Growth of Clubhouse programs in China – Successes and Challenges

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Phoenix Clubhouse was established in 1998.

Start up of Clubhouse in Hong Kong and Mainland China
Setting up a Clubhouse International Orientation Site (2005)

To provide a periodic Clubhouse Orientation Program for Chinese speaking communities.
Review of the growth of Clubhouse programs in Mainland China

Clubhouse Profile Questionnaire
- Information about Clubhouse characteristics, governance and administration, membership, staffing, unit structure, employment, housing activities, & Clubhouse training

Clubhouse Accreditation
- A very stringent four-day process to ensure the continued consistency and quality of the Clubhouse experience for members.

3-year experience living/working in Mainland China
4.3 Million people with serious mental illness

No of psychiatric beds / 10,000 people

World wide

China

Only 1.7 beds and very minimal community rehabilitation service
The Ratio of beds/psychiatrist/nurse

精神科病床、医护人员比较

USA      UK      Germany      Japan      SIG      Korea      Malaysia      Thai      Philippine      China

- bed/10,000 persons
- psychiatrist/ 100,000 persons
- nurse/100,000 persons
Challenge

Funding:

- Funding sources were divergent, including the city hospital, Civil Affair Bureau and the Federation for Disabled People.
- Funding consistently represented a sustainability challenge, especially in the initial stage. Limited resources to attend conference and training overseas.
- Lack of coverage by national insurance and consistent government sponsorship.
Challenge

Concept of Recovery and Rehabilitation:

- PRC is only in an initial stage for the concept of recovery and rehabilitation; very limited knowledge & skills

- Employment and educational opportunities are limited for people with mental illness significantly due to stigma issues.

- Development of forums for decision-making by consensus that are highly member inclusive is difficult in the initial stage, as members are used to respect authority and staff’s decision, esp. in the Chinese culture.
Challenge

Degree of Family Involvement & Concept of Self-determination:

- Most family members are protective and very involved with the progress of the members in the Clubhouse.

- A preliminary study of self-determination of Chinese people with schizophrenia and their families found that native Chinese people with mental illnesses tend to yield decision making on illness or treatment related matters to the family. They do, however, make self-determination on some personal and social matters.

- Learn how to work with family members who may have a major influence on the recovery of members.
Challenge

Communication with Clubhouse worldwide

- Language barrier
  - Difficulties to communicate to the international Clubhouse community
  - Hinder the understanding of the model and the its development

- Visa problems
  - Difficulties to attend International Seminar
Successes
Successes

Five Clubhouses in Mainland China registered as members of Clubhouse International.
Successes

Three have been successfully accredited.
Other developing Clubhouses and working groups.

Hope Clubhouse, Chengdu

New World Clubhouse, Kunming
Zigong Mental Health Center

• Five other developing Clubhouses in Changsha
Strengths from the review of all Accreditation Reports

Significant compliance to the Standards in the following areas:

**Employment**
- Transitional Employment
  - (43% of average daily ADA-WOD vs Clubhouse International Standard of at least 20% of the ADA-WOD)
- All Clubhouses help members into jobs without time-limits.

**Funding, Governance and Administration**
- Clubhouse Advisory Board: comprised of influential leaders in the community and government, such as, Civil Affair Bureau, Federation for Disabled People.
Similarities and Differences with international Clubhouses

Work-day programs had similar characteristics

Varied features which significantly reflected context specific to Chinese culture

Transitional Employment programs: a tendency for most jobs to be health care related, which may limit opportunity for social inclusion.
Successes

General Office of the State Council, PRC has adopted the work of Heart Wing Clubhouse in the “Social Management Innovation Case Book” 《全国社会管理创新案例选编》 P.971-979。

PRC Mental Health Law Explanation regards the Clubhouse Model as an innovative example of community psychiatric rehabilitation. P. 191
Heart Wing Clubhouse in the World Mental Health Day campaign in Beijing this month.

• Pilot site for mental health community rehabilitation service
• Heart Wing Clubhouse will host ACC in 2016.
Ashley’s story
Thank you