



# Register Now for World Seminar 2019

March 15, 2019

Work, Wellness and Community: A Whole-Person Approach to Recovery

[Register Here and Join Us in Oslo in September!](#)

Welcome to Clubhouse International World Seminar 2019, which will be held on September 28 through October 3, 2019 at the beautiful [Thon Hotel Arena](#) in [Lillestrøm, Norway](#)! This Seminar will offer an exciting array of educational and networking opportunities for anyone interested in exploring Clubhouse practice, philosophy, values, organization, and culture.

## Clubhouse International World Seminar 2019 Registration Fees (in U.S. dollars)

**Our early bird pricing has now expired.** Effective August 1, 2019 the pricing will increase by \$100 USD per registrant, so please [click here to register today!](#)

Room Type	Member Clubhouses	Non-Member Clubhouses
Single Room	\$1,650	\$1,750
Double Room (must include 2 registrants)	\$1,350 per person	\$1,450 per person
Daily Participant*	\$725	\$825

\*The fee for the **daily participant package** includes **Seminar registration and materials, the welcome reception, four lunches and the Gala Banquet**. It does **not** include lodging at the hotel or breakfast. Reservations for the Hotel and Seminar will be made on a first-come, first-served basis. Space is limited. [Please register early.](#)

## Special Airfare Discount from Delta Air Lines

We are happy to announce that Delta Air Lines is offering special discounts for Clubhouse International. **Please [click here](#) to book your flights.** You may also call Delta Meeting Network® at **1.800.328.1111** Monday–Friday, 7:00 a.m. – 7:30 p.m. (CT) and refer to Meeting Event Code NY2RK. *Note: there is no service fee for reservations booked and ticketed via Delta's reservation 800 number.*

## About World Seminar 2019

### Who should participate?

Clubhouse members, staff, Boards of Directors, Advisory Boards, funding organizations, employers, national, provincial and state mental health policy makers, family and consumer/user advocacy groups, and anyone with an interest in community-based rehabilitation and recovery services, will find this seminar rich with information and stimulating dialogue. Don't miss this opportunity to meet and network with people from all over the world who share a common mission to improve mental health in their communities and around the world.

### Topical Agenda

The program will include informative plenary sessions, workshops and institutes on a wide spectrum of mental-health-related topics:

- Supporting recovery of the whole person
- Engaging the ideas and influence of people with lived experience
- Raising our collective voice to bring about change
- How to start a Clubhouse program
- How to be a great Clubhouse staff person
- Work and Recovery
- Community: the heart of healing
- Clubhouse leadership: the art of being the Director
- Successful Clubhouse partnerships with schools, businesses, and community organizations
- Getting well: integrating the 8 dimensions of wellness into Clubhouse life
- Empowering Clubhouses: collection and effective use of important data
- Synergistic partnerships to create stronger Clubhouse Supported Employment functions

- “Transitional Education” – a Clubhouse approach to supporting members to succeed in school
- Building your Board: best practices and strategies for maximum board effectiveness
- Using social media to strengthen your Clubhouse
- Clubhouse Coalitions: best practices and strategies
- Reaching out every day to end isolation and loneliness
- Techno-reach-out: using technology to enhance successful reach out strategies
- Fundraising
- Research
- Engaging Young Adults
- Housing: a safe, decent and affordable home for everyone
- Work-Mediated Clubhouse relationships
- **Standards Review Hearings:** Seminar attendees will have the opportunity to participate in the process of considering revisions to the International Standards for Clubhouse Programs.<sup>TM</sup>

## **About Your Hotel and How to Get to Lillestrøm, Norway**

**Thon Hotel Arena** is a modern conference hotel fully equipped to accommodate conferences, meetings, and banquets of every size. The hotel is centrally located in Lillestrøm, right next door to the Norway Trade Fairs arena and a short walk to the train station. From the station, you can access both Oslo city centre and Gardermoen airport in just a little over ten minutes.

**There are 2 airports close to Oslo:** Gardermoen and Oslo Torp. The Oslo Torp Airport is 140 km (87 miles) south of the city and quite difficult to transfer to Oslo and Lillestrøm.

**From Gardermoen Airport:** The easiest and the cheapest way to get to the Thon Hotel Arena in Lillestrøm from Oslo Gardermoen Airport is to take the local train towards Oslo S from platform 4. It is just one stop and it takes approximately 12 minutes. The cost of a one way ticket is 82 NOK.

**Airport Train:** An alternative to the local train is the cost of the Airport Train is 154 NOK and takes about 12 minutes as well. The hotel is a short 5 minute walk from the station.

**From the Oslo Ferry Terminal:** From the DFDS and Stena Line ferry terminal in Oslo it is a short 10 minute walk to Oslo Central Station. The train from Oslo S to Lillestrøm takes about 10 minutes and costs 59 NOK one way.

**Parking:** Hotel parking is \$18 per day. There are other parking alternatives in walking distance of the hotel as well.

## **World Seminar 2019 Contact Information**

- **Clubhouse International:** 747 Third Avenue, 2nd floor, New York, NY 10017 | Phone: +1.212.582.0343
- **Thon Hotel Arena,** Nesgata 1, 2004 Lillestrøm Norge | Phone: + 47.66 93 60 00

### **About Our Hosts: Clubhouse International, Fontenehus Norway, and Fontenehuset i Oslo Welcome You!**

**Clubhouse International** is a global non-profit, non-governmental organization that works to end social and economic isolation for people living with mental illness by developing, training and supporting Clubhouse model programs in communities across the world. Clubhouses are community-based centers that offer members opportunities for friendship, employment, education, wellness support and help accessing healthcare and social services through a single-caring and safe environment. Clubhouses provide a welcoming environment and a place to belong; and hope for a satisfying and successful future. There are currently nearly 300 Clubhouses in 30 countries around the world. Every two years, Clubhouse International hosts a World Seminar offering a multitude of innovative training sessions. World Seminars offer opportunities for participants to network with Clubhouses around the world, mental health advocates, and people with lived experience.

**Fontenehus Norge** is the coalition for the 14 Norwegian Clubhouses in Drammen, Tromsø, Bergen, Oslo, Oslo East, Bærum, Hønefoss, Rygge, Kongsberg, Stavanger, Harstad, Asker, Gjøvik and Trondheim. Fontenehus Norge has three employed staff and a board of Directors. The coalition mainly works with political influence and starting new clubhouses.

**Fontenehuset i Oslo**, Holbergs gate 5, opened in 2000 and has been accredited since 2003. In 2017 we started to welcome colleagues from around the world when we became Clubhouse International's 12th Training Base. Today, Fontenehuset i Oslo has 700 members with an average daily attendance of 52, and 13 staff, divided between 3 work units.



# **FONTENEHUS**



## About Lillestrøm, Norway

Lillestrøm is a town located some 18 km (11 mi) east-northeast of [Oslo](#), the capital city of [Norway](#). With a population of some 14,000 inhabitants. The name means “the little [part of] Strøm”, Strøm being the name of an old and large farm ([Old Norse](#): *straumr*, which also meant “stream” as well).

Lillestrøm’s history dates back to the times river powered sawmills came into use for the production of building materials. Later Lillestrøm got its own steam sawmill which laid the base for the development of the area which became the town. The area was, by and large, a moss covered swamp-like area, at the time considered almost uninhabitable. However, the almost non-existent property values were judged to be a fair exchange and so the workers started living and settling in the area around the sawmill, and Lillestrøm was born.

Facilities in Lillestrøm include hotels, Norway trade fairs, a brand new cinema, a mall, Lillestrøm torv, restaurants, a high speed commuter train that reaches both Oslo and Gardermoen airport, a community cultural house (kulturhus), a community outdoor swimming pool complex, and a variety of restaurants.

## Thank You to Our Sponsors

Clubhouse International expresses our sincere gratitude to our sponsors for their support of the Clubhouse International World Seminar 2019. As of this publication date, we wish to acknowledge the following sponsors:



**Sponsorship opportunities** are available that provide exceptional recognition and excellent benefits for your organization, including exhibit tables, seminar registrations, and more. Please contact Anna Sackett Rountree at [asackett@clubhouse-intl.org](mailto:asackett@clubhouse-intl.org) or +1.212.582.0343 for more information.

