacy work that we do at Clubhouse International. Their first-hand perspective is the most effective advocacy voice in our efforts to create more support for Clubhouses and people living with mental illness.

Together, we are an active and vocal advocate at the local, state, regional, national and international levels for the issues and rights of people living with mental illness, including advocating for funding of Accredited Clubhouse programs.

- Received the **2022 Honorary Pardes Humanitarian Prize in Mental Health** awarded by the Brain & Behavior Research Foundation in recognition of our work expanding mental health care around the world.
- Joined **MTV's Mental Health Action Day** as a Founding Partner and hosted a roundtable event with current and former students at Notre Dame University (IN, USA) to showcase a collaboration between Clubhouse members and university students that resulted in their writing and publishing a memoir, *Our Stories*, which is a compilation of stories of lived experience with mental illness.
- Partnered with the **National Council for Mental Well-being Virtual "Hill Day"** in June, advocating for better funding for mental health services and providing solutions and strategies for maximizing advocacy efforts in the U.S.
- Collaborated with the **World Health Organization** on its innovative **Quality Rights e-training program** to transform attitudes and practices in mental health around the world. This key tool offers the opportunity for hundreds of thousands of people to attend to their own mental health; support others with mental health challenges; and build responsive mental health services.
- **Raised \$30,000 for the Ukraine Relief Fund** to support Warszawski Dom pod Fontanna, an Accredited Clubhouse located in Warsaw, Poland, in their work to meet the needs of Ukrainian refugees who live with mental illness.
- Joined forces with **World Federation for Mental Health** and developed a **Wellness WORKS World Mental Health Day campaign** that celebrated the transformative power of wellness on mental health; promoted Clubhouse wellness programming as an essential tool for mental health recovery, including initiating new partnerships with local community organizations/universities; and called on governments to make mental health and well-being a global priority.
- **Conducted research study and wrote a brief** in partnership with Program for Clubhouse Research at the University of Massachusetts Chan Medical School to examine the efficacy of the Clubhouse Model during the COVID-19 pandemic. This brief describes adaptations that Clubhouses made to continue their critical support of members as well as supports offered by Clubhouse International to inform the international network about innovative approaches and best practices.





JOIN US IN OUR EFFORTS TO EXPAND RECOVERY OPPORTUNITIES FOR PEOPLE LIVING WITH SERIOUS MENTAL ILLNESS

DONATE

To make a gift, visit clubhouse-intl.org/donate

GET INVOLVED WHERE YOU LIVE

- To get involved with your local Clubhouse, visit clubhouse-intl.org/what-we-do/international-directory/
- For help starting a Clubhouse in your community, please contact Jack Yatsko at jyatsko@clubhouse-intl.org

JOIN OUR INTERNATIONAL CLUBHOUSE COMMUNITY

To learn more, contact Teri Chadwick at tchadwick@clubhouse-intl.org

MEDIA INQUIRIES

To learn more about how Clubhouses are changing how people living with mental illness find recovery, or for general media inquiries, please contact Anna Sackett Rountree at asackett@clubhouse-intl.org

CONNECT ON SOCIAL MEDIA

 Facebook | [ClubhouseWorks](https://www.facebook.com/ClubhouseWorks)

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 YouTube | [ClubhouseInternational ICCD](https://www.youtube.com/ClubhouseInternational ICCD)

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