



Clubhouse International

Creating Community: Changing the World of Mental Health

Join Clubhouse International for Mental Health Action Day – May 18, to Make Mental Health a Priority for All

New York, NY, May 2023 – Clubhouse International is proud to be a founding partner of the global movement, **Mental Health Action Day**, powered by MTV. Clubhouse International invites you to join its global Clubhouse network on May 18 to turn awareness into action and create a world where mental health is a priority for all.

This year, Clubhouse International is partnering with AILAND to provide a virtual *Mental Health Space* in the metaverse. This new virtual initiative aims to increase understanding of mental illness and offers a safe, supportive and engaging environment for people to come together. In this dedicated virtual space, participants can access resources, and participate in discussions and interactive activities related to mental health.

Clubhouse International invites everyone to join the Mental Health Space on Mental Health Action Day and become part of the movement. If you are looking for support for yourself, a loved one or your community, Clubhouse International is here to help.

About AILAND:

AILAND is a virtual platform combining artificial intelligence, blockchain, and gaming technology. The company is uniquely placed to create a virtual space where people can come together to raise mental health awareness and take action.

About Mental Health Action Day:

Mental Health Action Day is a global movement that aims to move the culture of mental health from awareness to action. It brings together a diverse coalition of nonprofits, brands, government agencies, and influential leaders from around the world to get the message across that we can all take steps to improve our mental health as well as our physical health.

For more information and to get involved in Mental Health Action Day, visit our website - <https://clubhouse-intl.org/join-us-on-may-18-for-mental-health-action-day/>.

Now is the time to invest in mental health action. Let's make a difference in mental health together.



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Clubhouse International is the only global mental health nonprofit that expands and enhances recovery opportunities for people living with mental illness by integrating its proven recovery model into community-based systems of care worldwide.

Clubhouse International coordinates and connects a global network of Clubhouses that are based on the Clubhouse Model of psycho-social rehabilitation which is recognized by the [World Health Organization](#) as an example of a rights-based approach to recovery. Today, there are nearly 350 Clubhouses operating in 34 countries that work to end social and economic isolation for people living with mental illness. Clubhouses offer resources and opportunities for recovery through friendship, employment, education, wellness, and social programming. *There is no health without mental health.*

Media inquiries:

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