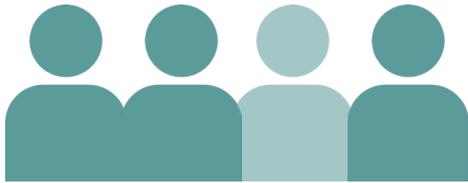


# MENTAL ILLNESS BY THE NUMBERS.

Did you know mental illness is more prevalent than cancer, diabetes or heart disease? Mental disorders are the #1 cause of disability worldwide surpassing all other illnesses.



## 1 in 4 PEOPLE

around the world suffer from mental disorders – more than cancer, diabetes or heart disease.



## 615 MILLION

people worldwide have some type of mental disorder.

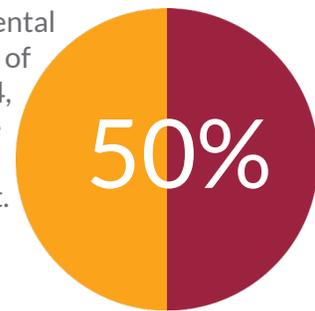


## \$2.5 TRILLION A YEAR IN COSTS

We spend \$2.5 trillion/year today (direct and indirect) on mental illness and are expected to spend \$6 trillion by 2030 worldwide. More than heart disease, cancer and diabetes.

## TEENS AT RISK

Half of those with mental disorders show signs of the disease by age 14, but it often takes more than 10 years to get treatment.



## 90 SUICIDES EVERY HOUR

Nearly 2,200 people/day (800,000/year) die by suicide—90% related to mental disorders.

## INCARCERATIONS



360,000 people with mental illness are housed in under-equipped US jails. 35,000 are in hospitals.

## INADEQUATE HEALTHCARE

Mental disorders account for 10% of the global burden of disease, and 30% of the global burden of non-fatal disease.



Only 3% of the world's healthcare budgets goes to mental health needs.

# A WORLDWIDE COMMUNITY FOR CHANGE.

**FACT:** Clubhouse International helps start and grow “Clubhouses” around the world where people living with mental illness can reclaim their lives.

**FACT:** Every day, our Clubhouses help people living with mental illness regain a respected place in society through work, education, wellness and community.

## THE PROOF

**100,000**

**PEOPLE BENEFIT**

each year from 300+ Clubhouses in 30 countries.

**42% EMPLOYMENT RATE**

achieved at Accredited Clubhouses each year vs. an average employment rate of 20% for people in the public mental health system.



**MAXIMIZING DOLLARS**

One year of holistic recovery services can be delivered to Clubhouse members for the same cost as a 2-week stay in a psychiatric hospital.

## ABOUT CLUBHOUSE INTERNATIONAL

<https://www.clubhouse-intl.org/>

*Awarded the 2014 Conrad N. Hilton Humanitarian Prize  
for extraordinary contributions toward alleviating human suffering.*

Clubhouse International has succeeded in creating something that didn't exist before: a worldwide community that is changing the world of mental health. Through local Clubhouses around the world, we offer people living with mental illness opportunities for friendship, employment, housing, education, and access to medical and psychiatric services in a single caring and safe environment—so they can recover and fully participate as valued and respected members of society.

Sources: World Health Organization; SAMHSA 2012; Clubhouse International Clubhouse Profile Questionnaire; Darkness Invisible: The Hidden Global Costs of Mental Illness, by Thomas R. Insel, Pamela Y. Collins and Steven E. Hyman, Foreign Affairs, Jan/Feb 2015 Issue; and E. Harcourt, "An Institutionalization Effect"



**Clubhouse International**  
CELEBRATING 25 YEARS | CHANGING THE WORLD OF MENTAL HEALTH

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