



5th Canadian Clubhouse Conference June 5-8, 2016 • Niagara Falls

Oak Centre Clubhouse is excited to be hosting the
5th Canadian Clubhouse Conference – Partners in Recovery
To be held June 5-8, 2016 in Niagara Falls, ON, Canada

The 5th Canadian Clubhouse Conference will offer opportunities for Clubhouses to learn from each other, share new and innovative ideas as a Clubhouse community and enjoy the sights and adventures the Niagara Region has to offer. Through the Plenaries and interactive workshops we are offering something for everyone; from brand new developing Clubhouses to those that have been in existence for some time. The conference theme of *Partners in Recovery* builds on the previous four Canadian Clubhouse Conferences with a focus on the partnerships that foster recovery. Topics include a look at Clubhouse Research, the development of Employment Programs at a National Level, and our attention to both the youth and the aging population in our Clubhouses.

Who should participate:

Clubhouse members, staff, Boards, funding organizations, employers, family and consumer groups, and anyone with an interest in Community-based rehabilitation and recovery services.

Sponsored By



CLUBHOUSE INTERNATIONAL, CLUBHOUSE CANADA AND OAK CENTRE CLUBHOUSE INVITE YOU TO JOIN US IN NIAGARA FALLS



Clubhouse International is a global non-profit organization that helps communities around the world create Clubhouses, which are community-based centers that give people with mental illness hope and opportunities to reach their full potential.

Their vision is that there will one day be Clubhouses in the cities and towns of every country in the world. We hope that all people with mental illness will have access to the support of a Clubhouse, which can provide them with the encouragement and assistance they need to lead successful lives, and be fully engaged in society.



Clubhouse Canada is dedicated to the recovery of people living with mental illness. We promote, assist and strengthen Clubhouse development across Canada, in accordance with the philosophy and standards of Clubhouse International.

Our Mandate is:

- To promote the Clubhouse International approach to recovery
- To support the development of new Clubhouses
- To support the enhancement of existing Clubhouses
- To facilitate networking, knowledge exchange, and promotion of best practices within the Clubhouse Canada network.



Oak Centre opened its doors as a Clubhouse in 1987. We are located in Welland, Ontario, part of the Niagara Region. We're about 20 minutes from Niagara Falls, the honeymoon capital of the world. We're surrounded on three sides by water; Lake Erie to the south, Lake Ontario to the north and the Niagara River to the east. There are two places in Canada where tender fruit is grown (juicy peaches, cherries, plums, nectarines and grapes); one is the Okanagan Valley in British Columbia and the other is the Niagara Region. Lake House is our satellite Clubhouse in Port Colborne, just south of Welland.



Niagara Falls is a city located on the western bank of the Niagara River in the Golden Horseshoe region of Southern Ontario, with a population of 82,997. The city is dominated by the Niagara Falls, a world-famous set of three large waterfalls on the Niagara River. Both the American and Horseshoe falls can be best seen from the Canadian side of the river, so the city has one of the major tourist attractions of the world. The natural spectacle attracts millions of tourists yearly.

This area, which stretches along the Niagara Parkway and tourist promenade, is particularly concentrated at the brink of the falls. Apart from the natural attractions along the river, it includes observation towers, high-rise hotels, souvenir shops, casinos and theatres, mostly with colourful neon billboards and advertisements, and sufficient parking to accommodate visitors. Further to the north or south, golf courses are operated alongside historic sites from the War of 1812.

The luxurious 5 Star Sheraton on the Falls Hotel offers the best view of the Falls Guaranteed. A dynamic location, directly across from Niagara Falls, the Sheraton on the Falls Hotel is able to provide superior views of both the Horseshoe Falls and the American Falls. Located directly across the street from majestic Niagara Falls, the Sheraton hotel is perfectly situated with an angle that puts you at eye level with the breathtaking rush.



Directly connected to the Sheraton on the Falls Hotel is the 3 acre Fallsview Indoor Waterpark, featuring enough water activities to keep the entire family entertained. Featuring 16 thrilling slides up to six stories high, a giant wave pool, two oversized adult only Jacuzzis, the beach house mammoth aqua play area, tiny tots splash park, an outdoor sun deck and activity pool, Planet Hollywood Beach Club food court and more. The hotel is offering special pricing for conference participants.



PROGRAM HIGHLIGHTS



PARTNERS IN RECOVERY

Clubhouse has been an essential part of its members' recovery. This is done on a number of levels: The relationship between members and staff, members and members, and staff and staff in each Clubhouse; in each community where a Clubhouse exists, partnerships and relationships are formed with the naturally supportive community and other organizations finally Clubhouse coalitions form relationships with broader organizations at the national and international level. This conference is an opportunity for us to get together and share what we know and learn something new.

WELCOME RECEPTION

Welcome to Niagara! Join us at the Hard Rock Café, located on the ground floor of the Sheraton on the Falls Hotel to reconnect with and make new Clubhouse friends. There will be food, fun and dance.



SOCIAL NIGHT

OH CANADA EH?

The original all Canadian Musical Dinner & Show!

Located in Niagara Falls, Ontario, the award-winning Oh Canada Eh? Dinner Show is a Musical Celebration of Canada for the entire family...Meet our singing Mounties, Lumberjacks, Anne of Green Gables and even a Hockey Player as we present a Canadian inspired performance, paying tribute to over 30 of Canada's professional recording artists.



GALA BANQUET

Let's celebrate our Clubhouse community! At the Gala Banquet Tuesday night let's eat together and dance the night away with Savvy. Savvy is a cover band comprised of 5 of Niagara's hottest performers playing Platinum Top 40 hits from the 70s up to last week. From Rock to Pop, Dance to Country, Alternative to Funk, this professional band knows just how to electrify an audience wherever they play.

By the way...Oak Centre (winner in Richmond in 2014) is putting out a challenge: whichever Clubhouse stays on the dance floor the longest will be this year's champions!



CONFERENCE PACKAGE AND ACCOMODATIONS



Conference Registration

This includes all conference materials, plenary and workshop presentations, Welcome Reception, 3 breakfast, 2 lunches, nutrition breaks, social night and the Gala Banquet.

Please register on or before Friday, May 6, 2016 using the form that is attached.

Fees:

Clubhouse International Member Clubhouses:	\$350
Non-Member:	\$375
Single Day conference (June 6 or 7):	\$100
Half Day (June 8):	\$50
Extra Gala Tickets:	\$50
Extra Social Night Tickets:	\$55

Accommodations

We have reserved a block of rooms at the Sheraton on the Falls Hotel. Rates are as follows:

Single/Double occupancy	\$169 plus taxes and fees
Triple occupancy	\$189 plus taxes and fees
Quadruple occupancy	\$209 plus taxes and fees

These rates are for City View rooms. Contact the Sheraton for an upgrade to a Falls View room at 1-800-519-9911.

If you would like to book any extra nights, the same rate will apply from June 2 – 11, 2016.

Please reserve your rooms before Friday, May 6 by logging on to

<https://www.starwoodmeeting.com/Book/clubhouse16>

Transportation

Oak Centre is available for transportation to and from airports. Please email oakcentre@bellnet.ca or call (905)788-3010 to make arrangements.

REGISTRATION FORM



Clubhouse/Agency Name: _____

Address: _____

City: _____

Province/State: _____

Postal/Zip Code: _____

Email: _____

Contact Person: _____

Phone Number: _____

Registrants: Please print clearly as nametags will be created from this list. If you are registering more participants, please copy this form.

#	First Name	Last Name	Social Night		Diet Restriction		If "yes" please indicate which type of diet restriction
			YES	NO	YES	NO	
1							
2							
3							
4							
5							
6							

TOTAL

Clubhouse International Members: _____ x \$350 \$ _____

Non-Member: _____ x \$375 \$ _____

Extra banquet tickets: _____ x \$50 \$ _____

Extra Social Night tickets: _____ x \$55 \$ _____

One Day attendance: _____ x \$100 \$ _____

Half Day attendance: _____ x \$50 \$ _____

(For One Day and Half Day attendants, please provide a list of names and which date they will be attending.)

GRAND TOTAL \$ _____

Please mail registration and payment to:

**Oak Centre
Attn: Ru Tauro – Executive Director
24 Dorothy Street
Welland, ON L3B 3V7**

Cheques can be made to **Oak Centre**.
Please register by **Friday, May 6, 2016**

PROGRAM SCHEDULE

Sunday June 5, 2016



- 12:00 p.m. – 5:00 p.m. Registration
- 5:00 p.m. – 9:00 p.m. Welcome Reception

Monday June 6, 2016

- 7:30 a.m. – 9:00 a.m. Breakfast
- 9:30 a.m. – 10:30 a.m. Opening Ceremonies
Welcome to Niagara
- 10:30 a.m. – 11:00 a.m. Break
- 11:00 a.m. – 12:00 p.m. Plenary 1:
Partners in Recovery: The International Perspective
- 12:00 p.m. – 1:00 p.m. Lunch
Board Meet and Greet Lunch
- 1:30 p.m. – 2:30 p.m. Plenary 2:
Partners in Recovery: The Canadian Perspective
- 2:30 p.m. – 3:00 p.m. Break
- 3:00 p.m. – 4:30 p.m. Workshop 1:
Developing TEPs
Or
Workshop 2:
Young Adults Engagement
Or
Workshop 3:
Health and Wellness
Or
Tour of Oak Centre Clubhouse
Please sign up at the registration. Limited spots available.
- 6:00 p.m. – 9:30 p.m. Social Night – Oh Canada Eh?
Bus leaves at 6 p.m. and will return at approximately 9:30 p.m.

PROGRAM SCHEDULE

Tuesday June 7, 2016



- 7:30 a.m. – 9:00 a.m. **Breakfast**
- 9:30 a.m. – 10:30 a.m. **Plenary 3:
Partners in Recovery: Clubhouse and Our Local Communities**
- 10:00 a.m. – 10:30 a.m. **Break**
- 11:00 a.m. – 12:30 p.m. **Workshop 4:
How to maintain a vibrant work ordered day
Or
Workshop 5:
Clubhouse Research
Or
Workshop 6:
Accreditation
Or
Tour of Oak Centre Clubhouse
Please sign up at the registration. Limited spots available.**
- 12:30 p.m. – 2:00 p.m. **Lunch
Clubhouse Canada Luncheon Meeting**
- 2:00 p.m. – 3:30 p.m. **Workshop 7:
Strong boards and standards
Or
Workshop 8:
How to support aging population
Or
Workshop 9:
TE strategies on a National level (Round Table discussion)
Or
Tour of Oak Centre Clubhouse
Please sign up at the registration. Limited spots available.**
- 5:30 p.m. – 6:00 p.m. **Doors Open/Cocktails**
6:00 p.m. – 11:00 p.m. **Gala Banquet**

Wednesday June 8, 2016

- 7:30 a.m. – 9:00 a.m. **Breakfast**
- 9:30 a.m. – 11:00 a.m. **Plenary 4 and Open Mic:
Partners in Recovery: Relationships in the Clubhouse**