



WE ARE NOT
ALONE



2019 ANNUAL REPORT



Clubhouse International
CELEBRATING 25 YEARS | CHANGING THE WORLD OF MENTAL HEALTH



For over 25 years, Clubhouse International has focused on expanding and sustaining the Clubhouse model for psycho-social rehabilitation, an evidence-based practice with a 75-year history of offering successful and cost-effective solutions for people living with mental illness.

Through a network of Clubhouses around the world, Clubhouse International offers people living with mental illness opportunities for friendship, employment, housing, education and wellness, as well as help accessing healthcare and other social services, in a caring and safe environment. This social and economic inclusion reverses the alarming growth trends of higher suicide, hospitalization and incarceration rates associated with mental illness — and the increasing burden on communities and workplaces everywhere.

In this report, we feature information about our work in 2019 along with the words of individuals who participated in our World Seminar in September 2019.

“ I congratulate Clubhouse International on the impressive work done around our world to improve and better the lives and opportunities of so many. You have shown that concern, empathy, support and re-establishing hope in individuals can make a major difference in a more inclusive society.”

— GRO HARLEM BRUNDTLAND, FORMER DIRECTOR GENERAL OF THE WORLD HEALTH ORGANIZATION & PRIME MINISTER OF NORWAY

In 2019, Clubhouse International represented a strong and growing network of 304 member Clubhouses in 30 countries around the world, including 20 Clubhouse Coalitions.

17 new Clubhouses + 8 returning Clubhouses joined Clubhouse International

54 new Clubhouse start-up groups in 19 countries

100,000 people a year access Clubhouses

\$200 million (USD) in public and private funding secured by member Clubhouses

800,000 hours of programs and services provided by member Clubhouses

500,000 reach out contacts made to Clubhouse members to reduce isolation

\$50 million (USD) in earned wages by Clubhouse members

ACCREDITATION: A COMMITMENT TO EXCELLENCE

Accreditation is based on the International Standards for Clubhouse Programs™, and the number of Clubhouses making the commitment to achieve and sustain Accreditation continues to rise. Accredited Clubhouses have a higher number of referrals; a higher average daily attendance, active and total membership; and offer more robust support for employment, education and healthy lifestyles than do non-Accredited Clubhouses. Congratulations to the 70 Clubhouses that participated in this robust program of objective peer review in 2019, including 20 Clubhouses who achieved Accreditation for the first time.

243 Accredited Clubhouses

80% of member Clubhouses Accredited

“When I go to the Clubhouse and have the chance to give back to my community, I feel myself as a healthy person, and that begins to have a momentum of its own.”

— PAULA BOYD,
PUTNAM CLUBHOUSE, CALIFORNIA, USA

OUR TRAINING PROGRAMS

We know that training is critical to our ongoing success. We offer an array of intensive training experiences through our 12 global Training Bases that provided 54 training sessions in 2019, including two- and three-week Comprehensive Clubhouse trainings and one-week track trainings. Additionally, we host regional conferences and a World Seminar, New Clubhouse Development trainings, and provide individual support and mentoring to Clubhouses and start-up groups and emerging Clubhouse leaders.

204 unique groups involving 479 individuals

43,536 hours of training

1 Clubhouse International World Seminar

5 days in Lillestrøm, Norway for 400 attendees from 19 countries representing 100 Clubhouses/Coalitions

OUR ADVOCACY

Our team and local Clubhouse leadership spends hundreds of hours each year advocating for more resources for Clubhouses. From local and state legislators to national organizations such as the National Alliance on Mental Illness and the National Council for Behavioral Health, and global bodies like the World Health Organization, World Federation for Mental Health and United for Global Mental Health, Clubhouse International is a respected voice.





CELEBRATING 25 YEARS

Clubhouse International was founded in 1994 at Fountain House in New York City. Since that time, we have built a worldwide network of like-minded organizations connected by a rights-based approach to helping people with mental illness take charge of their lives and futures. Like no other mental health program, we have demonstrated the powerful impact of belonging.

“ It is such a gift to no longer just be a patient or a client, always on the receiving end of others’ services and treatments. Today, I am someone who has something valuable to share, and a place to share it, and people to appreciate my contributions.”

— MIKE TIBBLES, PATHWAYS CLUBHOUSE, CANADA

Below are just a few of the accomplishments from our first 25 years:

1,500 Clubhouse groups and almost 4,000 individuals trained in our global training base network

13 World Seminars with more than 9,000 participants attending over 1,000 workshops, institutes and plenary sessions relating to Clubhouse practice

200 or more Clubhouse members and staff trained as Clubhouse Faculty

12 times the International Standards for Clubhouse Programs™ have been updated to include the ideas and voices of thousands of Clubhouse members and staff

800 Accreditation processes conducted, validating success and helping to strengthen Clubhouses everywhere



OUR FINANCES

Our programmatic success depends on the generous financial support of many individuals, corporations and foundations as well as the Clubhouses and Coalitions that invest in membership, training and accreditation.

Detailed 2019 Financial Statements are available at www.clubhouse-intl.org/our-impact/financial-information



- Charitable Contributions (39%)
- Membership Dues (19%)
- Program Service Fees (13%)
- World Seminar (28%)
- Interest/Other (1%)

- Program Services (including World Seminar) (84%)
- Fundraising (12%)
- Administration (4%)

“The meaning of Clubhouse for me personally is that it has saved my life and in doing so it is indirectly aiding in the healing of family and friends that are connected to me.”

— CYNTHIA ANDERSON, FOUNTAIN HOUSE STOCKHOLM, SWEDEN

THANK YOU

We gratefully acknowledge all donors who make our work possible.

Below are our Tribute and Memorial gifts received in 2019. A full list of all 2019 donors is available at www.clubhouse-intl.org/our-impact/donors

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