

We can imagine a world where
having a mental illness does
not have to mean loneliness,
isolation and poverty.

CAN YOU?



Clubhouse International

Every community needs a strong, vibrant Clubhouse where people living with mental illness can find fellowship, hope, opportunity and recovery.

THE WORK OF CLUBHOUSE INTERNATIONAL IS TO MAKE THIS POSSIBLE.

CLUBHOUSE INTERNATIONAL IS WORKING AROUND THE WORLD TO STRENGTHEN AND EXPAND CLUBHOUSES FOR PEOPLE LIVING WITH SERIOUS AND PERSISTENT MENTAL ILLNESS.



WHAT IS A CLUBHOUSE?

1 in 4 adults will experience mental illness in their lifetime. 1 in 25 will experience a serious mental illness — bipolar disorder, schizophrenia, major depression.

Clubhouses are a local community-based solution to a global problem — these voluntary programs provide opportunities for work, wellness and socialization — in an evidence-based approach that has been proven to help people with mental illness recover their lives.

A Clubhouse focuses on strengths and abilities and not on illness. Through friendship, shared work, education and employment, Clubhouses help people regain hopeful and fulfilling lives.

In physical as well as virtual connections, Clubhouses make a real and lasting difference in people's lives by helping them achieve their social, educational and employment goals.

Today, almost 100,000 people living with mental illness worldwide have access to a Clubhouse.



WHO WE ARE

Whether you want to bring a Clubhouse to your community, or expand mental health resources on a national or global scale, Clubhouse International is here to help. Clubhouse International works to grow and support a network of Clubhouses throughout the world.

We are a membership organization representing more than 300 locally managed Clubhouses in nearly 40 US states and more than 30 countries on six continents.

Our mandate is to support people living with mental illness around the world by expanding, strengthening, and advocating for Clubhouse communities.

We provide a single point of entry to engage the largest and most effective network of psychosocial rehabilitation service providers in the world.

See a full view of our global reach at:
www.clubhouse-intl.org/what-we-do/international-directory

“ I congratulate you all in Clubhouse International on the impressive work done around our world to improve and better the lives and opportunities of so many.”

— Dr. Gro Harlem Brundtland, Director Emeritus, World Health Organization and former Prime Minister of Norway

WHAT WE DO

NEW CLUBHOUSE DEVELOPMENT

On an annual basis, we work closely with more than 50 start-up groups from around the world that are seeking to open a Clubhouse in their local community.

TRAINING

We coordinate a full curriculum of training programs through our 12 International Training Base Clubhouses. Clubhouse training brings together staff and people who have lived with mental illness in full-immersion programs to learn all aspects of how to run a successful Clubhouse.

We promote learning and information exchange by coordinating national and international Clubhouse conferences. Our Clubhouse International team regularly presents and advocates for the Clubhouse model in mental health and social service forums.

QUALITY ASSURANCE

We help all Clubhouses effectively deliver programs and services through our robust Accreditation process.

Clubhouse International manages and regularly updates consensually developed best practice standards. The International Standards for Clubhouse Programs™ are a set of 37 Standards that promote strong recovery outcomes, as demonstrated by our annual Clubhouse research.

These Standards form the basis for our internationally accepted Accreditation process that includes self-evaluation, objective peer review and strategic recommendations for continuous improvement.

ADVOCACY

We partner with other leading mental health advocates at the local, national and international level to end social discrimination towards people living with mental illness, and to address the inadequate levels of government funding for mental healthcare as part of overall healthcare.

OUR IMPACT

The work we do at Clubhouse International, along with the daily work done in each of our more than 300 Clubhouses, changes lives:

EFFECTIVE NEW CLUBHOUSE DEVELOPMENT TRAINING

80% of groups that come through our New Clubhouse Development Training go on to open a Clubhouse. Each new Clubhouse will reach on average 50 or more people every day who are living with mental illness.

OUR ACCREDITATION PROCESS PRODUCES RESULTS

Accredited Clubhouses have better results than non-accredited Clubhouses: higher numbers of referrals; higher active and total membership; and more robust support for employment, education and healthy lifestyles.¹

OUR CLUBHOUSES PRODUCE EXCEPTIONAL OUTCOMES

- Nearly 42% of members at Accredited Clubhouses are employed — more than double the average rate for people in the public mental health system.²
- Clubhouse members are significantly less likely to be hospitalized or incarcerated.^{3,4}
- Clubhouses reduce disconnectedness and members have better physical and mental health.⁵

THE CLUBHOUSE MODEL IS COST EFFECTIVE

The annual cost of Clubhouses is about one-third to one-half the cost of other well-known models.⁶

¹ The Clubhouse Profile Questionnaire © 2016-2017 University of Massachusetts.
² Macias, Rodican, Hargreaves et al (2006) and Schonebaum, Boyd & Dudek (2006).
³ De Masso, Avi-Itzak and Obler (2001).
⁴ Johnson and Hickey (1999).
⁵ Leff, McPartland, Banks et al (2004).
⁶ McKay and Yates (2007).

WHAT CAN YOU DO TO HELP?

JOIN US! Help expand opportunity for people living with serious mental illness.

DONATE. CONNECT. BUILD COMMUNITY.

Visit www.clubhouse-intl.org or follow us!



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AWARDS + RECOGNITION



Conrad N. Hilton
FOUNDATION

Hilton Humanitarian Prize Laureate



Clubhouse International

845 Third Avenue, Sixth Floor | New York, NY 10022

212.582.0343 | info@clubhouse-intl.org