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Webinar Series

# We Are Not Alone: Growing Stronger Together



Clubhouse Europe

Changing the World of Mental Health



Clubhouse International

Creating Community: Changing the World of Mental Health

**FOUNTAIN  
HOUSE**

Inspiring Communities  
for Mental Health

# How Are We Doing?

## *Clubhouses Gathering Data with two Worldwide Surveys during Pandemic*

*Presented by:*

Lori D'Angelo (Magnolia Clubhouse)

Lee Kellogg (Clubhouse International)

Francesca Pernice (Wayne State University)

Kevin Rice (Fountain House)

Guido Valentini (Club Itaca Roma)

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# Why the Surveys?

- The Survey was developed at the request of Clubhouses and International Leadership to measure the efficacy of our response to the Pandemic.
  - *Goal: To measure how members are doing and how Clubhouses are working to best address the needs of our members and utilize technology to move forward with our work even while buildings are closed*
- Standards based: meet all the needs, provide outreach, incorporate health and wellness, technology, evaluation
- Surveys are part of the Clubhouse work, not added to it
- Members and staff are enjoying using the surveys!

# Why Participate in Surveys?

- Justify and Obtain Funding
- Future Research to demonstrate effectiveness and outcomes of the International Clubhouse Model, our unique strengths and ability to quickly mobilize and share with our International Network

# THANK YOU!

- To all who completed surveys: Thank You!  
For Those who haven't yet: Join us!
- As of 5/05/2020
  - 1400 Member Surveys (1)
  - 161 Director Surveys
  - 229 Member Surveys (2)

# Aggregate Data Member Survey 1

MSU1 Clubhouse Member COVID-19 Survey 1

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# Basic Questions:

General information  
Living Circumstances  
Last date Attended  
Frequency of Attendance  
Medical Conditions  
Employment  
Education

## Q25 - Crisis Question 1: Emergency Room

#	Answer	%	Count
1	Yes	8.26%	106
16	No	91.74%	1177
	Total	100%	1283

#	Answer	%	Count
2	Medical	71.96%	77
6	Psychiatric	24.30%	26
17	17	3.74%	4
	Total	100%	107



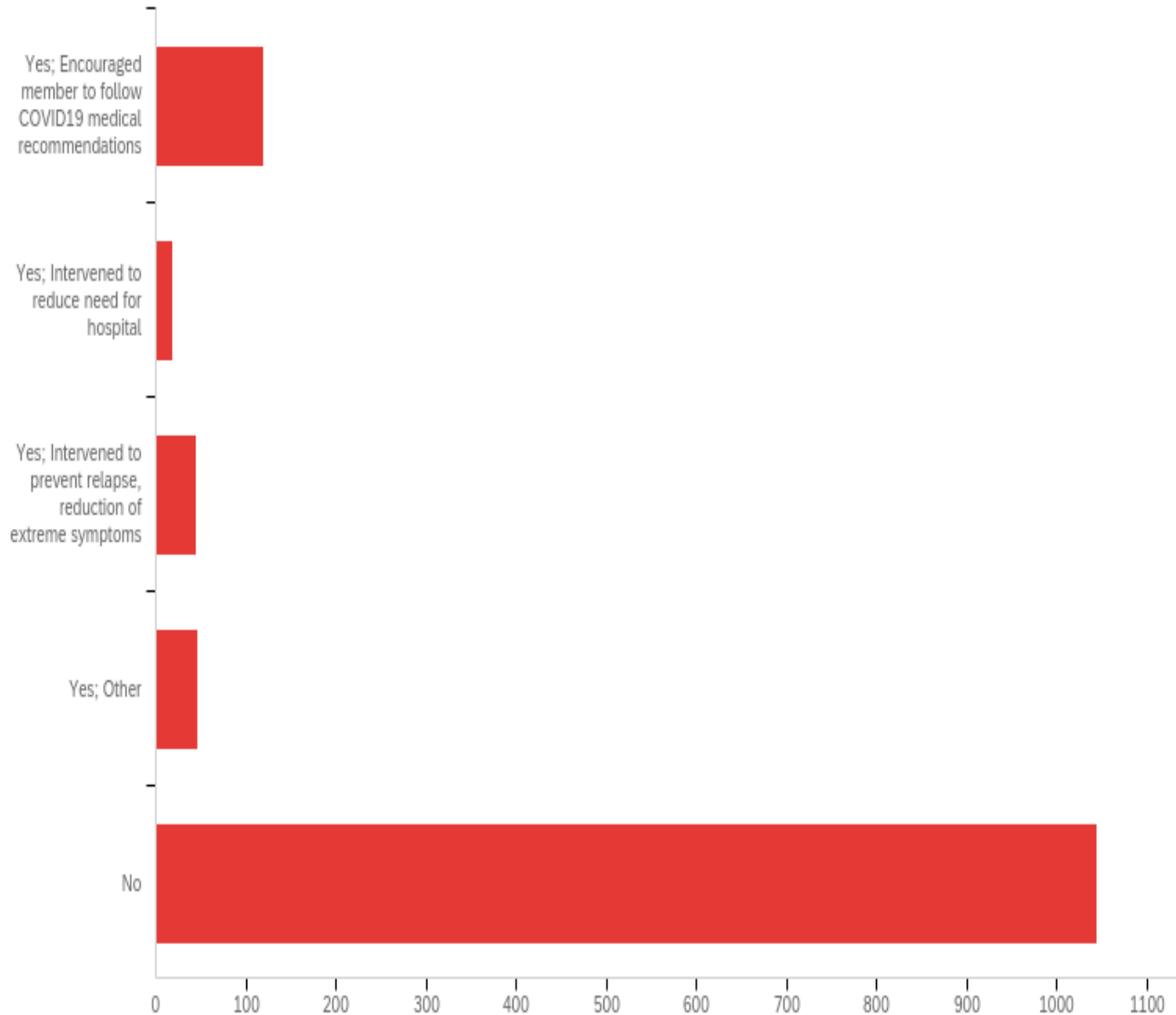
## Q25 - Crisis Question 1: Emergency Room - COVID Related, Medically Advised

#	Answer	%	Count
3	Yes	16.00%	16
10	No	84.00%	84
18	18	0.00%	0
	Total	100%	100
4	Yes	71.43%	70
5	No	28.57%	28
19	19	0.00%	0
	Total	100%	98

## Q26 - Crisis Question 2: Hospital Visit - Same details

#	Answer	%	Count
1	Yes	8.59%	108
16	No	91.41%	1150
	Total	100%	1258

## Q27 - Has the member had a crisis that was prevented by a Clubhouse intervention since your Clubhouse building closed due to COVID-19?

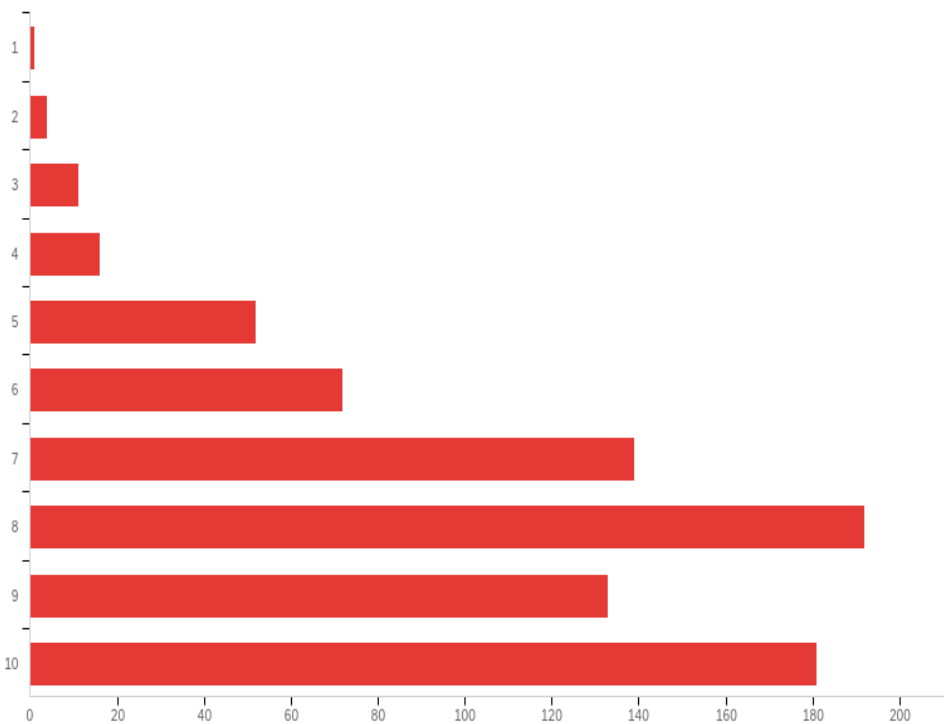


# How are people doing?

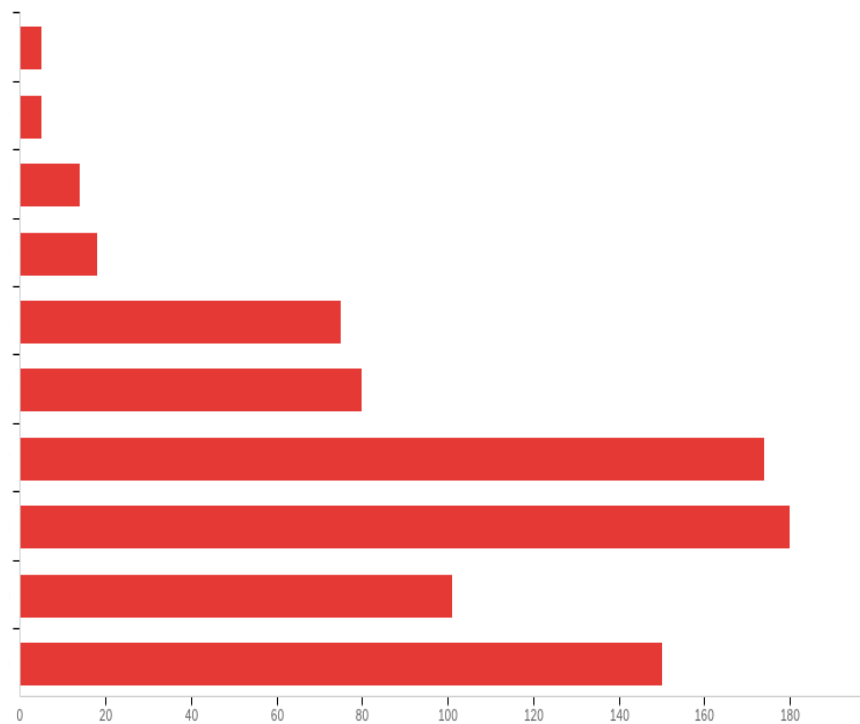
- Range: Well, coping, struggling
- Missing being at the Clubhouse
- 2/3 well - “Surprisingly well,” limited or no impact
- The Clubhouse supports are making the difference

# Q36-37 - Physical Health Rated from 1 to 10, 10 being the best.

## PRE-COVID

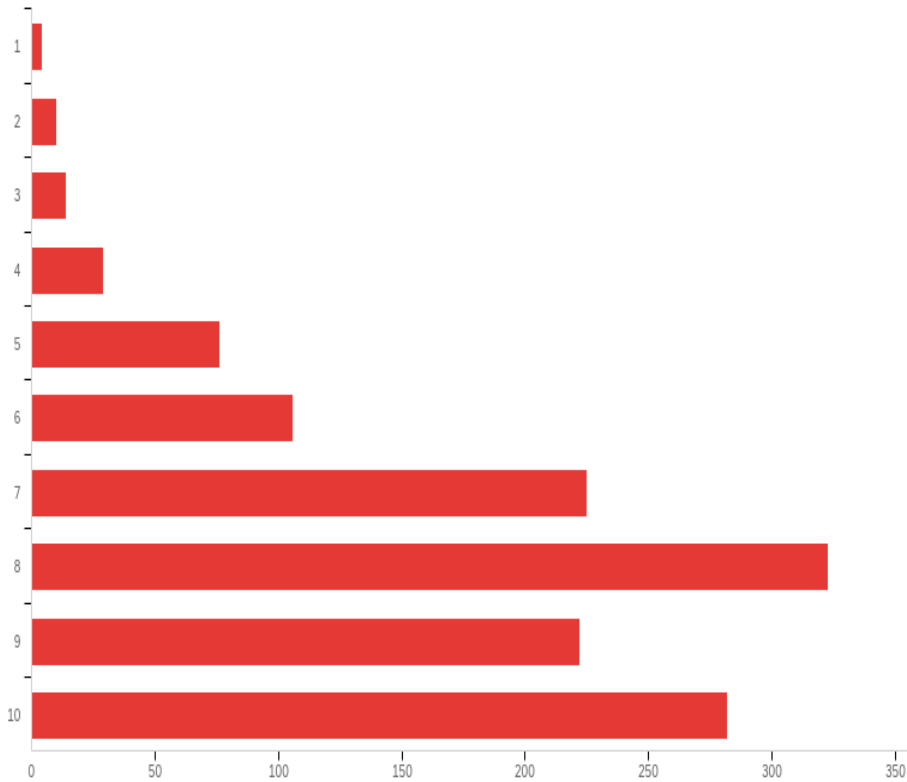


## Current

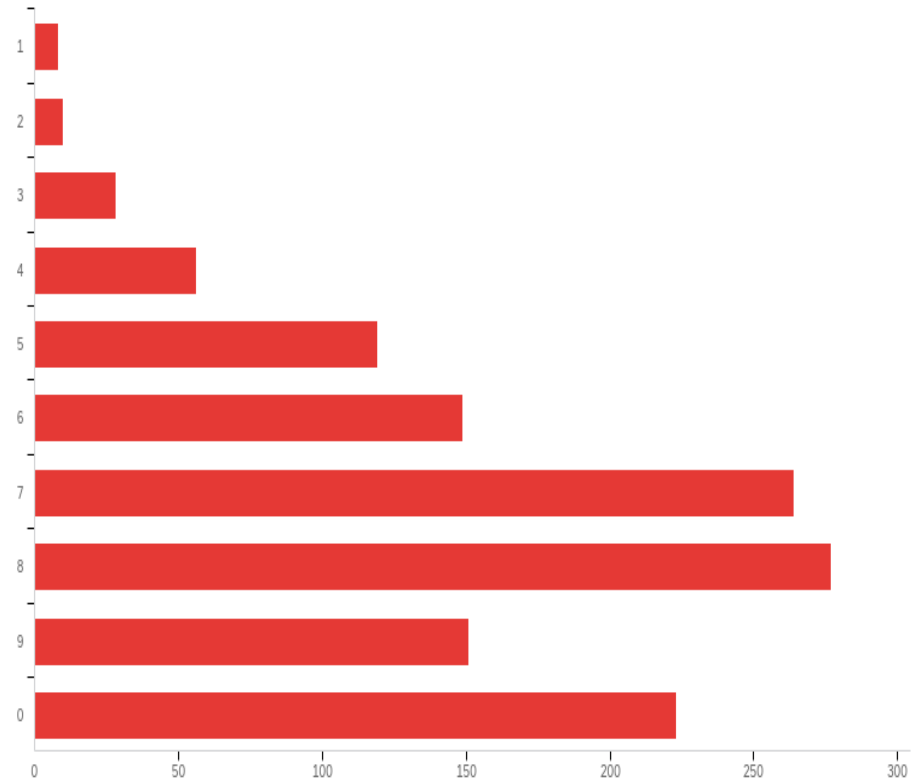


# Q38-39 - Mental Health Rated from 1 to 10, 10 being the best.

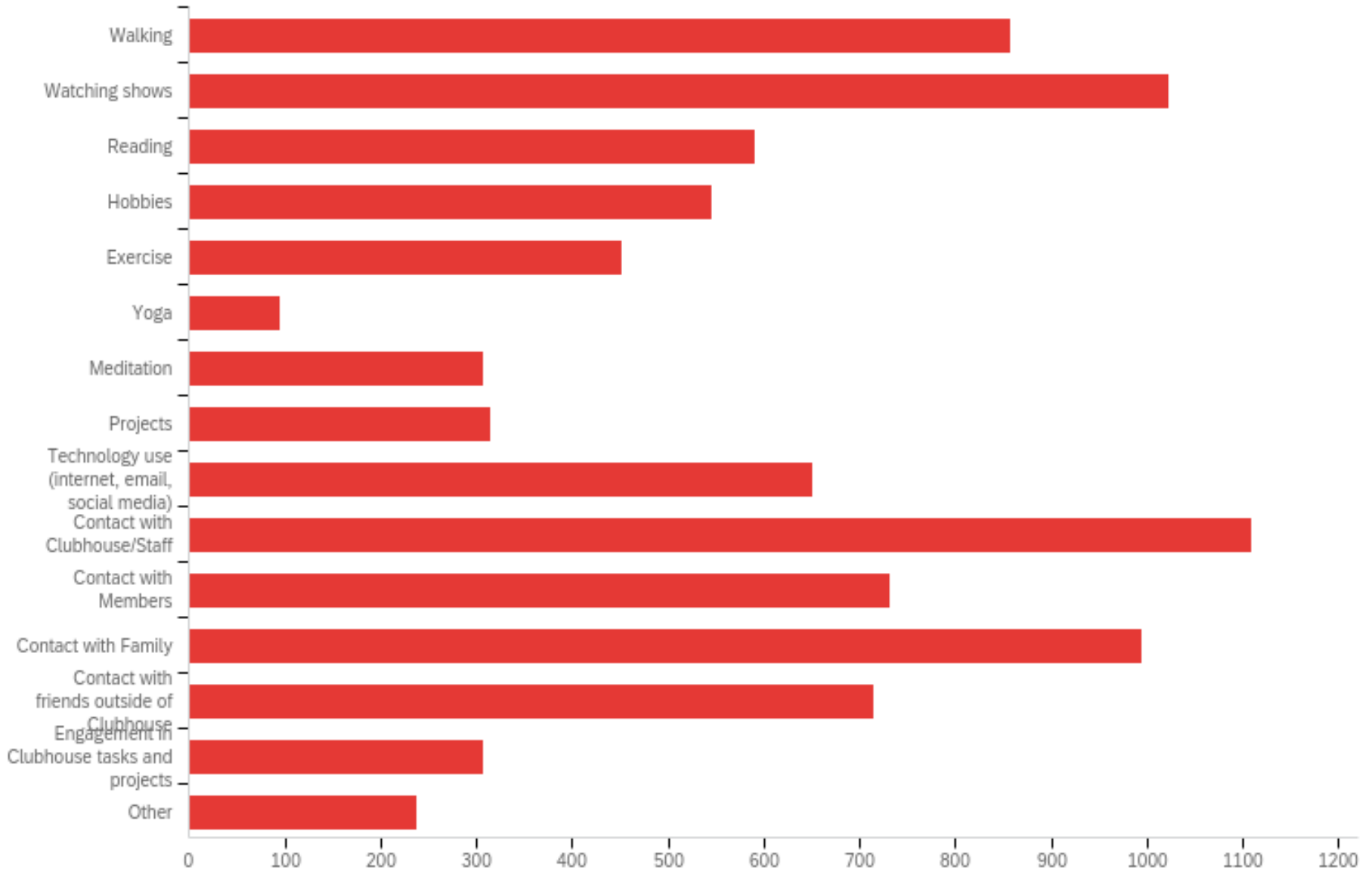
## PRE-COVID



## Current



# Q41 - Coping Mechanisms: What is the member doing that is helping them maintain their physical and mental wellness? Check all that apply:



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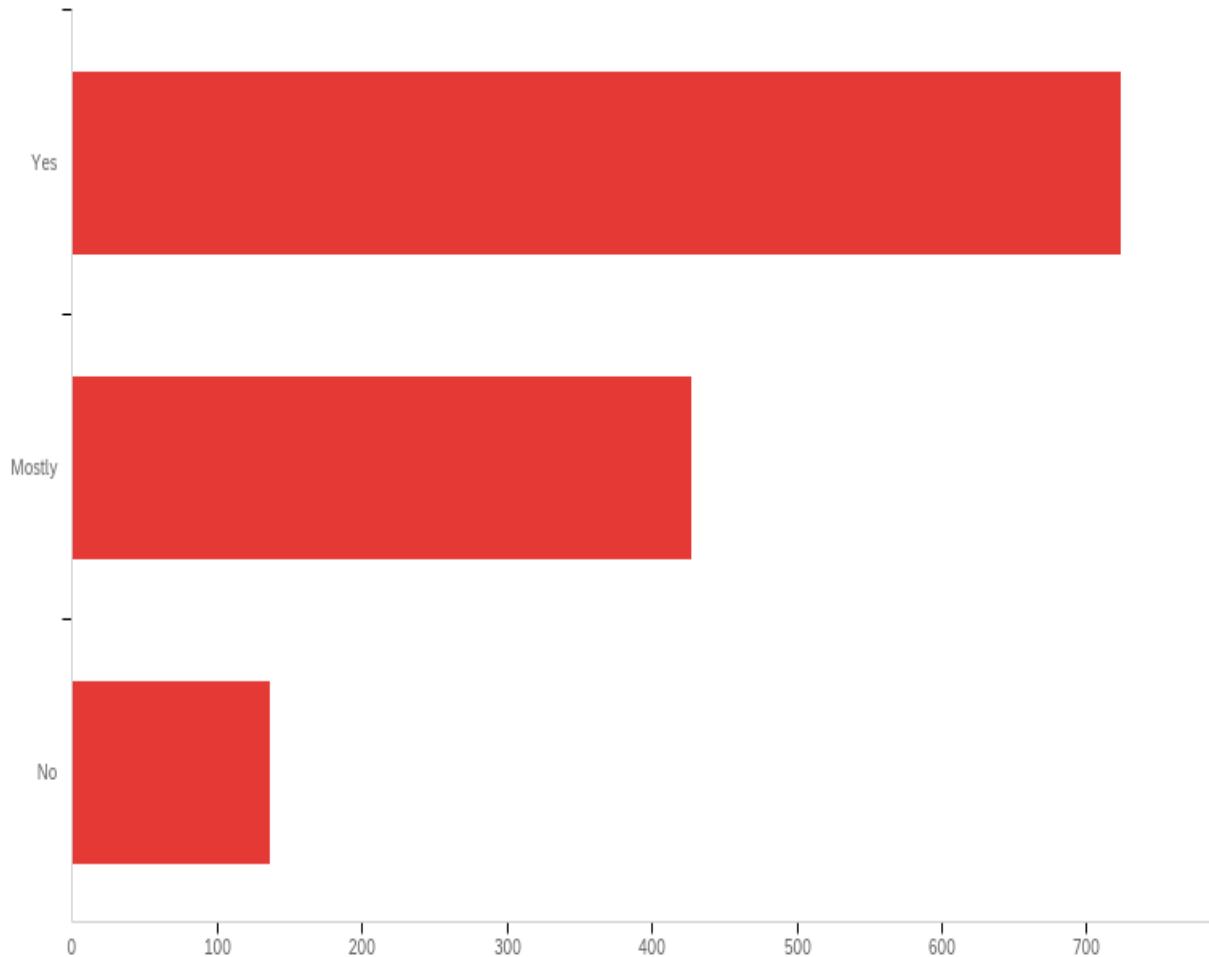
Answer	%	Count
Walking	9.60%	857
Watching shows	11.45%	1022
Reading	6.61%	590
Hobbies	6.12%	546
Exercise	5.06%	452
Yoga	1.06%	95
Meditation	3.44%	307
Projects	3.52%	314
Technology use (internet, email, social media)	7.28%	650
Contact with Clubhouse/Staff	12.43%	1110



Q41 - Coping Mechanisms:  
What is the member doing that is helping them maintain their physical and mental wellness?  
Check all that apply:

Answer	%	Count
Contact with Members	8.19%	731
Contact with Family	11.14%	995
Contact with friends outside of Clubhouse	8.00%	714
Engagement in Clubhouse tasks and projects	3.45%	308
Other	2.65%	237
Total	100%	8928

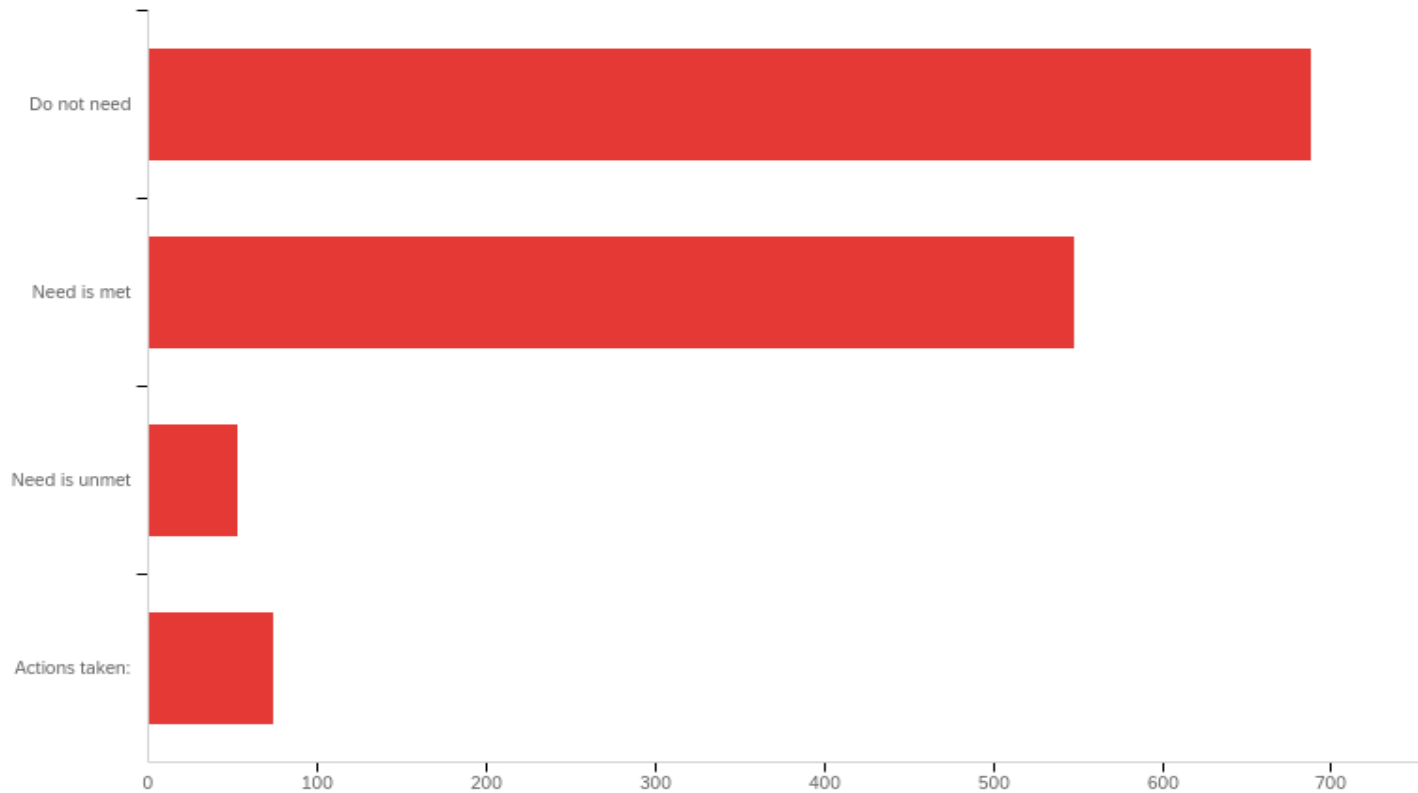
## Q42 - Is the member keeping a daily routine?



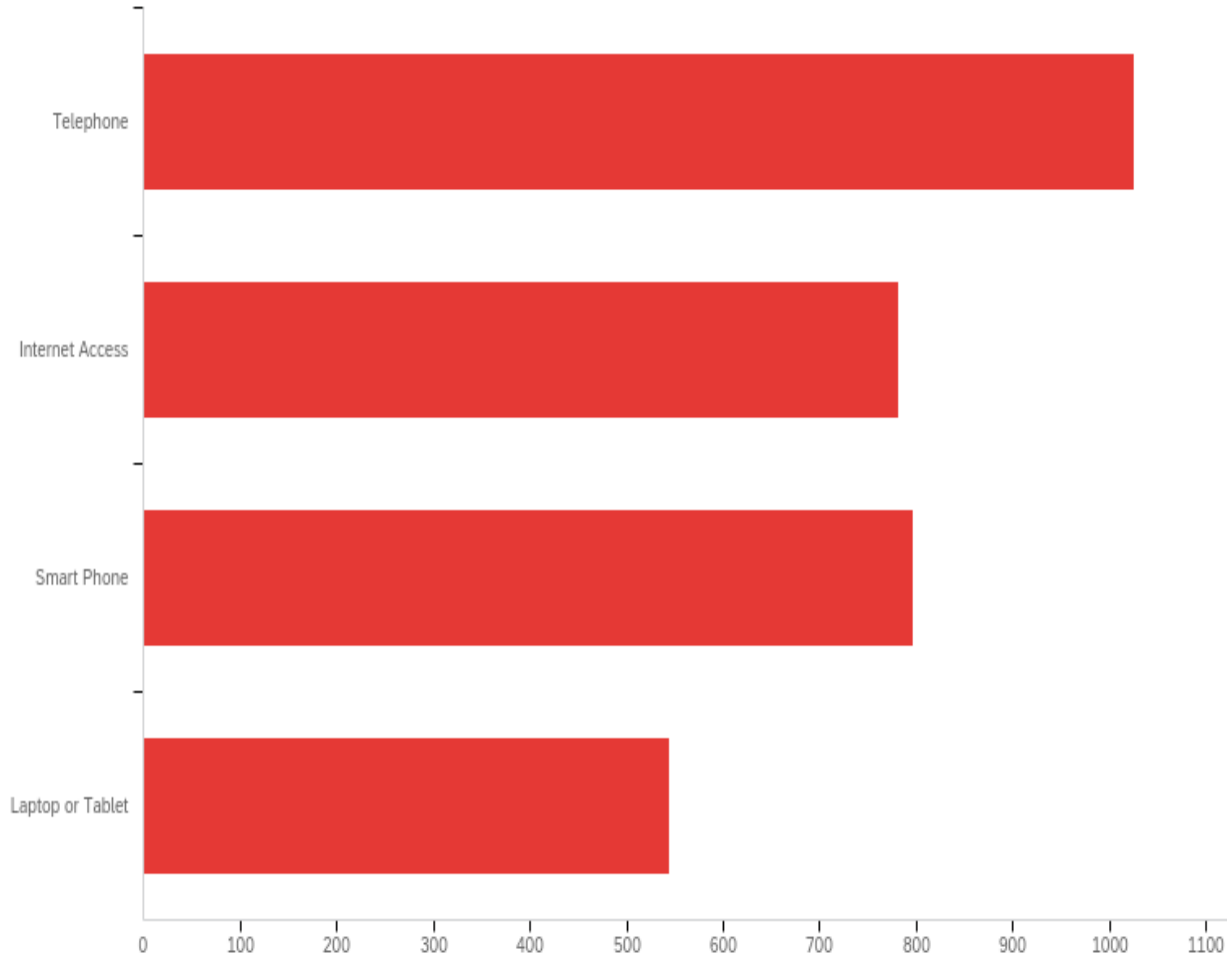
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# Q43 - Basic Needs Potentially Unmet Needs Due to COVID: Food Bank Other Questions: Grocery/Meal Delivery, Transportation, Financial, Appointments/Medication



# Q51 - Which technology tools does the member have? Check all that apply.



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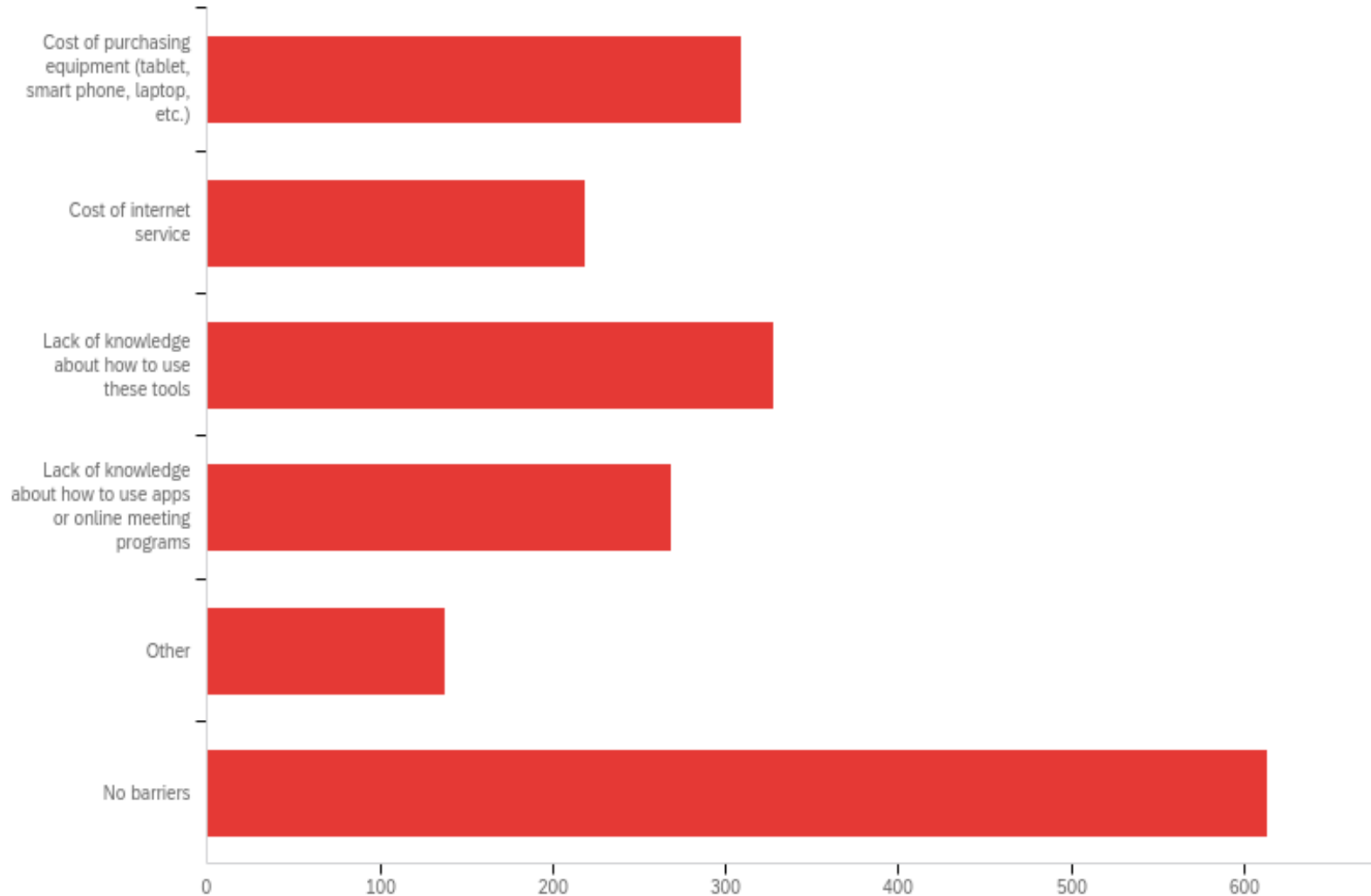
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Q51 - Which technology tools does the member have? Check all that apply.

Answer	%	Count
Telephone	32.55%	1025
Internet Access	24.83%	782
Smart Phone	25.31%	797
Laptop or Tablet	17.31%	545
Total	100%	3149



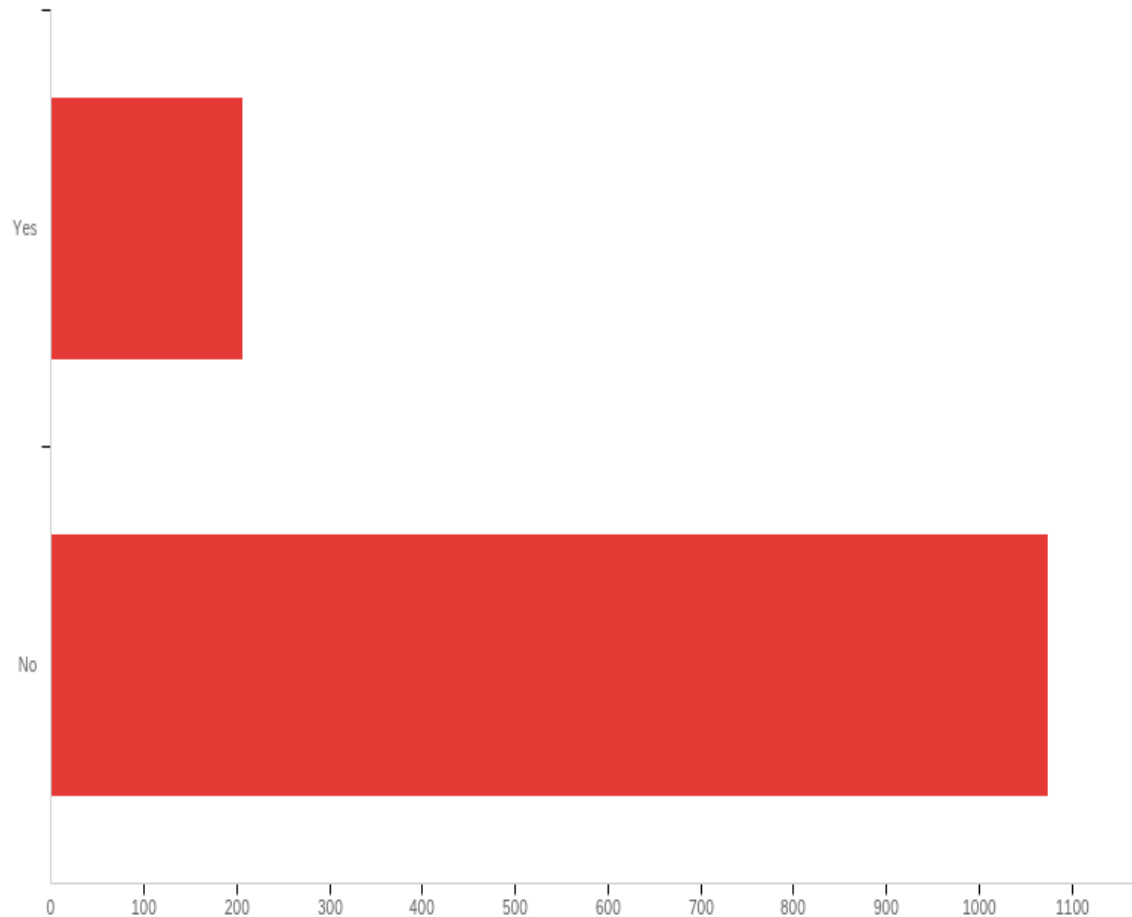
Q52 - What barriers, if any, are there to the member obtaining or using these technology tools? Check all that apply.



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Answer	%	Count
Cost of purchasing equipment (tablet, smart phone, laptop, etc.)	16.46%	309
Cost of internet service	11.67%	219
Lack of knowledge about how to use these tools	17.47%	328
Lack of knowledge about how to use apps or online meeting programs	14.33%	269
Other	7.35%	138
No barriers	32.71%	614

## Q53 - Has the Clubhouse helped you obtain any of these technology tools?

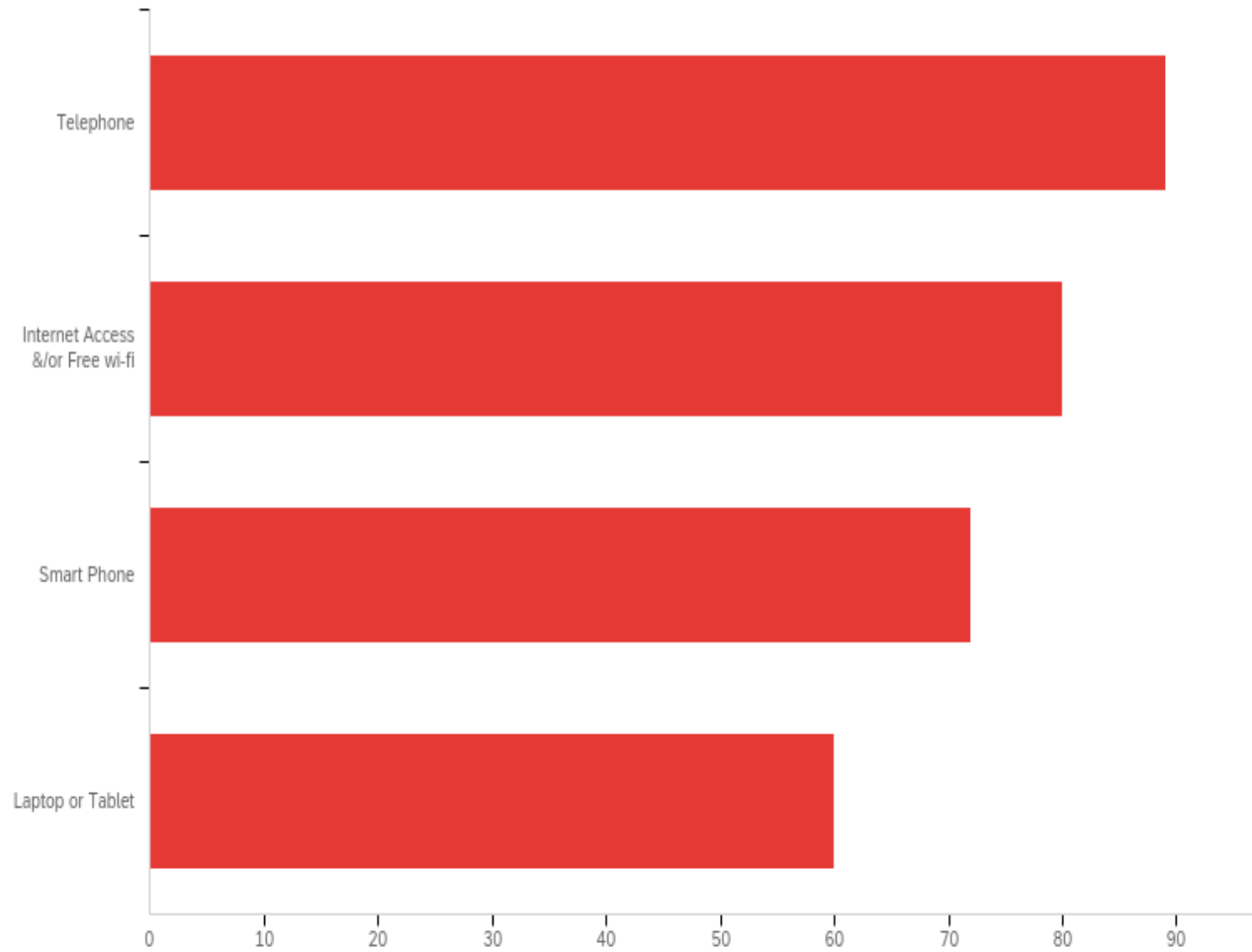


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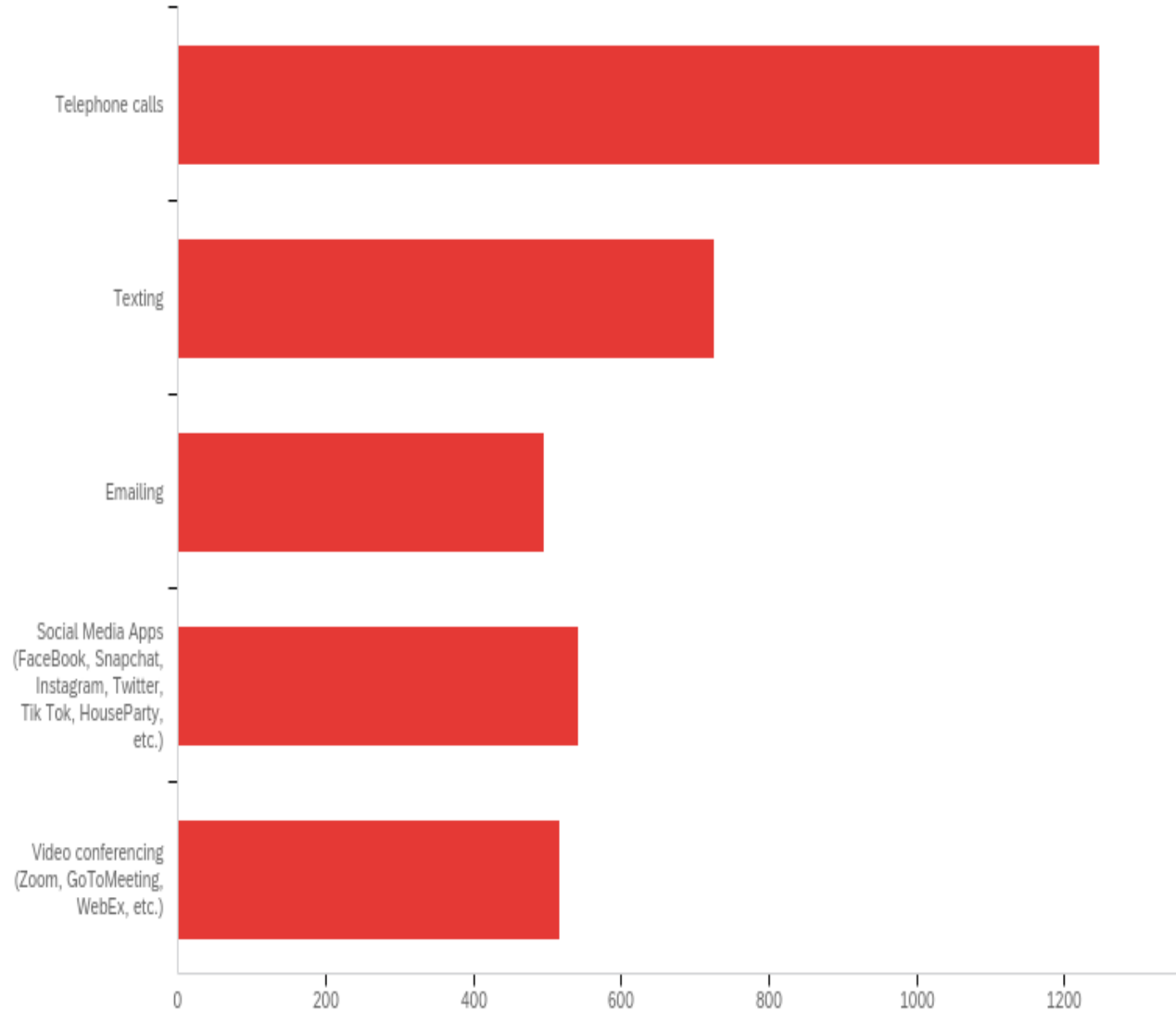
## Q54 - If yes, which tools? Check all that apply.



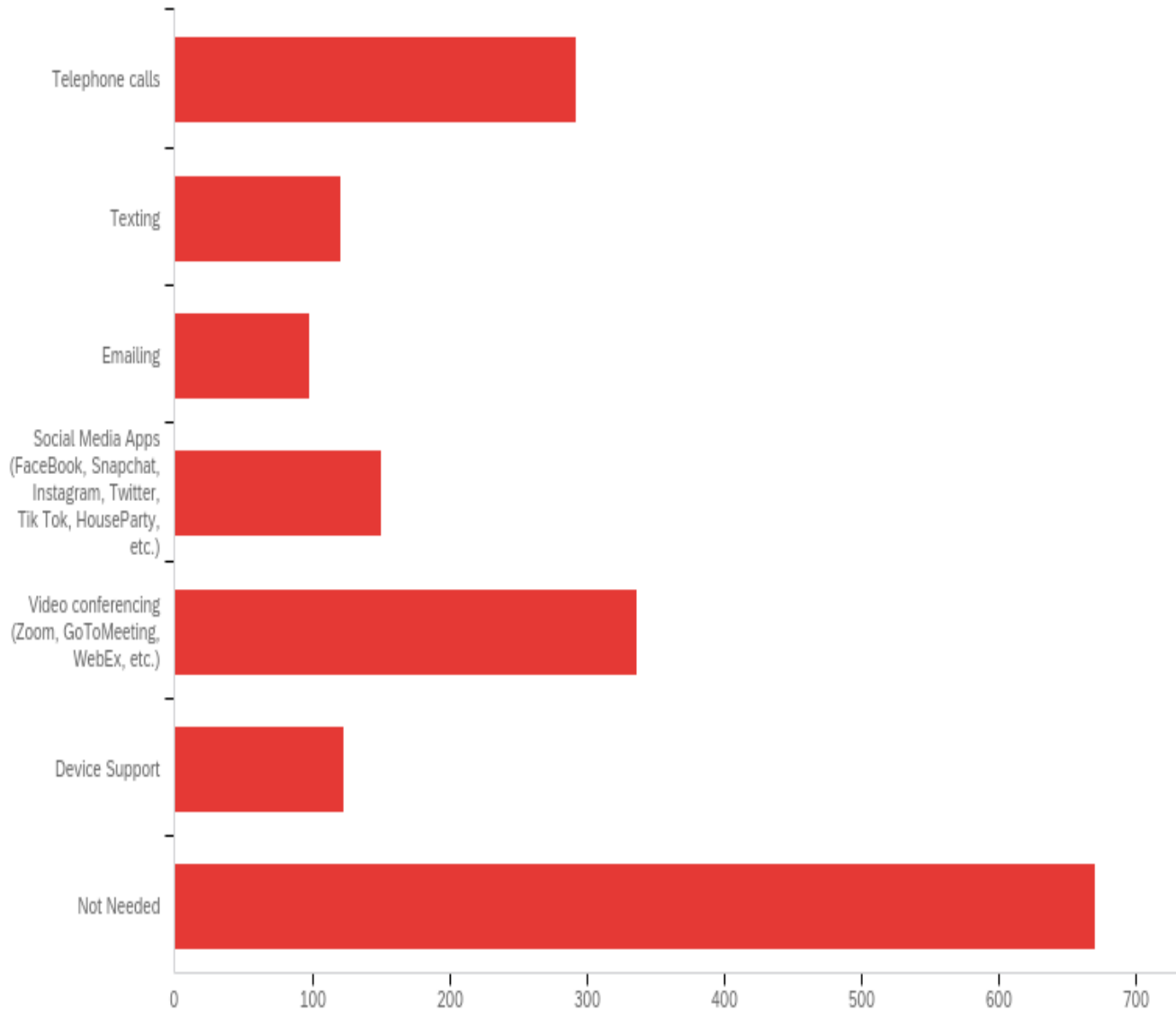
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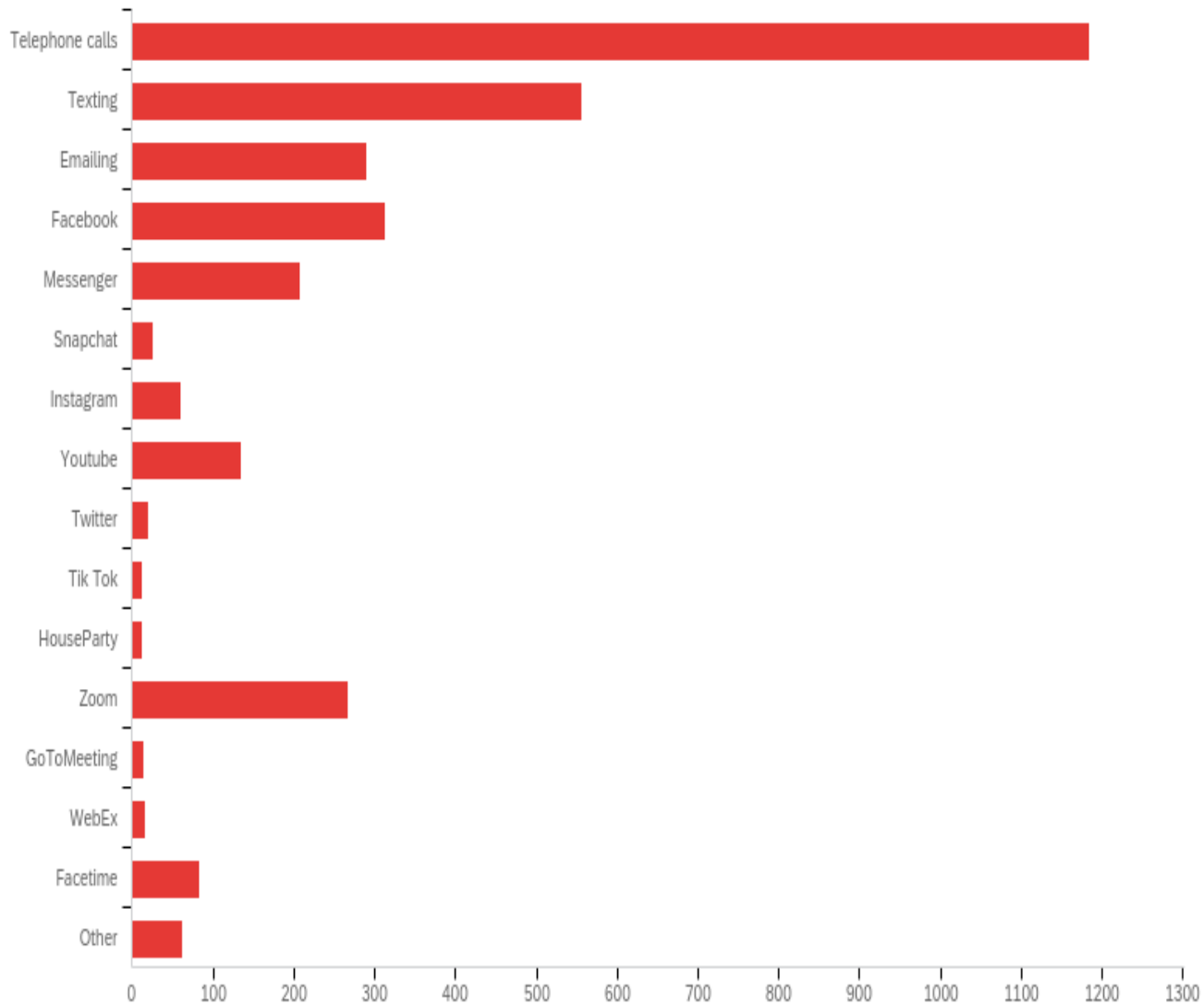
# Q56 - Which kinds of communication/contact does the member use with these tools? Check all that apply.



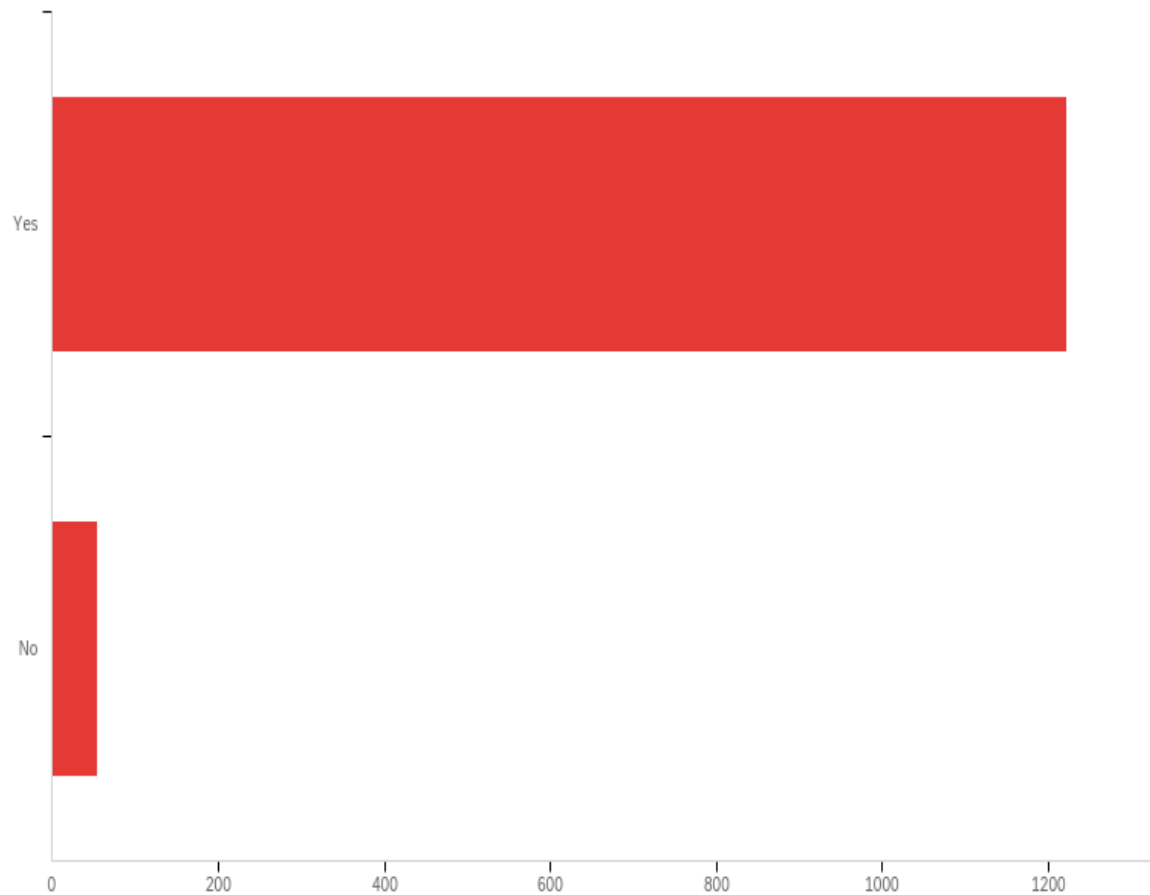
# Q72 - Did the Clubhouse provide training and/or technical assistance with using these tools? Check all that apply.



Q60 - Which of these forms of communication/information gathering does the member prefer? Check all that apply.



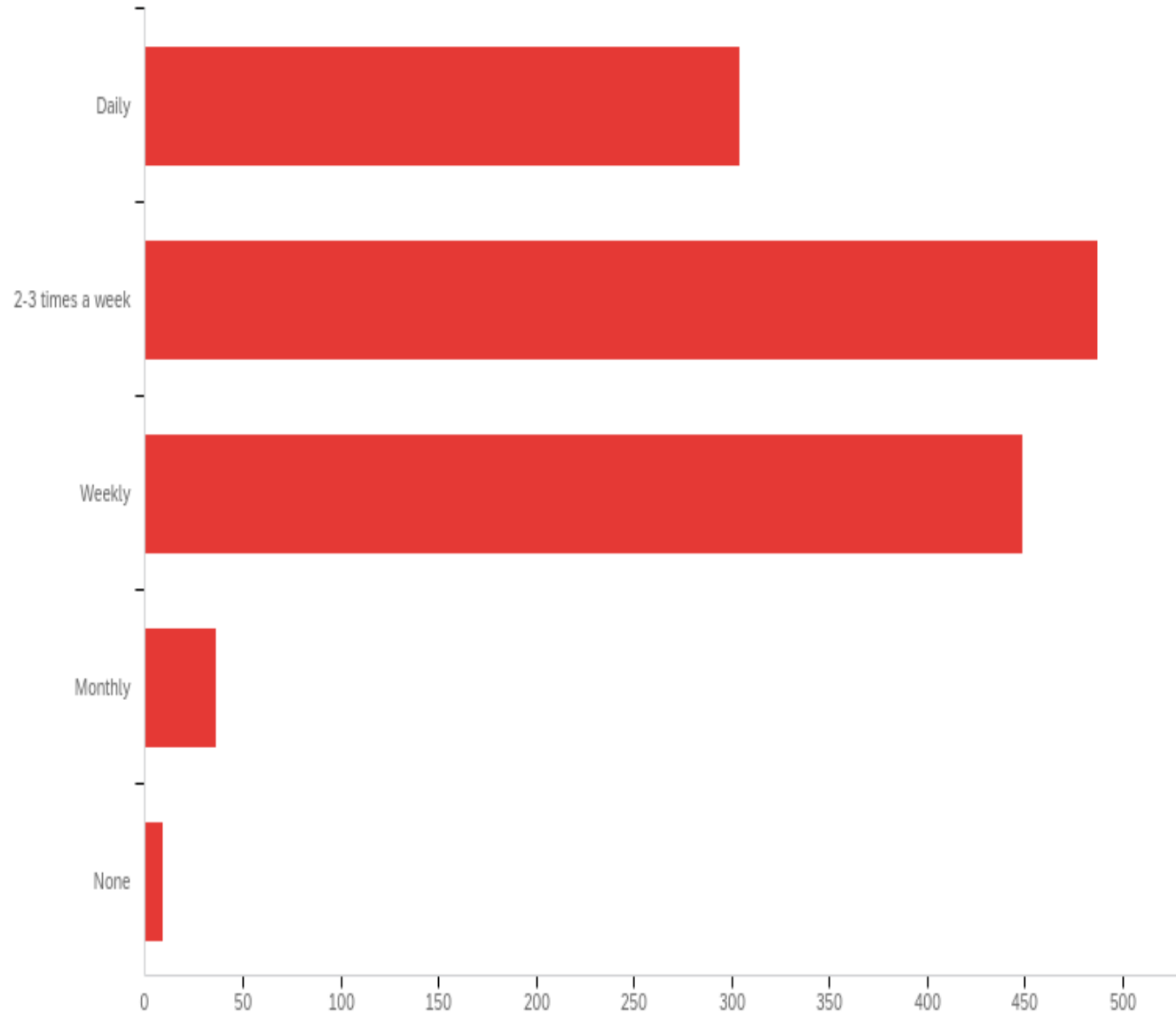
## Q62 - Phone Access: Is the member receiving enough phone contact from the Clubhouse?



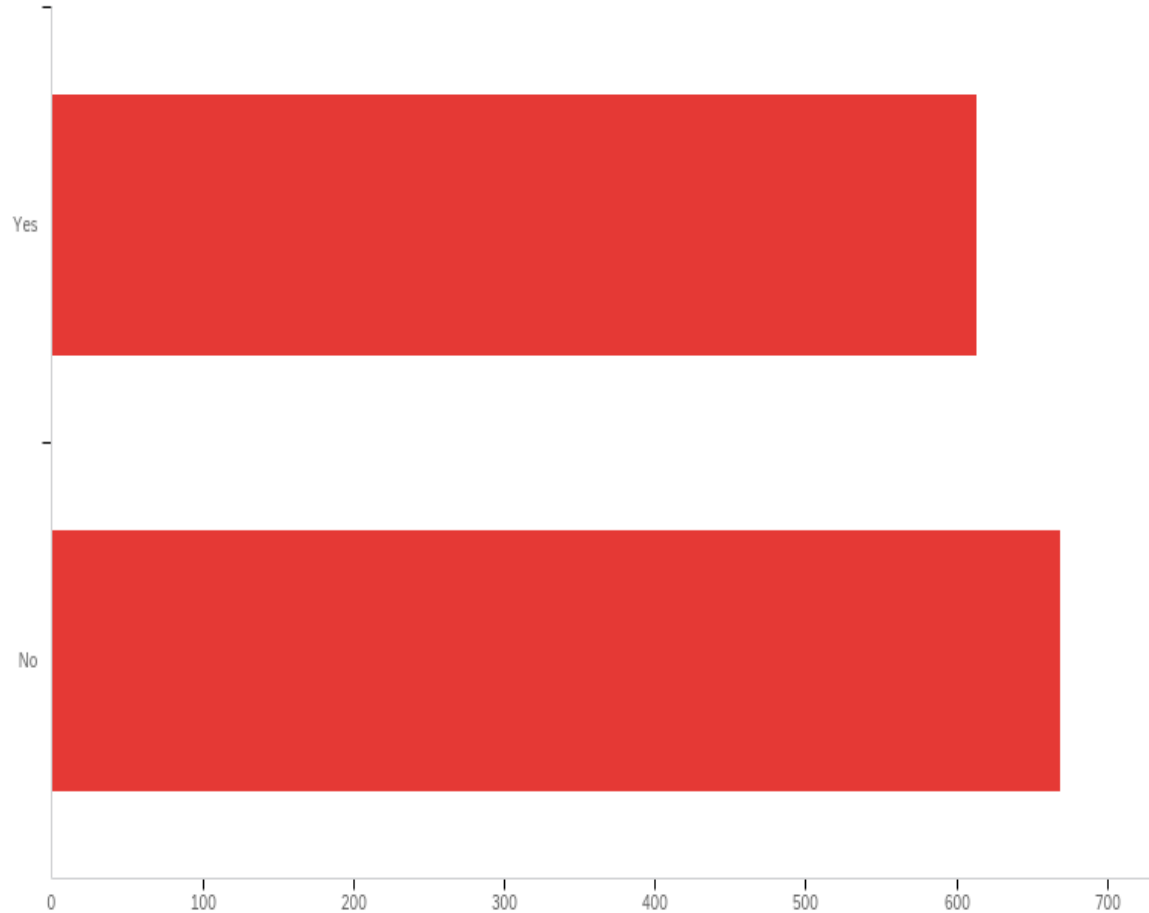
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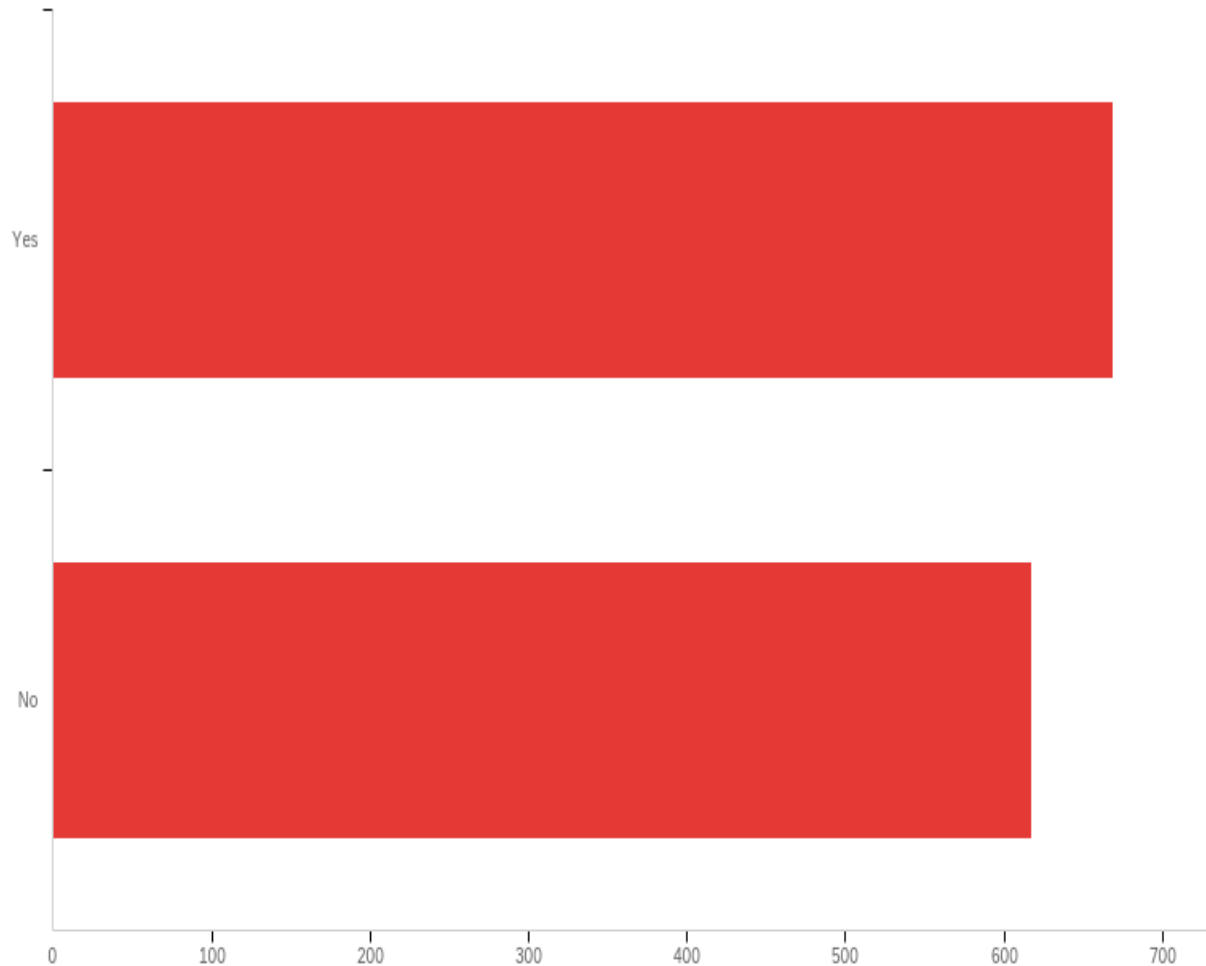
## Q63 - What frequency of phone contact does the member prefer?



# Q64 - Would the member like to have more contact from other members?



## Q65 - Does the member call other members?



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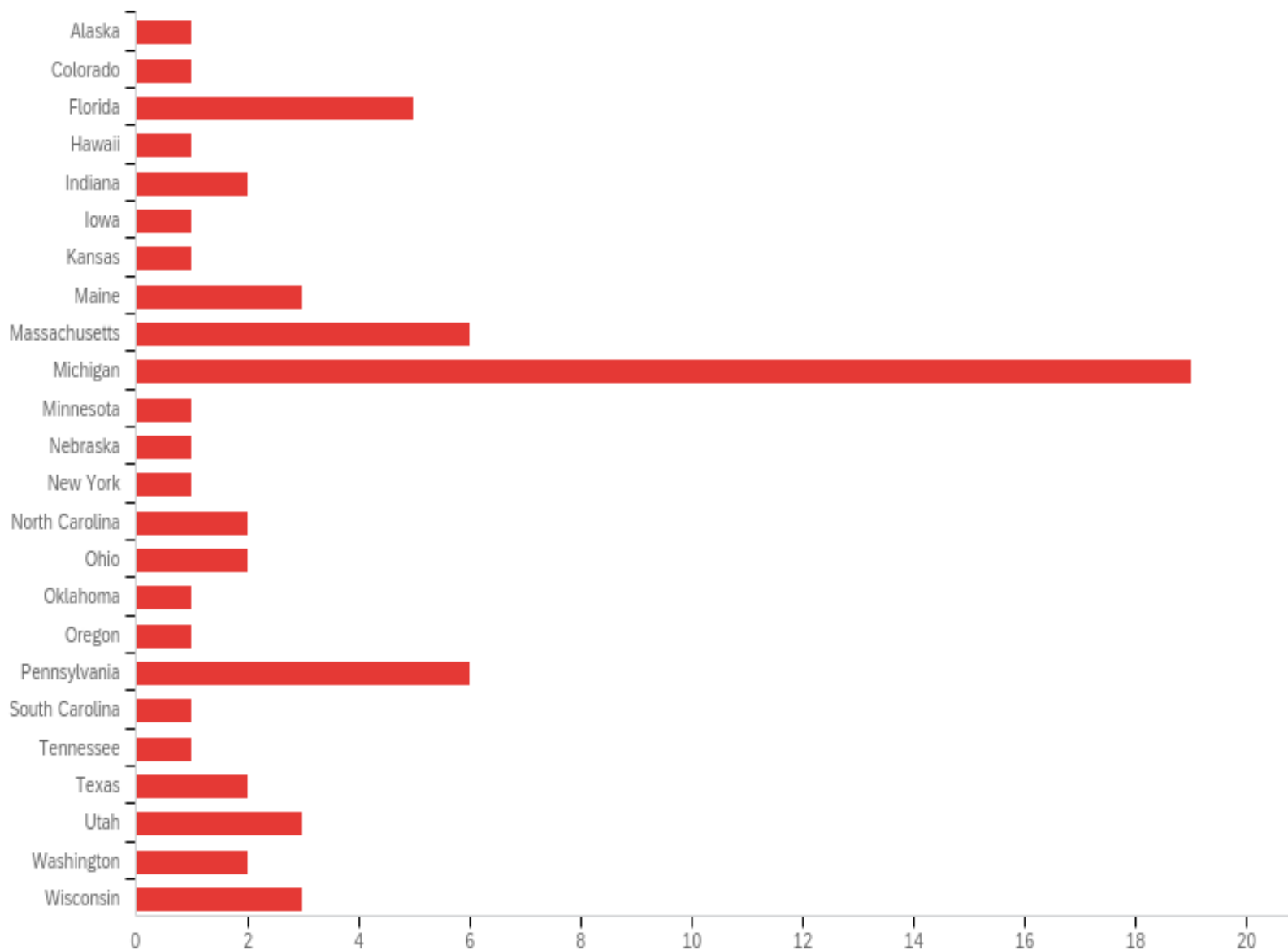
# Director's Survey

- How many inactive and new members reached
- COVID19 related illness, losses
- Staffing and Funding Changes
- Technology Used by Clubhouse

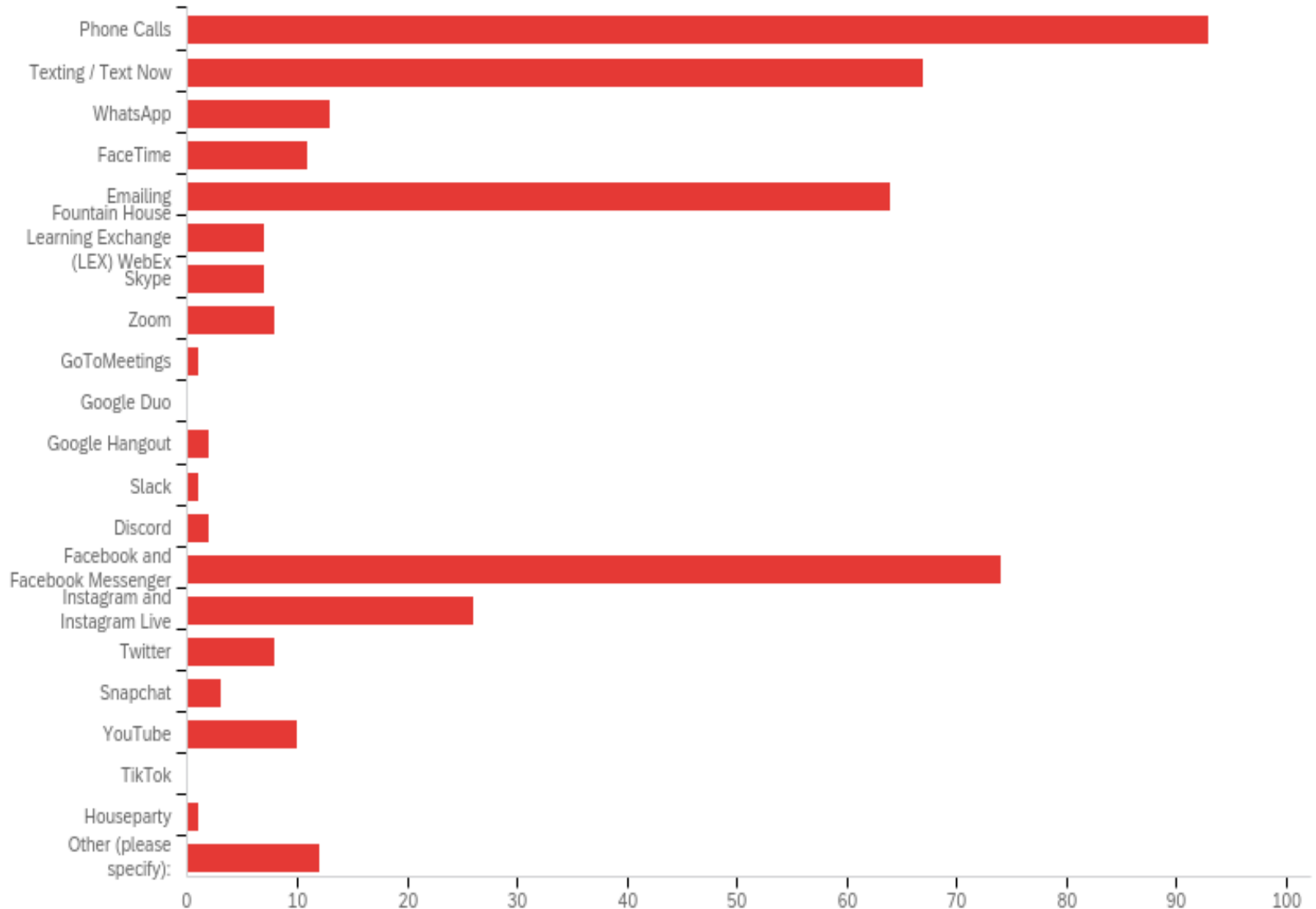
## Q2 - List of Countries

1	Afghanistan	1
2	Canada	4
3	Denmark	1
4	Estonia	1
5	Finland	2
6	France	1
7	Germany	2
8	India	1
9	Ireland	1
10	Italy	5
11	Norway	3
12	Russian Federation	
13	Sweden	4
14	United States of America	67
	Total	94

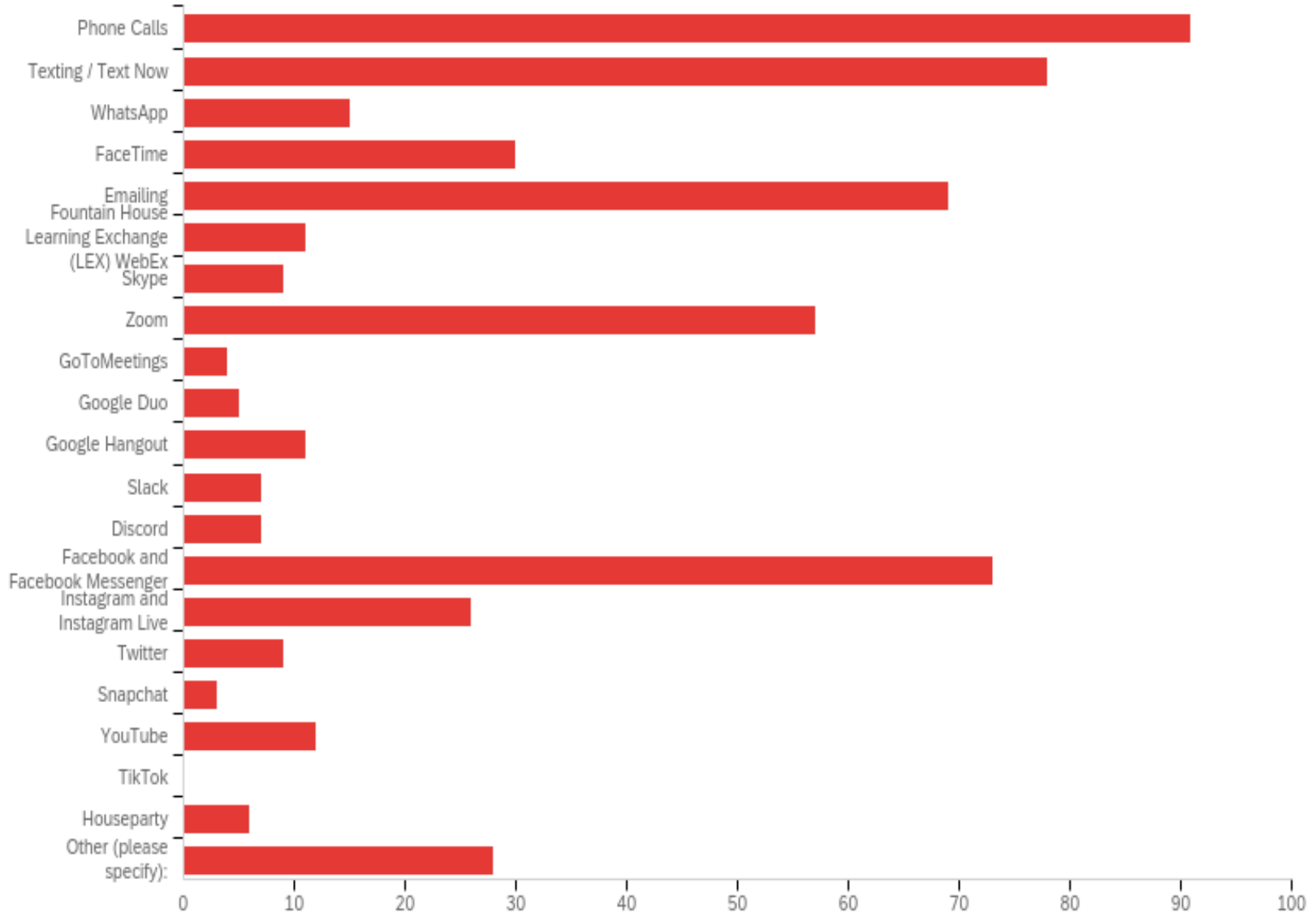
## Q54 - 50 States, D.C. and Puerto Rico



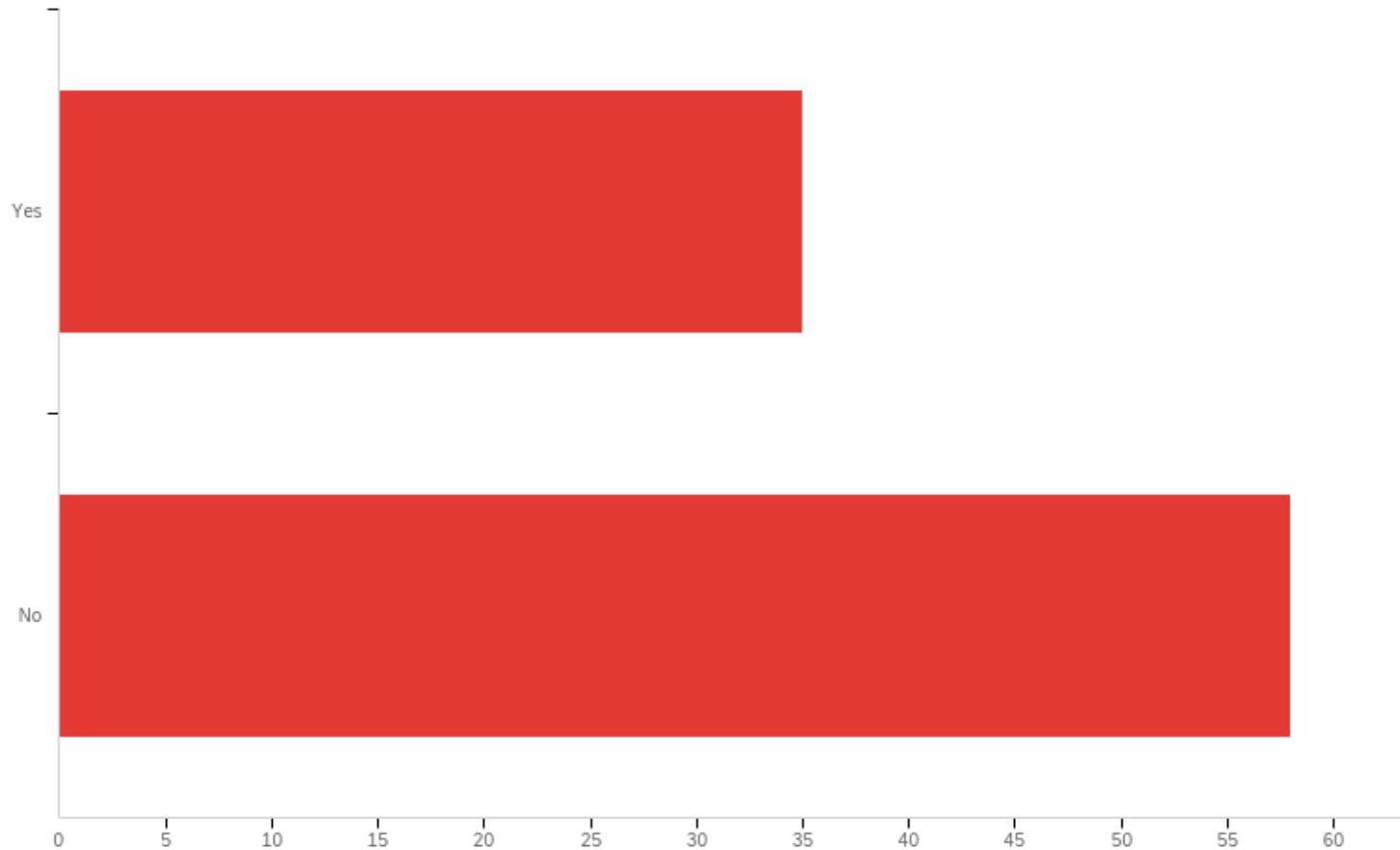
## Q8.5 - Which of the following did your Clubhouse use to communicate with members prior to COVID-19? Please select all that apply:



# Q50 - Which of the following is your Clubhouse using to communicate since COVID-19? Please select all that apply:



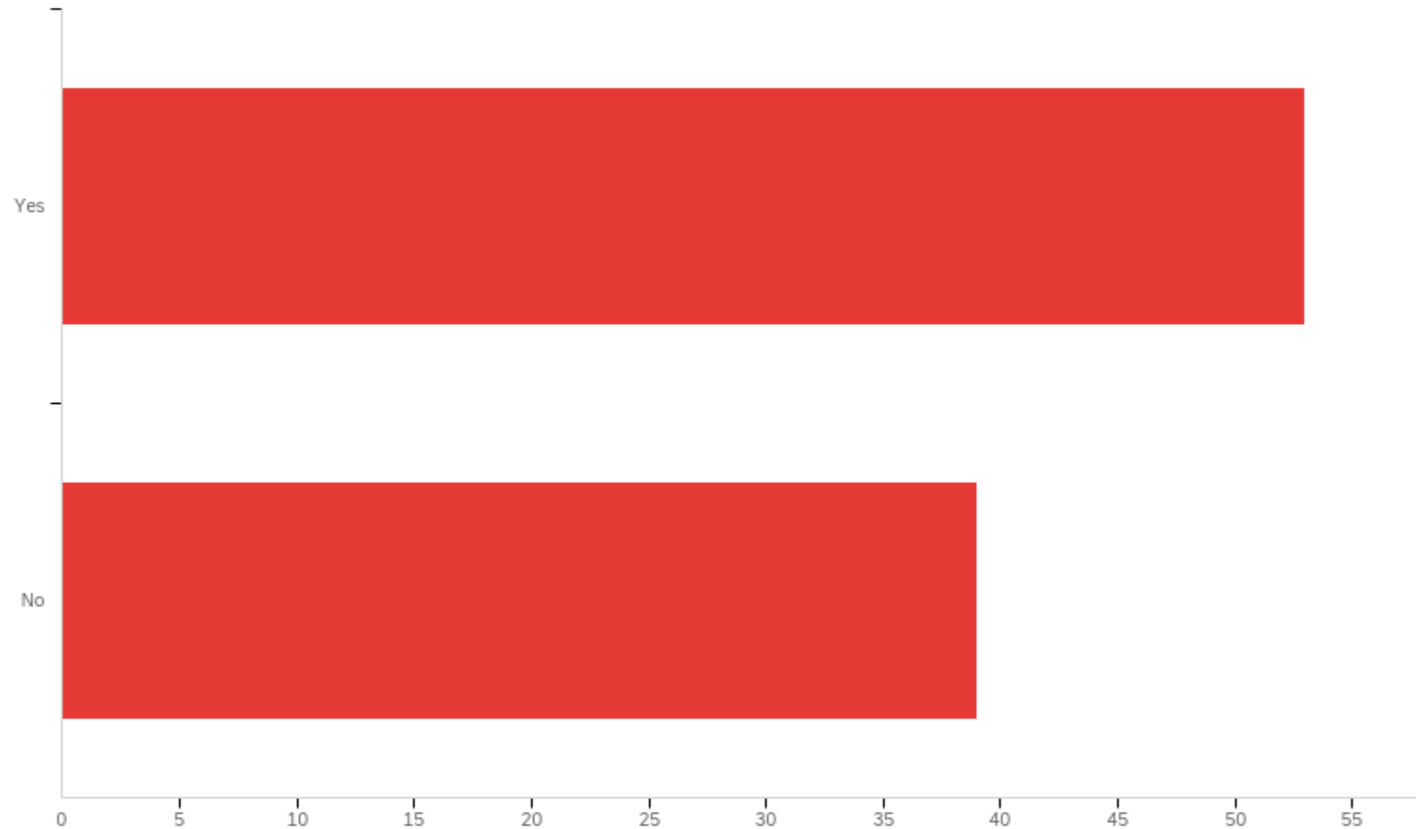
# Q13 - Has your Clubhouse lost funding during the period of COVID-19?



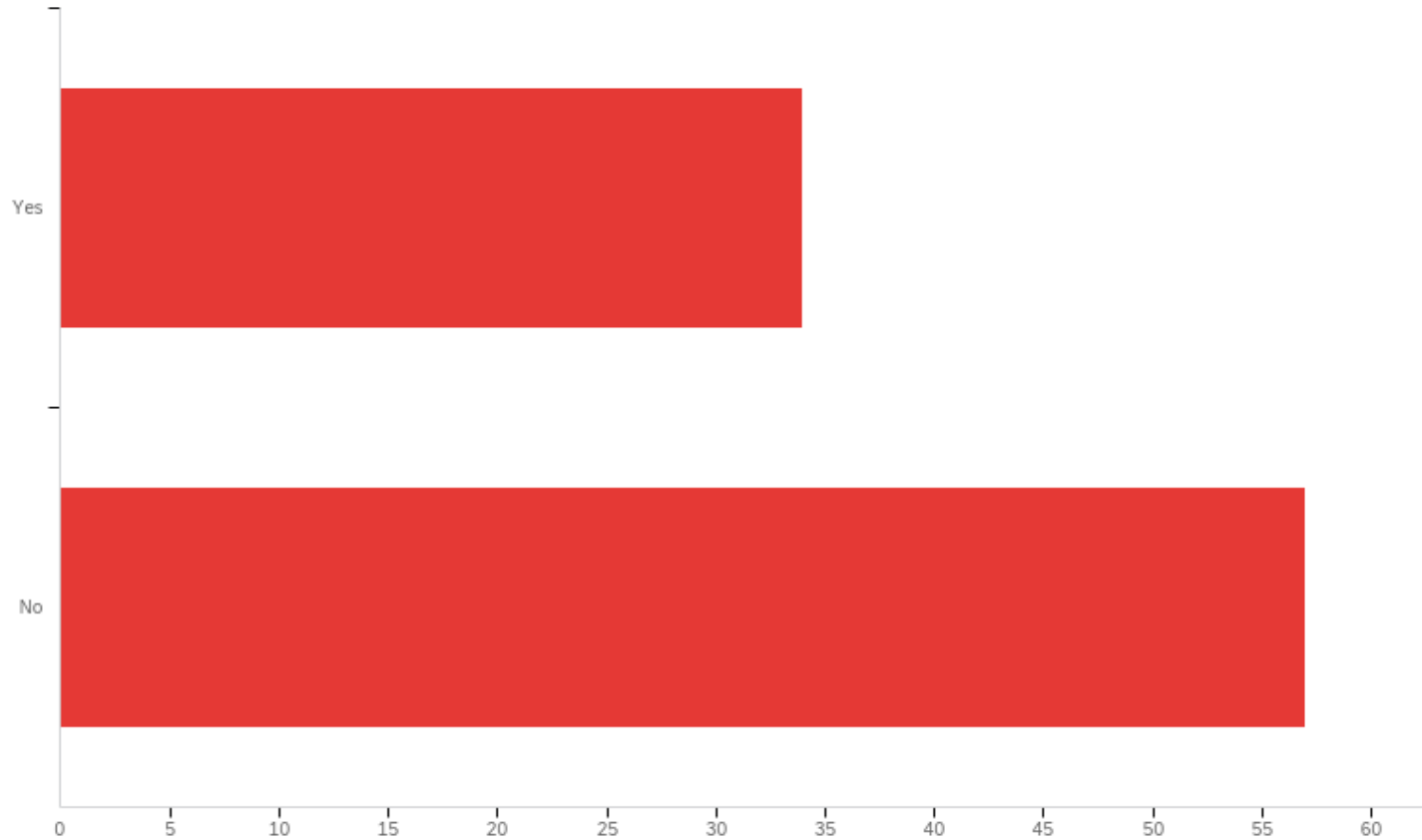
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# Q37 - Has your Clubhouse applied for funding during the period of COVID-19?



# Q39 - Has your Clubhouse received funding in response to COVID-19?

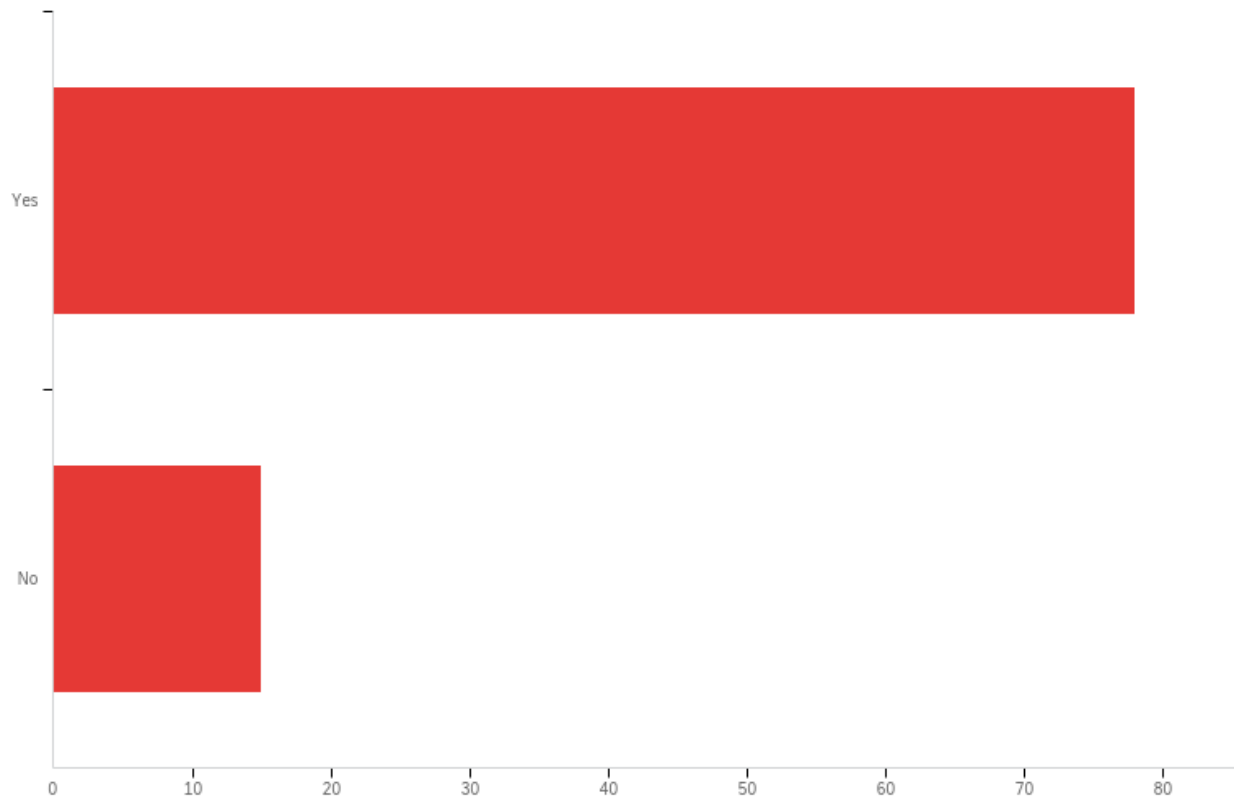


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Q16 - Has your Clubhouse connected with 'inactive' members during the COVID-19 crisis? If yes, how many? Note: Inactive members include any member who has not come into the Clubhouse at least once over the three months prior to the Clubhouse building closing.



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# Research

## Ideas for research in the future with the Survey Data

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# Open Forum

Q & A

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