

WANA

Webinar Series

We Are Not Alone: Growing Stronger Together



Clubhouse Europe
Changing the World of Mental Health



Clubhouse International
Creating Community: Changing the World of Mental Health

**FOUNTAIN
HOUSE**
Inspiring Communities
for Mental Health

Mosaic Clubhouse

Evolving to reach more members

Mosaic

Clubhouse

Creating opportunities,
Realising potential



WANA

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Webinar Series

**We Are Not Alone:
Growing Stronger Together**

What we've learned



Creating opportunities,
Realising potential

- Online meetings have reached a different cohort of members, described as “a lifeline”
- Online Board Meetings have attracted more members than is usual when they're held in the building
- Online Policy Meetings, by virtue of the equal presence given to participants, lend themselves effectively to consensus decision making
- Delivering the Clubhouse in digital formats can be a great “leveller” with many members having accomplished IT skills
- The biggest challenge in delivering a virtual Clubhouse is that it excludes members who lack IT skills
- Ongoing reach out activities are essential for supplementing the virtual Clubhouse, especially for those members unable to get online



Creating opportunities,
Realising potential

Future potential of the 'hybrid' Clubhouse

- 'Soft' introductions through online activities – benefit for new members who may be overwhelmed by a busy Clubhouse
- Engage members who are unable or unwilling to come to the building through hospital admissions, etc
- Extend recovery-focused services to people in the wider community who may not want to become members
- Increase the digital skillset of the Clubhouse community
- Measure outcomes & attendances in a way that underlines the effectiveness of the Clubhouse
- Raise the profile of the Clubhouse within the community

Hybrid Clubhouse



Creating opportunities,
Realising potential

- Urgent sense of mission
- Urgency to keeping members informed, engaged with unit work and reducing isolation
- IT support to equip members with hardware & skills
- Less a sense of measuring the Clubhouse's impact by the number of members who walk through the door each day
- Renewed importance of peer support & member-led initiatives such as Pixel FM <https://www.spreaker.com/show/pixel-fm>
- Greater sense of inclusivity – making opportunities accessible to non-members in the wider public

