

WANA

Webinar Series

# We Are Not Alone: Growing Stronger Together



Clubhouse Europe

Changing the World of Mental Health



Clubhouse International

Creating Community: Changing the World of Mental Health

**FOUNTAIN  
HOUSE**

Inspiring Communities  
for Mental Health

# Supported Education at Fontenehuset Rygge, Norway

*«Supported education is always possible -  
even if you are (part of )a small clubhouse»*

**Helene Molvig & Evelyn Czilling**



WANA

## Standard #25

*«The Clubhouse assists members to reach their vocational and educational goals by helping them take advantage of educational opportunities in the community. When the Clubhouse also provides an in-house education program, it significantly utilizes the teaching and tutoring skills of members»*

- At Fontenehuset Rygge we combine the clubhouse model and SEd to comply with this Standard
- SEd focuses on; human rights, inclusive training, recovery and psychiatric rehabilitation
- We named our program #SMS (studies with support)

# Supported Education; what, why and how

- To make the 5 P`s thrive and be sustainable we focus on:
  - struggles in the local community
  - member`s needs
  - developing a learning community.
- You don`t need an education unit, but a culture of education.



# Being a learning community requires PARTNERS

- Talk about education
- Reach out to people and organizations
- Establish partnerships
- Our collaboration have helped us get funding
- The retired teachers are a big part of the content of our program
  
- By having open doors, and teachers coming to the clubhouse, we are a larger learning community.



# Evelyn and their educational story

## How the program is integrated in daily activity at the clubhouse

- Participation in development of the program
- Their needs and goals
- Utilizing the program
- SEd online during lockdown Covid-19
- How the program supports me and my goals
- Presentations at schools
- How the participation makes me feel



*the work ordered day*



*study and job club*



*social learning and network building*



*lectures and courses*



*health*



*leisure program*

# Our Clubhouse and Covid-19

- Crisis is a greek word with double meaning:
  - Danger
  - New opportunity
- Many CH have an untapped potential concerning education
- Start giving Standard #25 the focus and awareness it deserves



# What`s needed in the future?

- Nobody knows what the world will look like in 2050 or 2080
- The future will include big changes and moments of uncertainty
- The psychosocial approach is important and needed in the future
- We need to stay connected and support one other
- Education and skills will be key
- Be a learning community
- We all need to be good at the 4C's:
  - critical thinking
  - communication
  - collaboration
  - creativity

They are universal skills and will make us better fit to embrace the wilderness of the future together –  
and every clubhouse can focus on education – even the small ones!





# Open Forum



- Q & A