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Clubhouse Trainings: An Array of Opportunity

Did you know there are 10 types of Training Opportunities available for Clubhouse colleagues to participate in through the ICCD Training Bases network? Did you know that at www.iccd.org you can find information on these trainings and the dates of availability at all of our eleven ICCD International Training Bases?

International Clubhouse Seminar

Let's start with the biggest of them all, the 14th International Clubhouse Seminar. This biennial gathering will be held **October 13-18, 2007 in Milwaukee, Wisconsin**. This event will be sponsored by the ICCD and hosted by Grand Avenue Club, one of 325 ICCD Clubhouses throughout the world. Colleagues from over 20 countries are expected to attend as this Seminar will be attractive to all who are concerned about the quality of life for people who experience mental illness. With 77 workshops, eight plenary sessions and a variety of networking opportunities, 14IS promises to be a memorable event. If you've never attended an International Clubhouse Seminar, ask anyone who has. Better yet, find out for yourself and join us in Milwaukee! Seminar registration information is available at www.iccd.org.

New Clubhouse Development Training

This is an intensive two-day training provided by the ICCD that targets groups that are seeking guidance with the initial steps in developing a Clubhouse. It is designed to help new Clubhouse working groups understand and create the key elements of a strong Clubhouse.

The goal of the training will be to foster the creation of a board of directors that will be well prepared to insure the successful development, growth and sustainability of a Clubhouse for decades to come. At the end of the training and follow up coaching, the training participants will have developed and/or strengthened their vision for an effective Clubhouse in their community and the beginnings of a long term strategic plan to accomplish that vision. The plan will be uniquely designed to fit the community where the new Clubhouse is located. The new Clubhouse will then have access to all of the training and ongoing support currently available to ICCD clubhouses.

Clubhouse Model Training

The Clubhouse Model is one of the most unique, challenging, rewarding and successful methods of psychiatric rehabilitation existing in the world today for persons who have experienced a mental illness. Training in this model is coordinated through the International Center for Clubhouse Development (ICCD) and administered through eleven internationally established training bases located in seven countries throughout the world.

The purpose of training is to enable the development of new Clubhouses and to strengthen existing Clubhouses. The training covers a three week period and trainees, referred to as colleagues, stay at a guest house or other living quarters for the duration of the training. At the beginning of the third week,

the Clubhouse director or an individual with administrative oversight responsibility joins the group for the last week of training.

The Clubhouse Training Program is also offering a pilot two-week training program. Check our website for listings and availability.

Unique features of the Clubhouse Model Training include:

- The training is primarily experiential. Each colleague is assigned to areas called work units as a base during the first two weeks of the training. A substantial portion of the colleague's time is spent in the work units, as Clubhouse communities hold the conviction that work, and work-mediated relationships, are restorative and provide a firm foundation for growth and important individual achievement. Experience has proven that the ideal way to learn how to create successful work-mediated relationships is through immersion in the work units of a strong Clubhouse community. During the third week, colleagues can spend time in other units in order to diversify their experience.
- The training includes a strong focus on employment, education, housing, governance, community support services, social programs and all other areas that are pertinent to the International Standards for Clubhouse Programs.
- The training includes members of existing Clubhouses, or potential members of new programs. It is intentionally designed to be a partnership training, including members and staff in the same training experience. This model focuses on the strengths, talents and abilities of people with mental illness and thus, it follows that people who are going to be participating in the program also become integral partners with staff in the training experience.
- Each training group develops an Action Plan. This is a formal written document that the training group brings back to its Clubhouse to assist in their growth and ongoing development.
- Post-Site visit – Training bases generally provide a one-day on-site visit to each training group approximately 6-9 months after the training period. The purpose of the visit is to provide consultation regarding the goals set forth in the Action Plan as well as to offer continuing guidance in the development and strengthening of the Clubhouse.

Specialized One-Week Track Trainings

Several of the International Training bases offer a variety of Track Trainings. Tuition includes training and lodging for one staff person and one member during the training.

Employment

This is a one week intensive training on Transitional Employment, Supported Employment and Independent Employment. Tracks may be specifically designed for Transitional Employment.

Leadership

This Track is designed to foster the professional development of current and aspiring Clubhouse administrators. Topics covered include: staff training; supervision and member/staff retention; establishing organizational structure; communication with auspice agencies and funding sources; fundraising; and effective communication with a Board of Directors.

Housing

This Track is designed for established Clubhouses with specific issues related to developing and maintaining a Clubhouse Housing program.

Work-Ordered Day

This training is designed for established Clubhouses that want to strengthen their work ordered day.

Young Adult

This Track specifically focuses on attracting and engaging young adult members in the Clubhouse. This pilot training is being offered to assist Clubhouses in this growing area.

Orientations

A three-day introduction to the Clubhouse model is provided for interested individuals not currently affiliated with an established Clubhouse. Tuition includes the overview program and lodging for two people (a mental health consumer and a staff person or other interested party) for two nights and three days.

For more details....

Go to www.iccd.org and click on Clubhouse Training for a complete description of trainings, fees, and dates available; click on International Seminar for 14IS information; click on Clubhouse Directory for a complete list of contact information for all ICCD International Training Bases.