Did you know mental illness is more prevalent than cancer, diabetes or heart disease? Mental disorders are the #1 cause of disability worldwide—surpassing all other illnesses.

ABOUT CLUBHOUSE INTERNATIONAL

Awarded the 2014 Conrad N. Hilton Humanitarian Prize for extraordinary contributions toward alleviating human suffering.

Clubhouse International has succeeded in creating something that didn't exist before: a worldwide community that is changing the world of mental health. Through local Clubhouses around the world, we offer people living with mental illness opportunities for friendship, employment, housing, education, and access to medical and psychiatric services in a single caring and safe environment—so they can recover and fully participate as valued and respected members of society.

MENTAL ILLNESS BY THE NUMBERS.

1 in 4 PEOPLE around the world suffer from mental disorders — more than cancer, diabetes or heart disease.

615 MILLION people worldwide have some type of mental disorder.

TEENS AT RISK

Half of those with mental disorders show signs of the disease by age 14, but it often takes more than 10 years to get treatment.

$2.5 TRILLION A YEAR IN COSTS

We spend $2.5 trillion/year today (direct and indirect) on mental illness and are expected to spend $6 trillion by 2030 worldwide. More than heart disease, cancer and diabetes.

INCARCERATIONS

Mental disorders account for 10% of the global burden of disease, and 30% of the global burden of non-fatal disease.

Only 3% of the world's healthcare budgets go to mental health needs.

360,000 people with mental illness are housed in under-equipped US jails. 35,000 are in hospitals.

PEOPLE BENEFIT

Each year from 300+ Clubhouses in 30 countries.

42% EMPLOYMENT RATE achieved at Accredited Clubhouses each year vs. an average employment rate of 20% for people in the public mental health system.

One year of holistic recovery services can be delivered to Clubhouse members for the same cost as a 2-week stay in a psychiatric hospital.

FACT:

Clubhouse International helps start and grow “Clubhouses” around the world where people living with mental illness can reclaim their lives.

FACT:

Every day, our Clubhouses help people living with mental illness regain a respected place in society through work, education, wellness and community.

A WORLDWIDE COMMUNITY FOR CHANGE.

FACT: Clubhouse International and its affiliates call themselves “Clubhouses” around the world. It represents a new way of thinking and acting that is rapidly spreading to more than 100 countries. Today, there are over 1,000 Clubhouses in 100 countries.

FACT: Every year, Clubhouse International serves over one million people living with mental illness.

SOURCES

• World Health Organization
• SAMHSA, 2012
• Clubhouse International Clubhouse Profile Questionnaire, an annual survey of member Clubhouses
• World Health Organization
• Darkness Invisible: The Hidden Global Costs of Mental Illness, by Thomas R. Insel, Pamela Y. Collins and Steven E. Hyman, Foreign Affairs, Jan/Feb 2015 Issue
• E. Harcourt, “An Institutionalisation Effect”

MAXIMIZING DOLLARS

$2.5 trillion/year today (direct and indirect) on mental illness.

People who participate in Clubhouse programs see nearly 3x the improvement in employment rates compared to the public mental health system.

From every $1 invested in Clubhouse programs, $2 is returned in cost savings. 

ABOUT CLUBHOUSE INTERNATIONAL

Clubhouse International is the non-profit organization that promotes the philosophy and methods of  "Clubhouses" around the world.

Clubhouse International has been working in 100+ countries, helping people living with mental illness to lead productive lives in their communities. We create opportunities for people who are living with mental illness to take an active role in improving their communities and enhancing the quality of life for all people. We strive to bring about systemic change by fostering community participation and leadership and working toward an inclusive society.

Clubhouse International is committed to making the world of mental health truly global — ensuring that everyone, regardless of background, has the opportunity to participate in a vibrant community of clubs that are a force for change.

THE PROOF

We improve employment, education, housing, and access to medical and psychiatric services.

EACH YEAR 1 MILLION PEOPLE

1 MILLION PEOPLE BENEFIT

1 MILLION PEOPLE BENEFIT

1 MILLION PEOPLE BENEFIT

1 MILLION PEOPLE BENEFIT