THE POWER OF COMMUNITY

Clubhouse International

2018 ANNUAL REPORT
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OUR MISSION
Ending social and economic isolation for people with mental illness by growing the number and quality of Clubhouse rehabilitation programs worldwide.

OUR VISION
A world where people with mental illness recover and are an integral part of society.
DEAR CLUBHOUSE FRIENDS & FAMILY,

Community is defined as “a unified body of individuals.” Community is central to our unique Clubhouse approach to recovery engaging and helping members living with mental illness recover and live full and active lives in the community.

Drawing on the talents, energy and resourcefulness of each other, Clubhouses create opportunities for tens of thousands of people every day across five continents in more than 300 Clubhouses, creating powerful communities in the process.

It’s that community you make possible.
The Power of Community also motivates our strategic goals. Our priorities for 2018 were to grow the number and quality of Clubhouses, to improve our technology and data-gathering capabilities and to increase our government and public advocacy work. And that’s what we’ve done:

• We had 29 newly Accredited Clubhouses in 2018, and added 14 new Clubhouses overall.
• Our platform for gathering data is well underway. Funded by a grant, the new platform will become the base for future data-gathering and sharing.
• The world-renowned Lancet Commission’s report on global mental health recognized the value of our Clubhouses. You can read more about that on page 4. This is only one of many advocacy results last year.

Strengthening this power of community is only possible with your gifts of support.
Special thanks to Independence Center for allowing us to photograph The Power of Community, as demonstrated through the Colleague Training they hosted for five Clubhouses from around the world, as well as their own incredible members and staff. It’s an example of the kind of powerful community that happens every day in more than 300 Clubhouses around the world.

This year we have set an ambitious goal of expanding the number of Clubhouses worldwide by 30%, over the next three years which means thousands of additional people will have access to recovery opportunities inherent in Clubhouses. In the coming months, you will hear from us about being part of this vital life-saving effort. We hope you will join us!

To those of you who supported us in 2018, we extend to you — our donors and friends — our most sincere thanks.

You, too, are a part of the Power of Community.

Joel D. Corcoran, M.Ed.
Executive Director

Nicholas Ratut
Chair
THE POWER OF COMMUNITY IS CONNECTION

Connections happen all the time in a Clubhouse. Members connect with each other and with staff. Members connect to new jobs through employer partners in Transitional and Supported Employment Programs, as well as housing, educational, wellness opportunities and more with the support of their Clubhouse community. Clubhouses themselves connect with other providers in their cities and towns.

Clubhouse International connects as well. We work hard to be present and visible everywhere that mental health and recovery are of concern, insisting on the inclusion of the voices of people with lived experience and introducing the powerful impact of Clubhouse communities. We build partnerships.

An important highlight of our year was inclusion in the report issued in October 2018 by The Lancet Commission on global mental health and sustainable development, which cited programs “such as the U.S.’s Clubhouse... as essential components of a comprehensive response to the goal to achieve inclusion for people with serious mental disorders.”

2018 HIGHLIGHTS INCLUDE

The Hilton Prize Coalition’s Global Impact program awarded us two fellowships. The partnership underwrites the training and coaching of two Hilton Fellows for Clubhouse International, working to develop Clubhouses in Rwanda and Mongolia.

Clubhouse International partnered with Hill Day, hosted by National Council on Behavioral Health in April 2018 to advocate with federal legislators and decision-makers around the most pressing issues affecting people with mental illness in the United States.

A developing partnership with a new leading global advocacy effort, United for Global Mental Health (https://unitedgmh.org) included highlighting Clubhouse members at their meetings during the United Nations General Assembly in September.

Clubhouse International was a Collaborating Sponsor for the Healthier Longer Lives for people with serious mental illness international conference in November. The conference partners were Fountain House, WHO Center for Global Mental Health at Columbia University, CitiesRISE and Grand Challenges Canada. Clubhouse International sponsored several low income country participants in this event raising awareness and highlighting innovations and scientific advancements promoting healthcare and wellness for people with mental illness.
THE POWER OF COMMUNITY IS LEARNING

Learning is one of the most important ways Clubhouse International supports and promotes the power of community for Clubhouses everywhere. In addition to hands on, individualized training and engagement with Clubhouses, we host annual educational conferences and coordinate the training conducted by our twelve globally dispersed Clubhouse Training Bases. In 2018, we saw an increase in comprehensive training for Clubhouses and individuals trained.

### FIVE YEAR TRAINING OVERVIEW

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<td>13</td>
<td>4</td>
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<tr>
<td>Specialized Topic Training (employment, housing, work-ordered day, young adult, etc.)</td>
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<td>53</td>
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<tr>
<td><strong>TOTAL # OF CLUBHOUSE GROUPS TRAINED</strong></td>
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<td><strong>143</strong></td>
<td><strong>169</strong></td>
<td><strong>183</strong></td>
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</table>

This community of learning is essential for new Clubhouse start-up groups. In 2018 we worked with more than 50 groups in 18 countries, and 16 new Clubhouses opened and joined the network of Clubhouse International.

### NEW CLUBHOUSES IN 2018

- Capital Clubhouse, Washington DC, USA
- Detroit Hope Clubhouse, Detroit, MI, USA
- Empowerment Clubhouse, Marin City, CA, USA
- FHR Anchor House, New Bedford, MA, USA
- Fontenehuset Rygge, Moss, NORWAY
- Greenwood Place, Greenwood, SC, USA
- Hope Fort Bend Clubhouse, Richmond, TX, USA
- House of Dreams, Menominee, MI, USA
- Infinity House, Terre Haute, IN, USA
- Iris Clubhouse, Casper, WY, USA
- Outlook, Coldwater, MI, USA
- Rainbow Connection, Flint, MI, USA
- Seattle Clubhouse, Seattle, WA, USA
- Stiftelsen Fontenehuset Baerum Sandvika, Baerum, NORWAY
- Vincent House Hernando, Spring Hill, FL, USA
- Wasatch House, Provo, UT, USA
We conducted three New Clubhouse Development Trainings (Wichita KS, Greenville SC and Stockholm, Sweden). We were excited to welcome a start-up group from Louisiana — a state without a Clubhouse — to training in 2018, as well as four start-up groups from the Swedish cities of Falun, Ystad, Linköping and Varberg.

We have expanded our video training offerings for Clubhouse members and staff everywhere, and in partnership with our training bases, we are currently developing pilots for web-based trainings for ongoing education for the Clubhouse network. The first topics include wellness, outreach and new member orientation.

More than 300 registrants joined us in Washington D.C., October 14-16, 2018 for the USA National Clubhouse Conference. The conference had an emphasis on state and national advocacy efforts to demonstrate the effectiveness of the Clubhouse approach to psychosocial rehabilitation along with educational workshops and presentations focused on strengthening key aspects of the Clubhouse model, such as employment, education, promoting healthy lifestyles, etc. The conference featured Clubhouse friend and United States Senator Chris Van Holland (D-MD), Tom Henry, Mayor of Fort Wayne, IN, and Michael Petruzzelli, Manager, Policy & Advocacy, National Council of Behavioral Health, and Hannah Wesolowski, Director Field Advocacy for USA National Alliance on Mental Health to discuss how to effectively convey our message to local, state and national decision-makers. While in the Washington D.C. area many participants visited the offices of their congressional representatives to advocate for Clubhouses and people living with mental illness.

Our newest Training Base, Fountain House Oslo, conducted its first training in 2018.

In November we hosted the European Clubhouse Conference with 220 participants from 14 countries. In Europe, the Clubhouse model has been showcased in a variety of different Mental Health Forums (e.g. Mental Health Europe, World Health Organization, World Association of Psychosocial Rehabilitation). Clubhouse International is an active participant in this effort through the Clubhouse Europe board of directors and advocacy committee.

176 TRAININGS IN 2018 REPRESENT 439 CLUBHOUSE COLLEAGUES TRAINED

“Mental illness doesn’t discriminate. Not through race, gender, culture or even economic class. You never know when it might affect you or one of your loved ones. At my Clubhouse, there are no obvious distinctions among us, there are no judgments. Staff and members blend in and work together using our own talents to create opportunities... opportunities that I never dreamed I would have in my life!”

— ANNA ROMANO | GATEWAY HOUSE, USA
THE POWER OF COMMUNITY IS **QUALITY**

If there’s one word we want people to think of when they think of Clubhouse International, it’s quality.

Clubhouses are successful because of the development of and adherence to best practice standards. The program criteria and methodology used at all Clubhouses is established by the [International Standards for Clubhouse Programs™](https://www.clubhouse.org/standards) (Standards) which define the Clubhouse Model of psychosocial rehabilitation and are consensually agreed upon by the worldwide Clubhouse community. The Standards are the values declaration of the Clubhouse model. They are updated through a transparent and participatory process every two years. Clubhouse International’s training curriculum and accreditation programs are anchored in the Standards.

Accreditation is a testament to rigorous application of the Standards and an indication of a commitment to excellence by a Clubhouse. We continue to emphasize the importance of Accreditation for continuing quality improvement at Clubhouses everywhere. Accredited Clubhouses have a higher number of referrals; a higher average daily attendance, active and total membership; and offer more robust support for employment, education and healthy lifestyles. We had a record number of Clubhouses participate in 2018.

### FIVE YEAR ACCREDITATION OVERVIEW

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<thead>
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<th>2015</th>
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<td>Accreditations in Australia</td>
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<td>1st time Accreditation in Country</td>
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<td><strong>TOTAL MEMBER CLUBHOUSES</strong></td>
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<td>333</td>
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<td><strong>TOTAL ACCREDITED CLUBHOUSES</strong></td>
<td>150</td>
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<td>225</td>
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* We removed 59 programs from our directory due our new policy of requiring accreditation after four years of membership. We expect more than half will achieve accreditation in the next few years and return to our directory.
“It is at my Clubhouse that I regained the human dignity that I had lost during my mental crisis in the eyes of many, including my relatives. Each day spent at the Clubhouse taught me that a person with a mental condition could give something of value to the House and its members.

All of this is possible thanks to the Clubhouse Standards. Their observance has a positive effect on the relations between staff and members. I am proud and happy to have taken an active part in everyday life of the Clubhouse for so many years. I know that every member has a talent that may be put into life in our community so that the time spent here be lost not. I am glad to use my talents in the everyday life of the Clubhouse.”

— KRZYSZTOF SOKOŁOWSKI
WARSAWSKI DOM POD FONTANNA, POLAND

2018 HIGHLIGHTS INCLUDE

We developed and disseminated Wellness Guidelines to all member Clubhouses and began developing wellness and healthy lifestyles training curriculum and materials.

The Clubhouse Profile Questionnaire was disseminated internationally and collected again in 2018. The results are being aggregated as of this printing.

We had 29 Newly Accredited Clubhouses, including the first (ever) Accredited Clubhouse in New Jersey, 13 newly Accredited Clubhouses in Michigan, and the first (ever) Accredited Clubhouses in Argentina and Taiwan.

We extended the focus of the Clubhouse wellness effort to our Accreditation process, including a comprehensive investigation of each Clubhouse’s wellness efforts as part of the self-study component of the Accreditation process. Wellness played an important and visible part of our US National Conference, with a half-day Wellness Institute that featured Wellness work from the Sally and Howard Levin Clubhouse, Pittsburgh PA; Spirit Crossing Clubhouse, Fort Collins CO; Independence Center, St. Louis MO; Bellevue Clubhouse, Bellevue WA.
THE POWER OF COMMUNITY IS RECOVERY

Everything we do — throughout the Clubhouse network at the local Clubhouse level, through state and regional coalition work, and at Clubhouse International — is about making recovery possible for Clubhouse members everywhere.

We know anecdotally that Clubhouse programs work because of the hundreds of Clubhouse member stories we hear each year. But importantly, a growing body of evidence proves the Clubhouse model works.
CLUBHOUSE COMMUNITIES MAKE A DIFFERENCE WITH:

• Better employment results: Longer on-the-job tenure is found to be highly correlated with Clubhouse attendance. Studies have shown that the Clubhouse model results in longer job tenure (median of 199 vs. 98 days) and higher earnings (median of $3,456 vs. $1,252) during the employment period than other mental health programs.¹

• Reduced hospital stays: Clubhouse membership has been shown to cut the number of hospitalizations by one-third and the average number of hospital days per year by 70%.²

• Reduced incarcerations during and after Clubhouse membership, thus cutting incarceration costs between of $20,000-$65,000 per inmate per year.³

• Better physical and mental health: A recent study suggests that service systems like Clubhouses that offer ongoing social supports enhance mental and physical health by reducing disconnectedness.⁴

• Receive cost effective support: The annual cost of Clubhouses ($3,684) is estimated to be one-third of the cost of the Individual Place and Support (IPS) model with Vocational Rehab ($13,376); about one-half the annual costs of Community Mental Health Centers ($6,818-$8,661); and substantially less than the Assertive Community Treatment (ACT) model ($11,668).⁵


“During those difficult years, my suffering was immeasurable. But my Clubhouse has given me my life back. They believed in me when I had stopped believing that there was any hope, or that recovery was possible. Today, my Clubhouse is my second family. I know I will be OK, and that there is hope. When things get hard, and I start to lose my way, I know that my Clubhouse friends and colleagues will hold me up until I feel strong again. I am so grateful to have a place like Citiview Connections Clubhouse, where I will always belong.”

— TINAMARIA REVELO | CITIVIEW CONNECTIONS, USA
**THE POWER OF COMMUNITY IS CARING**

Funders, donors and friends demonstrate the caring that makes our community so powerful with their gifts of support. Clubhouse International relies on the generosity of hundreds of individuals, corporations and foundations to make our mission possible. Our special thanks to those who support us and make our work possible.

The following reflects gifts received in calendar year 2018. Our apologies for any errors or omissions. Please contact us at 212.582.0343 for any corrections that may be needed.

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<td>The Laura B. Vogler Foundation, Inc.</td>
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*Deceased

“A Clubhouse is a place where they let you dream. Even more, they empower you to be able to dream. A Clubhouse helps you to take the power back over your own life.”

— ORSI RÉKA FEKETE | FONTENEHUSET, OSLO, NORWAY
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Steven Purowitz
Steve Rathmanner
Tamar Resnick
Bill Rice
Janice S. Roddenbery
Anna & Kamal Rountree
Laurence P. Rubinow

IN HONOR OF ROBBY VORSPAN LYNCH
Tamar Resnick

IN HONOR OF ALEXIS PRESTON
Val Preston

IN HONOR OF NICHOLAS & KRISTINA RATUT
Dorothy Jordan & David Ferber
David Weinstein

MEMORY OF JUDITH GARTNER
Laurence P. Rubinow

IN HONOR OF JULIA SCOTT
Catherine Scott & James P. Resor

IN MEMORY OF GAIL TOBY
Jackson Toby

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Arnold & Associates Limited
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The K Foundation
Mental Health & Addiction Network
Network for Good
NY Gives — Human & Civil Rights
Organizations of America Charitable Fund
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Jodie Bargeron
Manuel Barreira
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Candace Concoran
Walter Cunningham
Lori D’Angelo
Eric M. Dunphy
Magally B. Figueroa
Susan Finkelstein
David & Kathleen Fischhoff
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Maarten Vandersoons
Bryan Wang
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Susan Meyer Wickell
Ambassador Frank Wisner
A. Baker Woolworth Jr.
Christopher Yates
Dana M. Yatsko
Jack & Janece Yatsko
Our commitment to the people with mental illness we serve requires us to steward our finances with diligent management and oversight. Our Board of Directors made the strategic decision to invest some of our accrued resources in investments in technology and staffing to help us reach our longterm organizational goals.

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<td>$159,967</td>
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<td>$337,900</td>
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<tr>
<td>Program Service Fees</td>
<td>$283,839</td>
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<td>$283,839</td>
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<td>Conferences</td>
<td>$332,793</td>
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<tr>
<td>Interest</td>
<td>$14,898</td>
<td>$4,121</td>
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<tr>
<td></td>
<td>$14,898</td>
<td>$4,121</td>
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<tr>
<td>Other</td>
<td>$1,247</td>
<td>$1,247</td>
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<tr>
<td>Net assets released from restriction</td>
<td>$274,769</td>
<td>$242,516</td>
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<tr>
<td></td>
<td>($274,769)</td>
<td>-$242,516</td>
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<tr>
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<tr>
<td>Total Support &amp; Revenue</td>
<td>$1,689,533</td>
<td>$1,719,885</td>
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<td>$187,231</td>
<td>-$230,516</td>
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<td>$1,876,764</td>
<td>$1,488,672</td>
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| EXPENSES                       |                          |                          |
| Program                        | $1,602,298               | $1,312,495               |
|                                | $1,602,298               | $1,316,495               |
| Administration                 | $68,192                  | $37,803                  |
|                                | $68,192                  | $37,803                  |
| Fundraising                    | $271,110                 | $103,568                 |
|                                | $271,110                 | $103,568                 |
| Total                          | $1,941,600               | $1,453,866               |
|                                | $1,941,600               | $1,457,866               |

<table>
<thead>
<tr>
<th>INCREASE/DECREASE IN NET ASSETS</th>
<th>2018</th>
<th>2017</th>
</tr>
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<tbody>
<tr>
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<td>JANUARY 1 - DECEMBER 31, 2018</td>
<td>JULY 1 - DECEMBER 31, 2017</td>
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<td>Net Assets, beginning of year</td>
<td>$1,171,646</td>
<td>$906,324</td>
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<td>$159,362</td>
<td>$389,878</td>
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<td>$1,331,008</td>
<td>$1,296,202</td>
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<tr>
<td>Net Assets, end of year</td>
<td>$919,579</td>
<td>$1,171,646</td>
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<td>$346,593</td>
<td>$159,362</td>
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<td>$1,266,172</td>
<td>$1,331,008</td>
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</table>
FACULTY LISTING

We wish to acknowledge the dedication, work and support given to Clubhouse International by our twelve Clubhouse Training Bases, Accreditation Faculty, Clubhouse Advisory Council and The Program for Clubhouse Research at University of Massachusetts Medical School.

Anita Anderson, High Hopes, USA
Nanne Barkdull, Elkhart County Clubhouse, USA
Raj Basabathini, Fountain House, USA
Mark Benson, Yahara House, USA
Ralph Bilby, Clubhouse International, USA
Sally Bissada-Lassiter, Gateway, USA
Serge Blasberg, Grand Ave. Club, ISRAEL
Andrew Borntrager, Elkhart County Clubhouse, USA
Dagmar Brooks, Genesis House MI, USA
Natalie Brown, Spirit Crossing Clubhouse, USA
Mark Buchanan, Clubhouse of St. Joseph County, USA
Annette Callow, Flourish House, SCOTLAND
Peace Cambria, New Reflection House, USA
Jenn Cardenas, Austin Clubhouse, USA
Michelle Chow, Ko’olau Clubhouse, USA
Karen Christ, Genesis Club, USA
Agneszka Christiansen, Fontænehuset Frederikshavn, DENMARK
Harry Cook, Crossroads Clubhouse, USA
Louise Coonagh, Suaimhneas Clubhouse, IRELAND
Matthew Cox, Club Nova, USA
Susan Crouch, Forge Ahead Clubhouse, USA
Walt Cunningham, Genesis Club, USA
Lori D’ Angelo, Magnolia, USA
Lisa Dembrosky, Wellspring Clubhouse, USA
Jak Dennison, Canefields Clubhouse, AUSTRALIA
Carmel Doyle, Platinum Clubhouse, IRELAND
Lotta Eriksson, Pelaren, FINLAND
Sissi Ervasti, Pioneer Clubhouse, AUSTRALIA
Pete Estrader, Independence, USA
Paula Fisher, Crossroads, USA
Patrick Fitzpatrick, Platinum, IRELAND
Danniele Ford-Allen, Neponset River House, USA
Maureen Gill, Elkhart County Clubhouse, USA
Laureen Gilroy, Frontier House, USA
Kailey Frieder Gohlke, HERO House, USA
Danielle Goodwin, The Lighthouse Clubhouse, USA
Käre Gruner, Fontenehuset i Oslo, NORWAY
Criss Habal-Brosek, Progress Place, CANADA
Michael Hamlin, Fountain House, USA
John Hayes, Carriage House, USA
Jennifer Higginbotham, Independence Center, USA
Erica Horn, California Clubhouse, USA
Jan Henrik Jarto, Fontenehuset Oslo Øst, NORWAY
Mikael Jensen, Fontenehuset Frederikshavn, DENMARK
Amy Kirkpatrick, Capital House, USA
Aki Latinen, Ita-Helsinki/ Helsingin Klubitalo, FINLAND
Carrie Lemos, Unlimited Solutions Clubhouse, USA
Audrey Levine, Fountain House, NY, USA
Paula Loija, Helsingin Klubitalo, FINLAND
Dave MacDonald, Pathways, CANADA
Amber Mackay, Alliance House, UTAH
David Malatesta, Fontenehuset Oslo, NORWAY
Mark Maragnano, Hillsgrove House, USA
Robert McCafferty, Suaimhneas, IRELAND
Sue McNamara, Evergreen Club, USA
Rich Meyer, Elkhart County Clubhouse, USA
Marco Mino, Independence Center, USA
Freddy Morello, Vincent House Pinellas Park, USA
Beth Mulcahey, The Greenhouse Center, USA
Mary Murtaugh, USA
Annalug Nielsen, Fontenehuset Hönefoss, NORWAY
Leena Niemi, Imatran Finland, FINLAND
Ruth Østrem, Genesis Club, USA
Elisabeth Padilla, Latnern House, USA
Anna Park, Alliance House, USA
James Pease, Odyssey House, USA
David Plotka, Venture House, USA
Jukka Poussi, Imatra, FINLAND
Donnamarie Randolph, Magnolia Clubhouse, USA
Randy Redlinger, Gateway House, USA
Matt Reed, New Reflection, USA
Anders Rudström, Fountain House Stockholm, SWEDEN
Paul Salvucci, Crossroads, USA
Tanya Saphanyrkova, Russia House, RUSSIA
Andrew Schonebaum, Fountain House, USA
Ray Schwartz, Venture House, USA
Joe Shaffer, Independence Center, USA
Jón Sigurgeirsson, Klubburinn Geyris, ICELAND
Lisa Soucie, High Hopes, USA
Mark Stobeltje, San Antonio, USA
Knut Stubben, Fontenehuset Hönefoss, NORWAY
Tim Sunquist, Potential Place, CANADA
Bev Thompson, Fitzroy Centre, CANADA
Binthe Thomsen, Kiddhuset- Fountain House, DENMARK
Andy Ulrich, Club Cadillac, USA
Magnus Wallman, Fontänhuset Motala, SWEDEN
Pam Weisser, Grand Avenue, USA
Tom Weir, Carriage, USA
Laurel White, Evergreen Club, USA
Linda Williams, San Antonio, USA
Andy Wilson, Carriage House, USA
Mike Wnuk, Gateway, USA
Jason Woody, B’more Clubhouse, USA
Greg Worthley, Genesis House, USA
Eva Yau, Hope Clubhouse, CHINA
Kathy Ziegert, Yahara, USA

IN MEMORIAM

We remember everyone in the Clubhouse family whom we lost since our last annual report, including Mark Lanier, Immediate Past Chair, Clubhouse International Board of Directors as well as Board of Advisors member and renowned researcher Sydney Brenner. Clubhouse International and the Clubhouse movement are the better for their passion and support over the years. They will be missed.