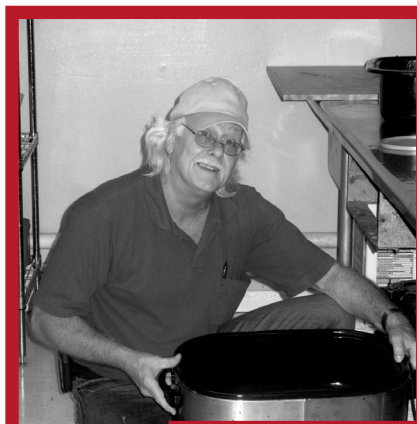


# International Center for Clubhouse Development

*ICCD is a global resource for communities creating solutions for people with mental illness.*

## Annual Report 2008



# A letter from the Chair and the Executive Director



Dear Friends,

We have a powerful and compelling vision that inspires all of our work.

The International Center for Clubhouse Development community shares a vision of a day when the world no longer spurns the millions of people around the globe who live with mental illness; but which supports, accepts, and embraces them as full and worthy citizens of the community.

We hold firm to our belief that every community in the world must one day have an ICCD Clubhouse, offering people with mental illness a safe place to belong; a place to contribute; a community of friends and colleagues; access to good homes, education, and employment. This vision inspires the work and people of the ICCD as we work tirelessly to make it a reality.

This year, 150 new and veteran Clubhouses received training and support from our international network of ICCD Training Bases to create and expand opportunities for Clubhouse members. There were ten regional Clubhouse conferences. We are greatly encouraged by the early results from our New Clubhouse Development (NCD) Training Program; many of these new groups have begun raising funds and started operations, and dozens of additional groups continue to seek advice and training to start Clubhouses in their communities.

The ICCD Certification Program had one of its busiest years yet with our Faculty member and staff teams conducting 60 accreditation visits throughout the world.

But there is still so much to do.

We have ambitious plans to greatly expand our work to strengthen ICCD Clubhouses everywhere and to accelerate the pace at which new ICCD Clubhouses develop.

To do this, we need to build new partnerships. We need to work with governments, businesses, other like minded organizations, and individuals; we need to identify additional funding partners, develop new leaders, and significantly increase our advocacy efforts.

We are confident that we can and will do this. In our short fifteen year history, it has become eminently clear that our work is deeply valued by many people in countries and cultures throughout the world. Everywhere we go there are people who are eager to help -- and to share our vision of a world that is welcoming to people with mental illness.

Please read this report to learn more about our work. We are always interested in hearing from you and talking about Clubhouse expansion.

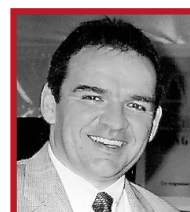
If you'd like to know more please contact us at the ICCD.

Sincerely,

Martin Dives  
*Chair*



Joel D. Corcoran  
*Executive Director*

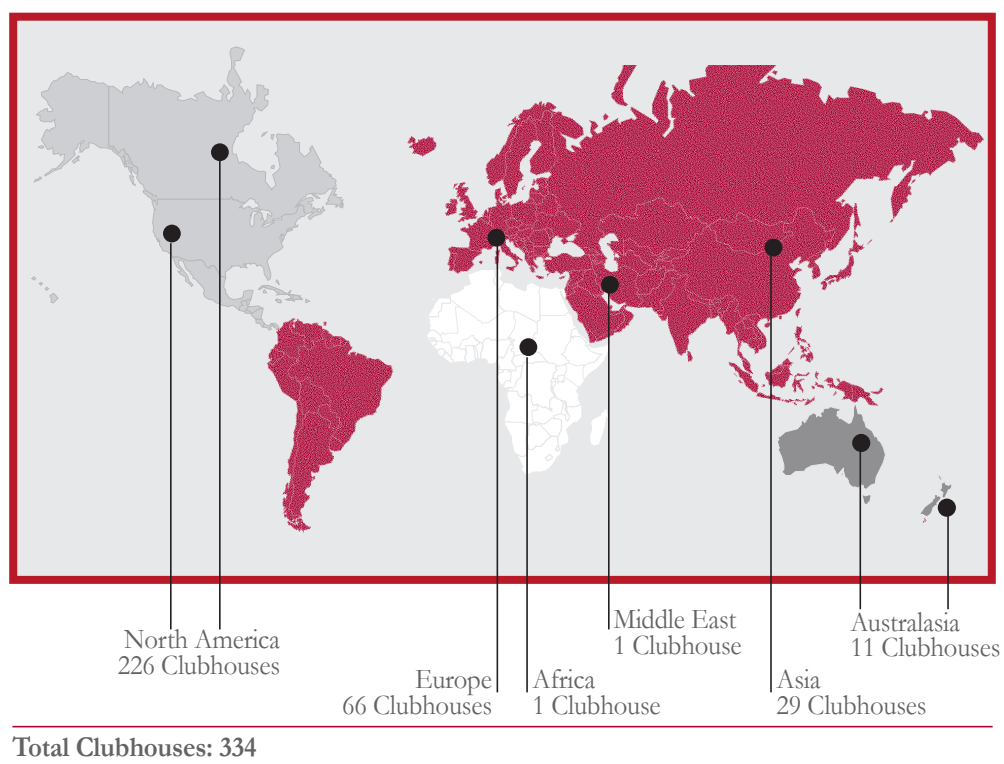


## Our Vision

Is a world where people living with mental illness anywhere can experience the dignity hope and opportunities found at ICCD Clubhouses.

## Our Mission

Is to help establish and support ICCD Clubhouses in every city and town and to coordinate a vital international network that provides ICCD Clubhouses with training, quality assurance, research and advocacy.



# International Center for Clubhouse Development



Formally established in 1994, ICCD is a non-profit and non-governmental organization. We are a global resource for communities creating solutions for people with mental illness: our Clubhouses are community centers that give people with mental illness hope and opportunities to reach their full potential.

The ICCD Clubhouse approach is holistic, inclusive, sustaining, responsive and cost-effective. The ICCD provides:

- a scientifically proven, widely successful approach that includes training, accreditation, and quality assurance elements that are continuously being updated, based on our broad experience of working

successfully with members (participants) and their families;

- a central resource for ensuring the long-term viability of the ICCD Clubhouse approach, including proven templates for Clubhouse management, fund-raising and creating spheres of influence;
- a global advocacy network that allows ICCD Clubhouses (and the thousands of members, staff and community volunteers involved in ICCD Clubhouses) to tap the resources of a collective force of 334 other ICCD Clubhouses, as well as coordinated research and communications capabilities; and
- a tradition of successful partnerships with progressive mental health

funding organizations and agencies in both public and private sectors.

Our vision is that there will one day be ICCD Clubhouses in the cities and towns of every country in the world. It is our hope that all people with mental illness will have access to the support of an ICCD Clubhouse, which can provide them with the encouragement and assistance they need to lead successful lives, and be fully engaged as citizens of their communities.



*Working side by side  
at Fontenehuset Honefoss  
Honefoss, Norway*



*"I love the Clubhouse model. I think it is wonderful and extremely useful. I believe in it strongly and it has worked really well for me; it has empowered me and given me numerous opportunities within the working community. The Clubhouse has a positive and realistic attitude towards mental health which is quite different from some of the attitudes I had previously experienced. There is no stigma, and that is what so deeply builds confidence in the members".*

Stephanie Helich, Pioneer Clubhouse, Sydney, Australia

www.iccd.org

## What is an ICCD Clubhouse?

An ICCD Clubhouse is a local community center that offers people who have mental illness (members) hope and opportunities to achieve their full potential. Much more than simply a program or a social service, a Clubhouse is a community of people who are working together to achieve a common goal.

Clubhouse members gain access to opportunities to rejoin the worlds of friendship, family, employment and education, and to the services and support they may individually need to continue their recovery. An ICCD Clubhouse provides a restorative environment for people whose lives have been severely disrupted and who need the support of others who know that recovery is possible.

ICCD Clubhouses powerfully demonstrate that people with mental illness can lead productive and satisfying lives.

They offer members:

- A work ordered day in which the talents and abilities of members are recognized and encouraged.

- Participation in consensus-based decision making regarding all important matters relating to the running of the Clubhouse.
- Opportunities to obtain paid employment in mainstream businesses through a Clubhouse created Transitional Employment Program, as well as through Clubhouse Supported and Independent Employment programs.
- Assistance in accessing community-based educational resources.
- Assistance in accessing medical, psychological, substance abuse, wellness, and other community support resources.
- Access to crisis intervention services if needed.
- Evening, weekend and holiday social and recreational events.
- Assistance in securing and sustaining safe, decent and affordable housing.



*Everyone is needed.  
Hale O Honolulu Clubhouse  
Oahu, Hawaii*



*Rachel Shelton  
Alliance House  
Salt Lake City, Utah*



*Genesis Club, Inc.  
Worcester, Massachusetts*

## Member's Story

From Bi-Polar, to Hope to Living Life to the Fullest:  
How the Carriage House Clubhouse has had a positive impact on my life.

By Steven Manning



**M**y mental illness made its debut in my life back in 1996 when I was 38 years old. Prior to that there were no signs that signaled that I would have such a dramatic shift in my life. At the time I was working on my Master's degree in secondary education; and working happily in my career job in television. I thought I was living a pretty good life.

But one day I woke up and things didn't feel right - emotionally, mentally, or spiritually. It was like a darkness encamped over me. I lost my appetite; and stopped enjoying my job, school, and my family and friends. Life at that time was a hard, rough, ball of sad, bad, negative, burdensome thoughts and feelings.

After more than a half a year with this awful thing, I had my first hospitalization; finding the right medication and therapy helped to put me on the track of recovery. Things went very well for about three years, but then I gradually stopped taking my medication. Again I was hospitalized, and this time I learned that I suffered from manic-depression, also known as bi-polar disorder. “

This time, after I was released from the hospital, I was introduced by my case manager to the Carriage House Clubhouse. Carriage House was a place where I met other people who had experienced similar circumstances as me.

The Carriage House is a well-structured, unconventional, non-clinical setting that does a great job of not focusing on a person's mental illness and what they cannot do. Instead it helps identify a person's strengths and what they can do. As a result of going to the Clubhouse on a regular basis, I began to believe that my strengths far outweigh my weaknesses and my mental illness - in so many ways.

The Carriage House provided an atmosphere - a “culture” - that helps a person fight the largest part of the battle of mental illness: getting back your self-esteem. The members and staff there constantly made me feel needed and wanted because of what I could contribute. No matter how bad your mental illness, there is always something important and meaningful that you can contribute to your Clubhouse community.

So many people with mental illness are unable to work because of how the mental illness has dismantled a major portion of our lives. However, Clubhouses believe in us and in our ability to work, and many of us are able to go back to work. With the help of Carriage House, I was able to get a Transitional Employment position - a temporary six to nine month position in a mainstream business in the local community, with support from Clubhouse staff, which helps

members get their feet wet before deciding on whether to work at a permanent job. Working part-time at Barrett and McNagny did so much for my self esteem and helped me sharpen my work skills. That brief job experience, with all of the supports the Carriage House gave me, set me back on a path of success that was worth more than a million dollars to me.

Now, several years later, I'm enjoying working back in my career field - as well as volunteering with a local film production crew, finishing up my Master's Degree, and spending time with my family and friends. Like any person with a mental illness, life is not a bed of roses for me. I'm faced with challenges on a daily basis and some of them are very hard. But, we are all faced with challenges. The most important thing is that we all need a friend; the Carriage House has become that steady, supportive friend for me, which has made it possible for me to keep moving forward.



STEVEN MANNING  
Carriage House Clubhouse  
Fort Wayne, Indiana

# ICCD Clubhouse Training

*"It was great to share stories about issues we have at our Clubhouse with fellow colleagues and the Training Base and identify solutions and how we can better work together to move past it. The training was wonderful and I truly enjoyed my experience."*  
Sharone Kline, Square One Clubhouse, Pennsylvania

[www.iccd.org](http://www.iccd.org)

In 2008, approximately 150 Clubhouses took part in various training opportunities offered by ICCD's global network of training bases.

## *Basic Clubhouse Training*

Ten international training bases represent some of the strongest Clubhouses in the world and are located in South Korea, Finland, Australia, England, Canada and the USA. They eagerly share their best practices and colleagues learn about a culture of working with people who have a mental illness in a uniquely experiential structure. Members, staff and administrators are immersed in an experience in which they are challenged and energized in learning about side-by-side relationships, employment and education programming, and all aspects of the International Standards for Clubhouse Programs. An action plan is developed specifically tailored to the goals of each participating Clubhouse which serves as a strategic development plan to strengthen their Clubhouse Community. Both two and three week trainings were offered in 2008.

## *Specialized Training Track*

Specialized Track Trainings are one week training sessions focused on a particular aspect of the ICCD's International Standards for Clubhouse Programs. They are currently offered by various training bases in the areas of Leadership, Housing, Work-Ordered Day, Transitional Employment and Young Adults.

## *New Clubhouse Development Training*

New Clubhouse Development Training. This two day training provided through the ICCD is designed to help families, consumers, mental health groups and other interested parties to move from a group of people who want a Clubhouse in their community, to develop a strong Board of Directors that has a vision and goal plan to make that happen. The training includes areas such as budgeting; developing a Board; hiring the Director; obtaining tax-exempt or NGO status; and other specific areas that assist these groups to plant the right seeds for growing into a program rich with opportunities for its members in providing strong work ordered days, employment and education opportunities in the community, housing supports, a place to develop meaningful relationships; in short, an ICCD certified Clubhouse.

## ICCD Certified Training Bases- (Worldwide):

- **Australia**
  - Stepping Stone Clubhouse
- **Canada**
  - Progress Place
- **England**
  - Mosaic Clubhouse
- **Finland**
  - Helsingin Klubitalo
- **Republic of Korea**
  - Taiwha Fountain House
- **United States**
  - Alliance House
  - Fountain House
  - Gateway House
  - Genesis Club, Inc
  - Independence Center



ICCD Training Base Group  
Annual meeting  
Worcester, MA





# ICCD Certification

*"...our Clubhouses need challenges as a driving force of our development. The certification gives us a great and positive challenge that prevents us from sinking in the bog..."*  
Tanya Saphyannikova, Director, Russia House (Russian Federation), Moscow.



## Clubhouse Certification

Clubhouse Certification is an accreditation program for ICCD Clubhouses that is designed to both evaluate fidelity to the International Standards for Clubhouse Programs and provide consultation for Clubhouses wishing to improve the quality and quantity of opportunities available to members.

The Certification program involves the entire Clubhouse community in an interactive process of self-evaluation and strategic planning. Members, staff, board members and other stakeholders come together and work cooperatively to identify the Clubhouse's strengths and areas that need improvement.

The ICCD then provides a highly trained two person Faculty team to

conduct an on-site objective peer review of the Clubhouse and its adherence to the International Clubhouse Standards. The ICCD Faculty team consists of both a member and a staff person from ICCD Certified Clubhouses. During the site visit the Faculty team engages in a dialogue with the Clubhouse community and develops a report organized to build on the Clubhouse's self-evaluation and make additional recommendations for growth and development.

The ICCD Clubhouse Certification program remains unique in the world of community mental health services in that it is the only accreditation process committed to an internationally agreed upon set of best practice Standards.

The ICCD Clubhouse community continues to have the only training and accreditation programs fully committed to involving the experience, voice and full participation of people living with mental illness. This partnership between Clubhouse members and staff continues to be a hallmark of the Clubhouse approach to promoting and supporting recovery.

ICCD Certification continues to gain International recognition from policy makers and funders as an assurance of quality.



*Hale O Honolulu, Hawaii  
Certification visit, 2008*

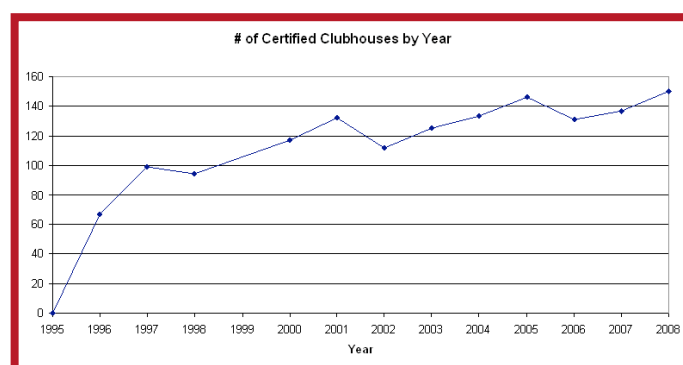
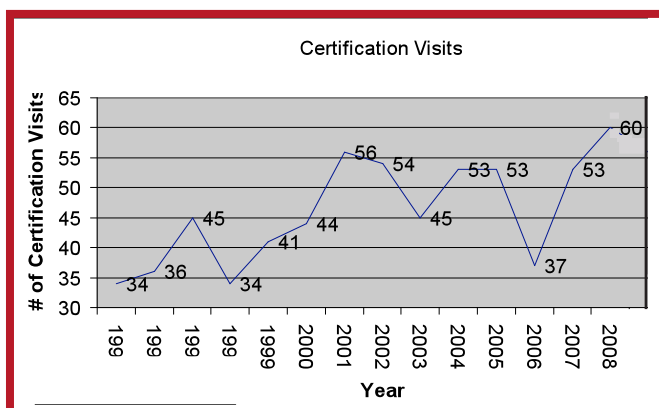


# Clubhouse Certifications

Congratulations to all of the Clubhouses that achieved ICCD certification in 2008.

[www.iccd.org](http://www.iccd.org)

Alliance House	Utah	Näsinkulman Klubitalo	Finland
Breakthrough Club	Kansas	Neponset River House	Massachusetts
Canefields Clubhouse	Australia	New Heights Clubhouse	Utah
Carriage House	Indiana	New Reflection House	Utah
Chestnut Place Clubhouse	Pennsylvania	Oasis House	Pennsylvania
Club Access	New York	Plymouth Bay House	Massachusetts
Club Success	Florida	Prime Time House	Connecticut
Commerce Park Clubhouse	Pennsylvania	Progress Place	Ontario, Canada
Community Corner Clubhouse	Wisconsin	Sixth Avenue West	North Carolina
Cornerstone Acquired Brain Injury Clubhouse	Ontario, Canada	Sky Light Center	New York
Crossroads Clubhouse	New Zealand	Suaimhneas Clubhouse	Ireland
Daybreak Club	Massachusetts	Tempo Clubhouse	Pennsylvania
Elliot House	Massachusetts	The Greenhouse Center	Pennsylvania
Espoon Klubitalo	Finland	Threshold	North Carolina
Fontenhuset Honefoss	Norway	Union Station Clubhouse	Pennsylvania
Fonteneshuset i Oslo	Norway	Venture House	New York
Forum House	Massachusetts	Vincent House	Florida
Fountain House	New York	Westwinds	Massachusetts
Fountain House/Stockholm	Sweden		
Geel Clubhouse	New York		
Genesis Club	Massachusetts		
Genesis House	Michigan		
Green River House	Massachusetts		
Hale o Honolulu	Hawaii		
Hale O Lanakila	Hawaii		
Hale Oluea Clubhouse	Hawaii		
Harvest House	Washington		
Headway Clubhouse	Missouri		
Howard Levin Clubhouse	Pennsylvania		
Interact	Utah		
The Journey Center	Pennsylvania		
Karvetin Klubitalo	Finland		
Kildhuset Fountain House/Aalborg	Denmark		
Ko'olau Clubhouse	Hawaii		
Laurel House	Connecticut		
Magnolia Clubhouse	Ohio		
Metro Club	New York		
Mosaic Clubhouse	England		
Mosaic House	Pennsylvania		



# New Clubhouse Development

*"We are thrilled with the development and growth of Putnam Contra Costa Clubhouse and don't know where we would have been without having the New Clubhouse Development Training and follow up support to help guide us."*

Molly Hamaker, Executive Director, Putnam Contra Costa Clubhouse, Concord, California

[www.iccd.org](http://www.iccd.org)

Putnam Contra Costa Clubhouse was launched in Concord, California in February 2008. The first ICCD-affiliated Clubhouse in Northern California, the Clubhouse opened in 2,400 square feet with 18 members and two staff. In almost no time at all, the Clubhouse has currently grown to more than 160 members, four staff, and 3,600 square feet.

Last spring, 15 members attended college and one completed her GED. The fledgling employment program has two Transitional Employment placements and four members with independent jobs. Currently, our Clubhouse is open four weekdays and Friday nights.

Most recently, the Clubhouse has been awarded a contract for \$344,000 by Contra Costa County through California's Mental Health Services Act (Proposition 63). Slated for release in the fall, these funds will allow for extensive expansion, including being open for the first time on Tuesdays, two weeknights for social and educational activities, and Saturday mornings for wellness activities.

**Congratulations to our colleagues at Putnam Contra Costa Clubhouse!**



*Members & Staff working together  
Putnam Contra Costa Clubhouse,  
Concord, California*



*Snack Bar  
Putnam Contra Costa Clubhouse,  
Concord, California*



*Work Unit Meeting  
Putnam Contra Costa Clubhouse,  
Concord, California*

# The Program for Clubhouse Research



The Program for Clubhouse Research is a joint project of the ICCD and the University of Massachusetts Medical School. Established in 2000, the mission of the program is to facilitate, promote, develop, and assure the quality of Clubhouse research.

The Program for Clubhouse Research provides a number of functions:

- Conducting Clubhouse research with ICCD Clubhouses and other academic institutions internationally,
- Acting as a clearinghouse for Clubhouse research with the capacity to provide effective communication, dissemination of information, and assistance to clubhouses and researchers considering participation in Clubhouse research projects, and

- Maintaining a set of ICCD Guidelines for Clubhouse Research for dissemination throughout the international Clubhouse community.

In 2008, the Program for Clubhouse Research completed a literature review and report examining the evidence base for the ICCD Clubhouse Model.

The report was submitted as part of an application for ICCD Clubhouses to be included as part of the United States Substance Abuse and Mental Health Services Administration's National Registry of Evidenced Based Programs and Practices (NREPP). We are pleased to announce the ICCD Clubhouse meets the criteria to be included in the registry and is now listed on the website under "Pending Practices". <http://nrepp.samsha.gov/>

For more information about Clubhouse Research, please visit our webpage [www.iccd.org](http://www.iccd.org) or contact:

Colleen McKay

Program for Clubhouse Research

University of Massachusetts  
Medical School

55 Lake Avenue North

Worcester, MA 01655

(505) 856-8471

[colleen.mckay@umassmed.edu](mailto:colleen.mckay@umassmed.edu)

## Percentage of ICCD Clubhouses Offering Specific Services<sup>1</sup>

	Certified (N=60)	Non-certified (N=29)
Low priced meals	100%	97%
Social activities	100%	90%
Transitional Employment (TE)	100%	86%
Outreach	98%	90%
Help with Entitlements	92%	79%
Independent Employment (IE)	90%	76%
Housing	87%	79%
Supported Education	88%	69%
Linkages to health services	87%	69%
Political advocacy	85%	62%
Medication linkage	82%	52%
Supported Employment (SE)	80%	72%
Mobile Outreach	73%	34%
Member job development	70%	52%
Money management	68%	55%
Non-reimbursed case management	67%	48%
Transportation to work	67%	41%

McKay, C., Yates, B., & Johnsen, M. (2007). *Costs of Clubhouses: An International Perspective. Administration and Policy in Mental Health and Mental Health Services Research*, 34 (1), 62-72.



## ICCD's 15th International Clubhouse Seminar

www.iccd.org

The ICCD International Seminar is a biennial gathering of Clubhouse programs, serving men and women living with mental illness, from around the world. Seminar attendees include Clubhouse members and staff; boards of directors; advisory boards; funding organizations; employers; national, provincial and state mental health policy makers; family and consumer/user advocacy groups; and anyone with an interest in community-based rehabilitation and recovery services. ICCD International Seminars are rich and exciting forums for discussion of cutting edge Clubhouse practice and innovation, and access to international networking and mutual exchange of ideas and information. Everyone interested in the ICCD is encouraged to attend.

From October 24 - 29 2009, delegates from countries around the world will meet in St. Pete Beach, Florida, for the 15th International Clubhouse Seminar (15 IS). This event will be sponsored by the International Center for Clubhouse Development and hosted by Vincent House, one of 334 ICCD Clubhouses throughout the world.

This biennial gathering of the world-wide Clubhouse movement is an important event for anyone who is committed to improving the quality of life for people who experience mental illness. Presenters at ICCD International Seminars include Clubhouse members, staff, board members, volunteers, and employers of ICCD Clubhouses, as well as academics, advocates, and policy planners, all of whom are knowledgeable about the effectiveness of the Clubhouse way of working.

15IS will offer attendees the opportunity to learn about the fundamental building blocks of successful Clubhouse communities, as well as to dialogue, debate, and explore the creative new initiatives arising from the international Clubhouse movement as we seek to face the challenges of our time.



As always the International Clubhouse Seminar will also be a joyful celebration of the formidable achievements of Clubhouse members, as well as the unique capacity of ICCD Clubhouses to help members have and reach their dreams.

For more information or registration materials, please visit our website at: [www.iccd.org](http://www.iccd.org) or call us at 212.582.0343.



# European Partnership for Clubhouse Development



## The European Partnership for Clubhouse Development (EPCD)

In 2007 The International Center for Clubhouse Development (ICCD), the Finnish government agency National Institute for Health and Welfare and Health (THL), ICCD Certified Training Bases in Europe, European Clubhouse Coalitions and some independent ICCD Clubhouses agreed on the formation of an open European Partnership for Clubhouse Development (EPCD) to promote the Clubhouse movement in Europe and for the continuous development of different components of the Clubhouse model.

### The overall goals of this cooperation are:

- To improve the social inclusion, educational and labor market integration and participation of people with mental illness and psychosocial problems in Europe.
- To increase opportunities of mental health service users and ex-users in European Countries to participate in the empowering and supportive ICCD Clubhouse communities as defined above.
- To strengthen and expand the ICCD's network and operations with European Clubhouses and other stakeholders of ICCD Clubhouse development in Europe.
- To promote and coordinate the European research of ICCD Clubhouse and collect the results of the research for international dissemination.

Any European ICCD Clubhouse or a future Coalition of Clubhouses have a right to join this European Partnership for Clubhouse Development by signing this agreement. THL will be the organization taking care of the management of this European agreement.

## The First Project of the EPCD-European Learning Communities for Training People with Mental Illness (ELECT):

The ELECT project sets out to strengthen Clubhouses as learning communities and to promote access to education and the labor market for people recovering from mental illnesses. The ELECT consortium includes Clubhouses, Clubhouse Coalitions and Training bases from seven European Countries and ICCD. THL acts as the project coordinator. The project has been funded through the support of the European Commission's Lifelong Learning Programme. The ELECT project started 1 November 2007 and will last for 24 months.

The ELECT project involves several "workpackages" that have produced several outcomes and results during the first reporting period (June 2007 -October 2008).

*ELECT Project Kickoff  
meeting in Malmö, Sweden  
January 2008*

The project brochures, newsletters (1&2) and website has been produced for the dissemination and exploitation of the project activities and results. The Work package 2 planned and submitted two questionnaires for the project partners. The first questionnaire studied existing study activities in the European Clubhouses and the second questionnaire studied Clubhouse members' educational goals and needs. The Work package 3 explored existing study support practices in Clubhouses and their co-operation with educational institutions by means of a questionnaire. The Work package 4 planned a draft program of the Supported Education pilot course for trainers and peer trainers. The Quality and Evaluation workpackage has produced a detailed evaluation plan and the interim report of the project evaluation.

The ELECT project will finish its work in September 2009. The information in this brief report is adapted from the EPCD -ELECT Project Newsletter.

For more information please visit [www.elect-project.eu](http://www.elect-project.eu)



# 2008 Events



*10th USA Western Clubhouse Conference,  
Honolulu, Hawaii*



*8th Australasian Clubhouse Conference,  
Sydney, NSW*



*10th European Clubhouse Conference,  
Glasgow, Scotland*



*8th USA Midstates Clubhouse Conference,  
Cleveland, Ohio*



*Breakfast Briefing at the United Nations,  
New York City  
(Photos courtesy of MIWatch.org)*

**SAVE THE DATE**  
for the next  
Breakfast Briefing  
at the United Nations:  
**October 7, 2009**

# Member's Story

By Andrew Strachan



My life was in free-fall. Living with major mental illness leaves a big dent - not just in your life, but in your self-confidence, your self-worth, and your self-belief. I thought I had come to the end of usefulness to the world when I was first hospitalised. I lay in a fetal position for days in the Secure Ward. Then when I refused to move to the secure bedrooms, I was pushed to the floor and held down by about 10 staff, who then secluded me because I would not comply. I came out of hospital a changed person. I had lost my job. I had failed my second semester at University. My friends disappeared at the first mention of mental illness.

My story of discovering Clubhouse is not that unique, but for me it was my life. When I was ready to be discharged from the hospital, my psychologist thought that I would do well at Stepping Stone Clubhouse; we went for a day's visit. We arrived and I was amazed at the hive of activity that greeted me. I couldn't differentiate between who the staff or members were.

After my tour, I was invited to take part in the Orientation program at Stepping Stone. In the first six-months of my membership, I attended Clubhouse only sporadically. And then I hit rock-bottom once again. Life became unbearable. I couldn't distinguish between reality and my illness. But one thing had changed from previous hospitalisations: Francis, a staff member from Stepping Stone rang on the first day I was admitted.

I was stunned. And then he rang me the next day, and the next day after that. Then he came and visited me. His concern for me improved my stay at hospital. I spent less time in hospital. And it ensured that I finally started my road to recovery. Once I had been discharged, Francis helped me make a staged return to Stepping Stone. I started attending one day a week and then up to four days a week within about two or three months. That was when I realised that I had been welcomed unconditionally into a community without prejudice.

Fortunately, I made that emotional connection with Francis even at my lowest moment, allowing me to flower in ways I would never had considered. For members to gain that connection, be it emotional, vocational or otherwise, is important. The connection could be having a member or staff smiling and saying "hello, how are you?" on the morning of their first tour. Or it could be discovering the joy of using a computer for the first time. Or it could be finding you have a common interest with another member or staff. Whatever the connection, it goes a long way to feeling like you genuinely belong.

So when I had walked through those Stepping Stone doors, something happened in my thinking.

Although I didn't realise it for a long time, I was changing again. I gained confidence I thought I had lost. I realised that I offered the Clubhouse some real assistance, not some token attempt, and that the community valued my contribution. That allowed me to start to value my own contribution, and from that, to feel the warmth of belonging and being needed. The Clubhouse focused on my strengths and abilities, something that had lain hidden for so long. I had played a major role myself in hiding my talents. Having mental illness, you don't have much to be proud of and happy to share with others. The Clubhouse started to tease out my talents; the staff prodding me and poking me to find things I would like to do.

For me, belonging is about being able to fall back into a warm embrace when we hit the wall again. And I have hit that wall too many times to remember now. Each time I have grown stronger and learned more survival skills. Clubhouse has always been there when and where I have needed them. For that, I am thankful.



ANDREW STRACHAN  
*Stepping Stone Clubhouse,  
Australia*





# ICCD Summarized Financial Report

## Year Ending June 30, 2008.



The primary sources of funding for the ICCD are public and private foundation grants, individual and corporate donors, annual membership dues from ICCD member Clubhouses and Certification fees.

<b>Public Support and Revenue:</b>	<b>FY 2008</b>	<b>FY 2007</b>
Contributions	\$ 462,563	\$ 369,588
Dues	286,723	282,797
Program Service Fees	191,763	111,282
International Seminar (14IS/Oct. 2007)	709,495	0
Interest	19,012	18,218
<b>Total Public Support and Revenue</b>	<b>1,669,556</b>	<b>781,885</b>
(before net assets released from restrictions)		
Net assets released from restrictions (see Notes below)	673,440	422,487
<b>Total Public Support and Revenue</b>	<b>2,342,996</b>	<b>1,204,372</b>
<b>Expenses:</b>	<b>FY 2008</b>	<b>FY 2007</b>
Program Services	1,511,619	777,174
Supporting Services		
- Management and General	169,079	181,839
- Fundraising	169,046	140,577
<b>Total Expenses</b>	<b>1,849,744</b>	<b>1,099,590</b>
Change in Unrestricted Net Assets	493,252	104,782
<b>Total Unrestricted Net Assets</b>	<b>829,652</b>	<b>336,400</b>
<b>Total Restricted and Unrestricted Assets</b>	<b>1,773,426</b>	<b>1,760,064</b>

### Notes:

- Net Assets released from restrictions represent, for the most part, the current portion of multi-year pledges made by donors which have been received during the financial year.
- ICCD, which is a wholly controlled entity of Fountain House, Inc, is exempt from federal taxes under Section 501(c)(3) of the U.S. Internal Revenue Code and from state and local taxes under comparable laws.
- A copy of the complete audited financial statements and Form 990 of the ICCD is available upon written request.



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The work of the International Center for Clubhouse Development would not be possible without the visionary leadership of the following group and individual donors:

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In addition, we would like to acknowledge the many years of support and assistance provided to the ICCD by Fountain House, Inc. It is their leadership and commitment to the worldwide replication of the ICCD Clubhouse Model that has made our great social movement possible.

• **ICCD** would like to thank the following individuals for their commitment and investment in helping us create solutions for people living with mental illness. The individuals listed below have made a minimum annual five-year pledge for each level indicated:

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• **ICCD** gratefully acknowledges the generosity of these **individual donors**:

## **The following individuals made a generous annual gift of \$5,000 - \$10,000:**

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## **I**tems of Note

*Thank you to all of the Directors on the ICCD Board, the ICCD staff and all of the many volunteers from the Clubhouse community throughout the world who work with diligence and passion everyday in support of our mission.*

*The ICCD wishes to express our gratitude to Finn Mortensen, Immediate Past President as he steps down from the ICCD Board of Directors and continues his Clubhouse work with the Danish Clubhouse Coalition and the European Partnership for Clubhouse Development. Thank you to Finn for his leadership and many contributions to the development of the ICCD.*

*Welcome to new ICCD Board members Beatrice Bergamasco from Milan, Italy, and Anders Lynge-Madsen from Copenhagen, Denmark.*

*Thank you also to the Board members and Trustees everywhere who contribute their time and resources in sustaining ICCD Clubhouses as healthy, essential and life-enhancing communities.*



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**Joel D. Corcoran, Executive Director**

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